



# Improving Support to Informal Carers in Community Neuro Team



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So far the project has shown greater appreciation amongst Community Health Newham services of the crucial role informal carers play in the safe and effective care of their loved ones.

### Aim

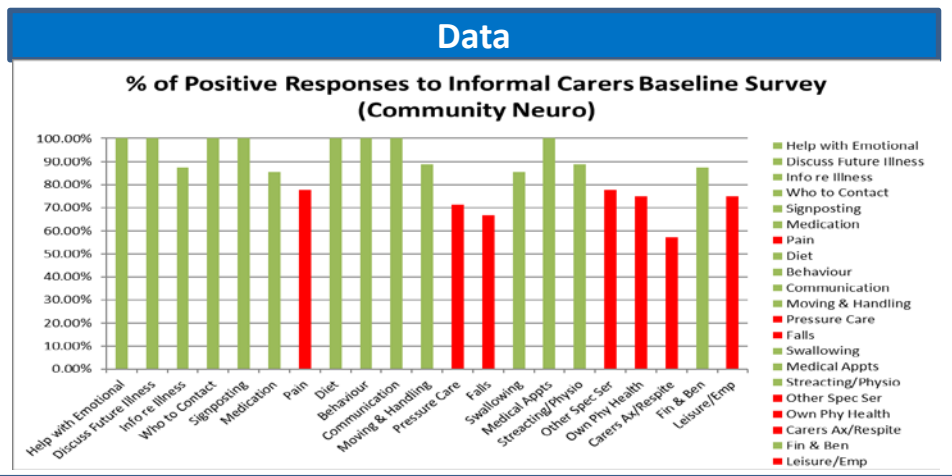
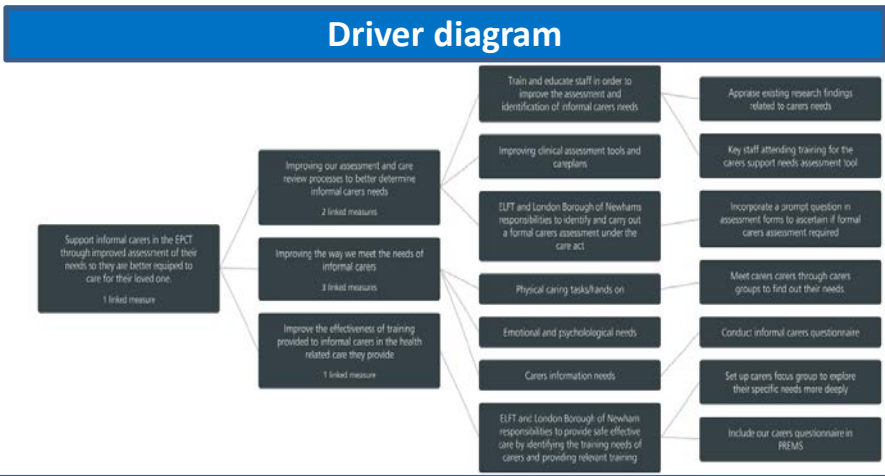
Support Informal Carers in the Newham Community Neurology team through improved assessment of their needs so they are better equipped to care for their loved one.

### Why is this important?

- Carers Week Partnership (2012) (Age UK, Carers UK, McMillan, Marie Curie, Parkinson's UK) surveyed over 2100 carers.
  - 75% not prepared for caring role
  - 81% Not prepared for emotional impact
  - 61% have suffered depression
  - 92% stressed
- NHS Commitment to Carers (2016)

### Tests of Change

Baseline confidence levels of staff in assessing and addressing the support needs of carers.  
 Baseline satisfaction levels of informal carers related to the quality of assessment and support.  
 Currently testing an Informal Carers Checklist, and CHN Carers Handbook with the carers.



## Learning

**Deeper knowledge of emotional / physical demands**

**Carers Handbook**

**Carers Support Group**

**Designing the checklist**

**Working differently to be inclusive**