

SELF-MANAGEMENT OF INSULIN

Project Leads: Laxmi Augustin & Dr Sharen Hayre
Core Group Members: Farzana Begum, Whitney Yeboah, Lee Ribbon
Coach: Frances Colley Sponsor: Frances Rourke



Life QI Code: 116983

Working together to improve quality of diabetes care, improve the health of the population, achieve value and sustainability

Aim

The overall aim is to increase levels of self-management in housebound patients who have Type II insulin dependent diabetes.

It is hoped this will achieve:

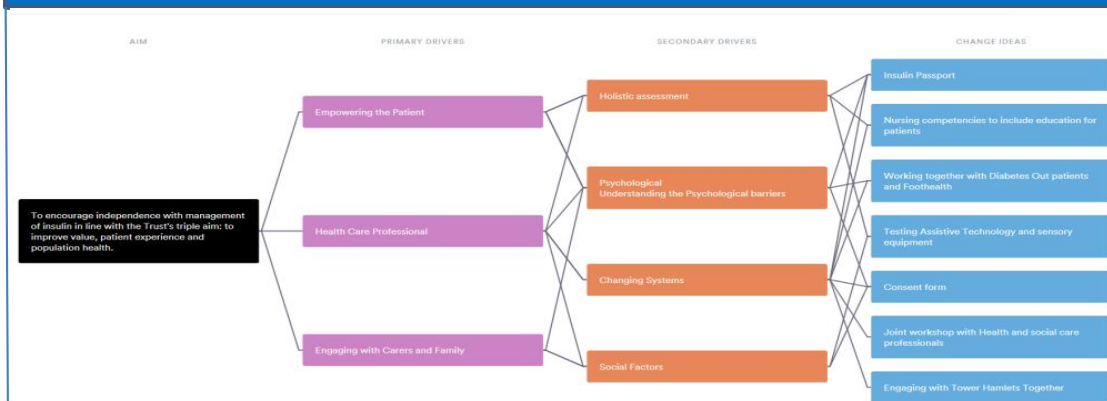
- Increased confidence and independence for patients and their carers/family in managing diabetes.*
- Reduction in the number of patients requiring district nursing input to administer insulin.*

How did you involve service users and carers in this work?

This project is a Big I: a carer has been an active member of the core group from the beginning.

Service users and carers will be consulted and interviewed at different stages of the project.

Driver diagram



Learning and what next?

As a group we have learned the importance of defining our key concepts, such as "self management", in order to ensure that our project is measurable. We have generated some change ideas and hope to start testing these. We have also begun interviewing for the three part data review