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| **Change ideas** |  |
| Networking | A |
| The wall | B |
| Mindfulness | C |
| Remote working | D |
| Going for walking 1:1 as a team | E |
| Staff Awards nominations | F |
| Feedback Friday | G |
| Careers plans, Shadowing opportunities in and out of the team | H |
| Post success emails | i |
| Visiting services after contract Award | J |
| Aesthetically pleasing office - Plants/ pictures | K |
| Regular strategic review on direction of BDU Team | L |
| Service user involvement | M |
| Use of music | N |
| Creative space | O |
| Taking turns to speak in meetings - person speaking holds stone in hand and passes on | P |
| Staff capacity | Q |
| Flexible working | R |
| Time off in Lieu | S |
| Standard Operating Procedures | T |