

#mhimprove

Mental Health Improvement Network

14.06.21

Agenda

Time	Content	Zoom location	Presenters
15:00 – 15:10	Welcome and Introduction	Plenum	Simon Tulloch, Pedro Delgado & Kedar Mate
15:15 – 15:45	Breakout sessions - Session 1	Room 1, 2, 3 or 4	Session presenters*
15:50 – 16:05	Reflections and key theme (Staff wellbeing)	Plenum	Johnathan MacLennan & Amar Shah
16:10 – 16:40	Breakout sessions – Session 2	Room 1, 2, 3 or 4	Session presenters*
16:45 – 17:00	Reflections, key theme (User & Carer perspective) & closing remarks	Plenum	Johnathan MacLennan, Gordan Johnston & Simon Tulloch

Breakout Session 1 (15:15 – 15:45)

Room 1	Room 2	Room 3	Room 4
Gemma Johns & Alka Ahuja	Marjolein Veerbeek & Josine Rawee	Breid O'Brien, Lia Ali & Rakesh Magon	Birgit Andersen & Eydna Lindenskov
Aneurin Bevan University Health Board, Wales	SUPRANET GGZ, Vrije Universiteit Amsterdam/GGZ inGeest, Netherland	NHSX & Hertfordshire Partnership NHS Trust, England	Psykiatrisk Center og Landssjukrahusid, Faroe Islands
Remote Mental Health Services in Wales UK – One Year of Mixed Methods Data.	Improving suicide prevention in mental health, using outcome and process data	Improvement enabled by technology - time to seize the day!	From psychiatry to the nation. Building improvement capability across the Faroe Islands

Breakout Session 2 (16:10 – 16:40)

Room 1	Room 2	Room 3	Room 4
Freddie Johansson, Emma Binley & Sifi Bahuleyan	Naushaba Degani, Deanna Huggett & Maria Papadimitriou	Indermeet Sawhney & Sophia Mody	Ross Runciman & Dominika Lipska-Rosecka
Camden & Islington NHS Foundation Trust, England	Canadian Mental Health Association, Ontario, Canada	Essex Learning Disability Partnership Trust & Hertfordshire Partnership University NHS Foundation Trust, England	Gloucestershire Health and Care NHS Foundation Trust, England
Improving Patient Flow in Acute Mental Health Services	The impact of QI capacity building in community mental health and addiction agencies in Ontario	Neuro-development Disorder Pathway for Adults with Learning Disability	The journey to meaningful co-production; harmonising innovation, trust values and strategy

6th EDITION

14:00 – 16:00 (BST)

For more info check #mhimprove on Twitter

or via: <https://qi.elft.nhs.uk/event/mh-improve-2020/>

The international network for **Quality Improvement** in mental health services

Please read the presentation summaries below.
You will be asked to select ONE room for EACH Breakout Session DURING the meeting.

Breakout Session 1 (15:15 – 15:45)

Room 1	Room 2	Room 3	Room 4
Gemma Johns & Alka Ahuja	Marjolein Veerbeek & Josine Rawee	Breid O'Brien, Lia Ali & Rakesh Magon	Birgit Andersen & Eydna Lindenskov
Interview and Survey Data from 3,561 patients and professionals demonstrates that remote mental health service delivery, in child and adolescent, adult and older adult services, via the method of video consulting is highly satisfactory, well-accepted and clinically suitable for many patients, and provides a range of benefits to patients, clinicians and the NHS. Moving forward, we recommend sustaining this approach by default as an option for patient mental health appointments.	From 2016 onwards, the Suicide Prevention Action Network in the Netherlands collects data on suicide prevention processes of care and outcomes. A total of 10 feedback reports have been produced and discussed amongst the sixteen member organisations. Although this infrastructure has proven to be inspiring and helpful, big steps forward in the actual quality of care within the member organizations are still to be measured. Improving daily practice, using quality of care data, appears to be a big challenge!	Breid O'Brien will provide an overview of the NHSX Innovation Collaborative work and the opportunity for mental health improvement teams to get involved and shape this utilising QI approaches. Rakesh Magon, Deputy Medical Director at Hertfordshire Partnership University NHS Foundation Trust, will provide a brief overview of how they are utilising remote monitoring technology. Lia Ali will highlight the playbooks as a resource that can support ambition.	The Faroe Islands is a small country with 53.000 inhabitants. The country is served by a large national hospital in the capital, and smaller satellite sites across the islands. In total there are approx. 1100 staff. Unusually, the Mental Health Center has led the way as a result of engaging in a national (Danish) improvement program (Sikker Psykiatri) which focusing on inpatient psychiatric care in 2016. Since then, we have been promoting and sharing the method, using data and evidence from the initial 4 year project, to build capability and capacity among all the staff at the Mental Health Center, and subsequently across health services (none MH) for the whole country. We will share our experiences of how we have achieved this.

Breakout Session 2 (16:10 – 16:40)

Room 1	Room 2	Room 3	Room 4
Freddie Johansson, Emma Binley & Sifi Bahuleyan	Naushaba Degani, Deanna Huggett & Maria Papadimitriou	Indermeet Sawhney & Sophia Mody	Ross Runciman & Dominika Lipska-Rosecka
We will explore how QI principles and methodology can be used to address the challenges we face around patient flow in acute inpatient services (and beyond). Historically a variety of QI methods have been used to address flow issues – Lean, Model for Improvement, Theory of Constraints and more recently Sheffield's Flow Academy. We will share some insights and learning from our experience of using QI to address this complex problem in our context. This includes how data can help understand where to target interventions, the importance of whole system thinking, and exploring how to motivate teams throughout the system to be engaged in improving flow. We are also keen to hear what you are doing to make sure patients stay only as long as they need to in hospital.	We will provide an overview of the approach and outcomes of the Excellence through Quality Improvement Project (E-QIP), a provincially funded program (since 2016) that supports community mental health and addiction (MHA) agencies to strengthen QI culture and develop analytic capacity. The goals of the program are to: <ul style="list-style-type: none"> - Increase QI adoption, culture and capacity in community MHA agencies - Increase the uptake of standardized tools and datasets and use of data for decision-making and planning - Identify and development of key performance indicators for the community MHA sector that are aligned to system priorities and embedded within a provincial performance framework Over its history, E-QIP has engaged a significant proportion of community MHA agencies in Ontario, Canada resulting in enhanced QI culture, better use of data and translating into improved client outcomes.	The NDD pathway is aimed to ensure a structured, multidisciplinary and person centred approach to the screening, diagnosis and interventions related to both Autism and Attention Deficit Hyperactivity Disorder for adults with a Learning disability. Essex Learning Disability Partnership trust developed this pathway to improve the identification and outcomes of the care we provide to this group of service users . The pathway has been co-produced with our expert by experience, clinical/ operational team and system partners. We would like to share our journey so far.	We will discuss the approach in our healthcare organisation, (Gloucestershire Health and Care NHS Foundation Trust), with an emerging QI culture of how we are working towards making co-production as an inherent pillar of innovation to improve patient care, whilst aligning this with the direction of the trust strategy. This will involve considering the culture of our new trust, fostering the ethos and values of co-production as well as early emerging projects which demonstrate this. We will be frank and open about our organic journey which we are still very much on.