

Genetic Testing



What are genes?

- Everyone has genes.
- Genes are inside your body – they are very small.
- We share some of our genes with our family.
- Sometimes, part of genes can get lost or changed.
- It may explain why some people have a Learning Disability or mental health difficulties.



What is a genetic test?

- A blood test can help us find out about genes.
- We can also test your saliva.
- These tests are quick and free.



The test can help:

- You understand why you have a learning disability.
- Your family to understand their genes.
- Us to know how to support you better.



To find out more, speak to a CLDS worker