

Enjoying Work – Rehab and Recovery Team (City and Hackney)

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Aim

To increase the number of good weeks reported by staff by 10% over a period of 6 months (December 2019)

What did we set out to achieve?

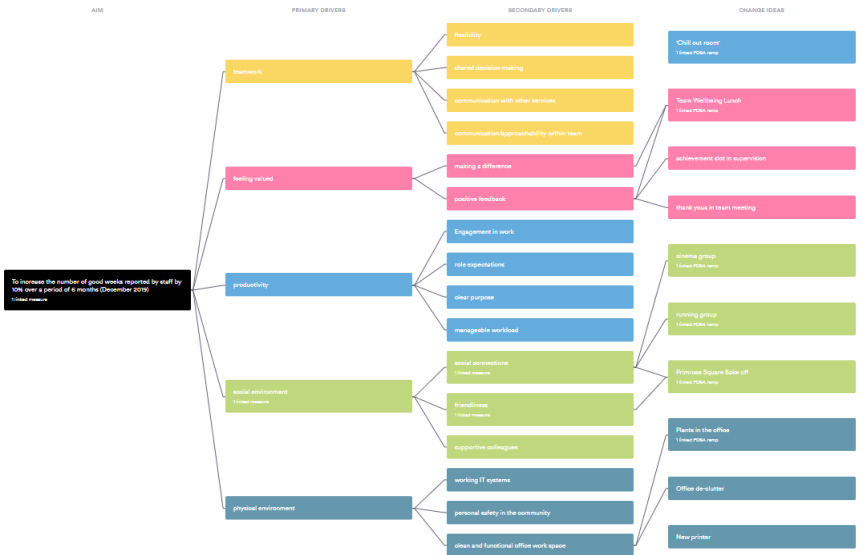
- Enjoyment or wellbeing?.. Or both?
- What did it actually mean to feel good at work?
Our understanding and focus shifted throughout

Tests of Change

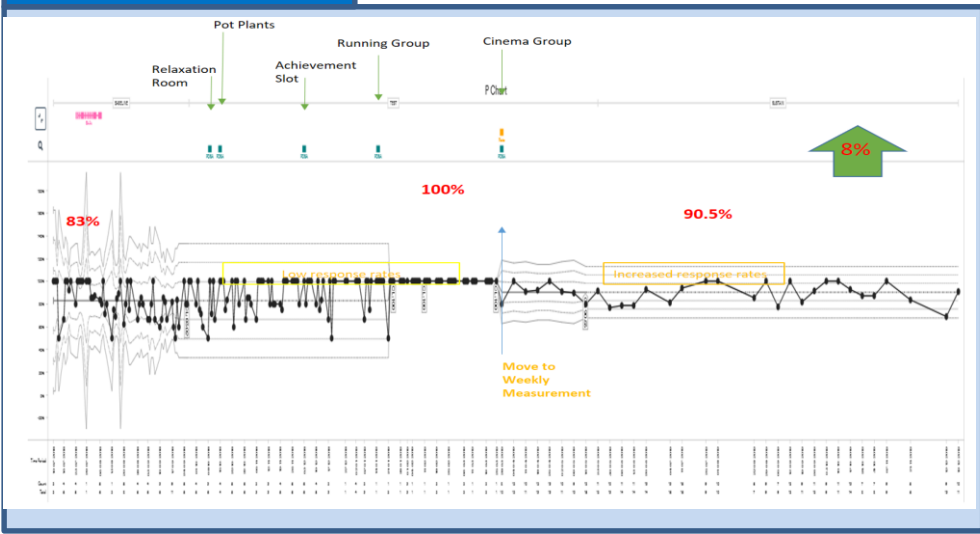
Initial Change Ideas

Plants	Bake-off	Running Group	Cinema group
Achievement slot in supervision	Thank yous in clinical meeting	Chill out room	De-clutter one-hit wonder

Driver diagram



Data



What the Team Learned

Share responsibilities across the team and find team time. Tap into creativity of the team, welcome all ideas. Play around with ideas for data collection, find something that works for you. Be prepared to respond to what comes up, it might not be what you expect

Try to not let the project fizzle out. Not an easy journey but one worth taking! Stick with it!