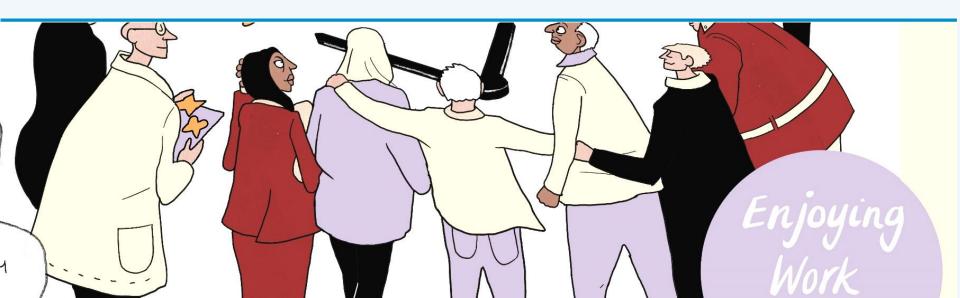


Appreciative Inquiry



Sequence of Improvement













Discover



- Share your thoughts (3mins)
- What matters to you when you come to work?
- What was **one memorable 'good' day** at work for you?
- What components made it a good day?



Dream



- Using Play-Doh or paper folding create something to represent everyone having a good day everyday
- Give your creations a descriptive name
- Show and describe their creation to the group in 20seconds?





Design



 What would we need to do differently to achieve our shared vision?
 (2mins)



Delivery



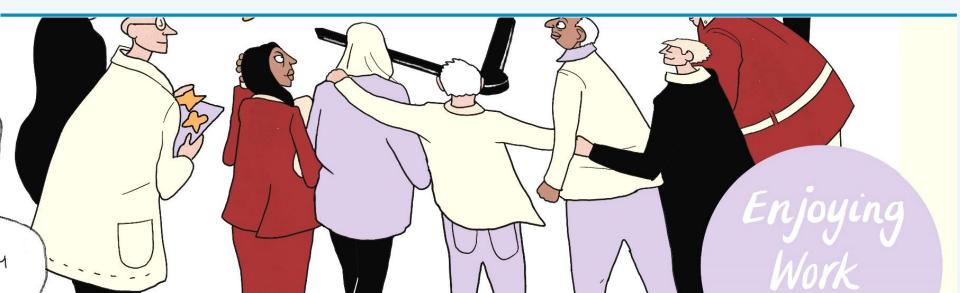
- Think about how you could run an Appreciative Inquiry
- Plan the 'who, what, where, when and how' of:
 - communications
 - tasks
 - follow-up
 - completion
 - feedback to team
 - recording.

How could you run it virtually if needed?





Measurement



4 Ways to Measure Enjoying Work

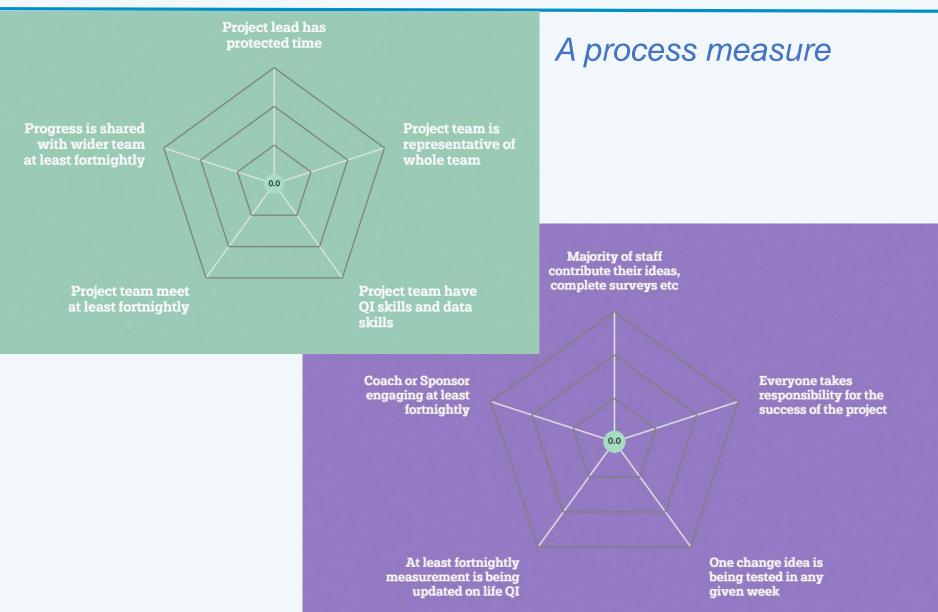
- Objective, periodic measure
- · Subjective, regular measure
- Storytelling on progress
- Process measure





Project Health Self-Assessment

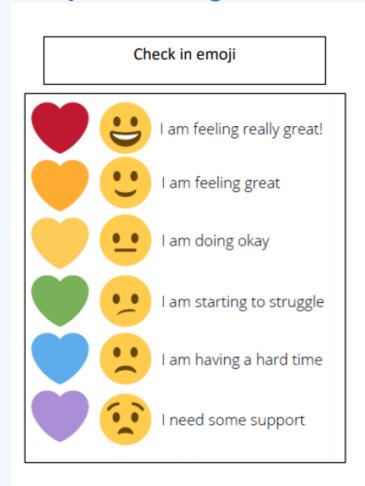




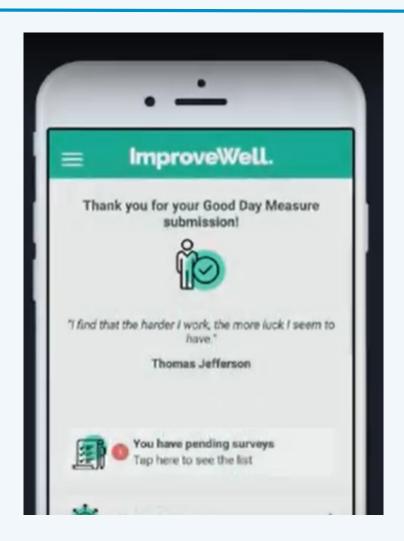
Good Day Measure



A subjective, regular measure



Find this resource in the Working Well Handy Guide



Watch this video on how to use ImproveWell

East London NHS Foundation Trust

Storytelling on Progress

- Get to testing as soon as possible to get buy-in
- Test the quick wins and complete the feedback loop back to your team
- Make it visual and visible



Pulse Survey



An objective, period measure

Driver	Strongly Disagree; Disagree; Neither; Agree; Strongly Agree			
1)Link with wider directorate	We work well with other teams within the organisation			
2)People to be heard	I am able to influence the way things are done in my team			
3)Recognition and rewards	In the last seven days, I have received recognition or praise for doing good work			
4)Communication	I am kept well informed about what is going on within our team			
5)Clarify expectations and roles	I know exactly what is expected of me in my job			
6)Workload	I have sufficient time to do my job well			
7)Social connections	The people I work with are friendly			
8)Environment / Resources	I have the resources I need to do a good job			
9)Learning & Development	I feel supported to develop my potential			
10)Leadership / Feeling cared for	My line manager encourages me at work			
11)Psychological Safety	I am subject to personal harassment in the form of unkind words or behaviour			
12)Burnout	Rate your current level of burnout on a scale of 0-10 ("not at all burnt out" to "extremely burnt out")			
13)Support from colleagues	I feel able to ask for help from colleagues			
14)Staff Satisfaction	FFT - Would you recommend your service/team to friends and family as a place to work? ("Extremely Unlikely; Unlikely; Neither; Likely; Extremenly Likely")			
15)Autonomy	I am satisfied with amount of freedom I am given to get work done			
16)Mastery	sfied with opportunities to use my skills			
17)Purpose	I feel my role makes a difference to patients/service users			

Click here to access the Pulse survey



Maslow's hierarchy of needs

Maslow's hierarchy is a helpful tool to think about your own and your team's hierarchy of needs and how you will adapt to fulfil these when working in different conditions.

Helping Being your best Learning others Feeling appreciated, Recognition Thank you valued and recognised Building in connection with Laughter Conversation colleagues Taking Balance breaks Taking care of your body and mind \angle Snacks Desk Working Environment Coffee Water





Use this tool to help you and your team plan how, what and when to collect your data

Type of Measure	Measure Name	Description	Data Collection Plan
Eg. outcome/ process/ balance			Include the 'who, what, where, when and how' of: - communications - tasks - follow-up - completion - feedback to team - recording



Quality Improvement Department

East London NHS Foundation Trust

4th Floor 9 Alie Street

London

E1 8DE

020 7655 4200



elft.Ql@nhs.net



@ELFT_QI

