



# Enjoyment In Work Project

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Life QI Code: 112764

## Aim

*To improve staff satisfaction and well being in the workplace so that staff are more able to meet the needs of their patients. This will be evidenced by a 15% increase in the number of staff who say they are having a good day within 6 months.*

### Why is this important to the staff?

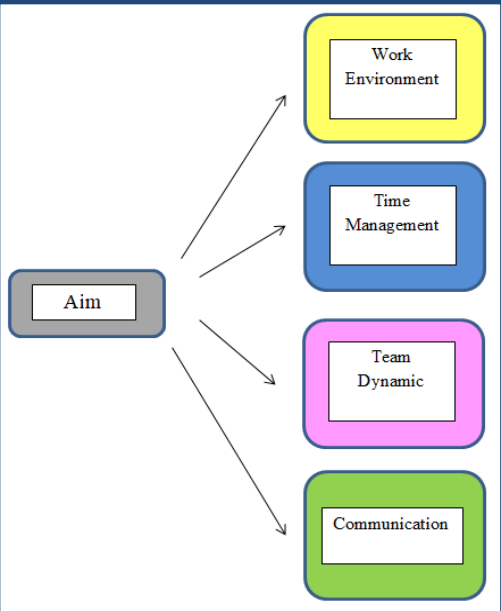
- We believe that if we look after our staff, our staff will look after our service. Happy staff provide great care for patients
- Staff want to have a voice and want to be heard. Most of their day is focused on patient need, therefore its important for them to have some balance and control over their day
- To support and improve productivity and overall mental and physical health



### What have we done so far?

- Tuck Shop
- Monthly active challenge
- CCNT Rio cleanse
- Away day (Based on what staff requested)
- Change to Band 6 "on take" day
- Traffic light system to ease load
- New admission pack for short/ long term patients
- Cultural celebration
- Board round – Patient discussion

### Driver diagram



### #CCNSActiveChallenge

*These are some of the active challenges we ran during the project to support staff in becoming more active*

**#WeActiveChallenge2019**  
Rounders  
Squat challenge  
60k Your Way  
Set your own 3 health goals  
A mile a day keeps the diabetes at bay

### Learning and what next?

- Repeat Appreciative Inquiry with the aim to see if there are any changes to the first one and gather ideas for new improvement projects
- Trial Communication books with SCYPS Service users and their families
- Allocation of patients according to geographical area and clinical need
- Review RAG rating of patients
- Allocation of nurse to each resource provision school
- ½ day protected time for development projects
- Next #CCNSActiveChallenge - #MyMarathon