

Appreciative Inquiry



Sequence of Improvement



NHS

East London









Discover



- Share your thoughts (3mins)
- What matters to you when you come to work?
- What was **one memorable 'good' day** at work for you?
- What **components** made it a good day?





Dream

- Using Play-Doh or paper folding create something to represent everyone having a good day everyday
- Give your creations a descriptive name
- Show and describe their creation to the group in 20seconds?









What would we need to do differently to achieve our shared vision?
 (2mins)





Delivery

- Think about how you could run an
 Appreciative Inquiry
- Plan the 'who, what, where, when and how' of:
 - communications
 - tasks
 - follow-up
 - completion
 - feedback to team
 - recording.

How could you run it virtually if needed?





Measurement



4 Ways to Measure Enjoying Work

- Objective, periodic measure
- Subjective, regular measure

ACTIVE

- Storytelling on progress
- Process measure The best leader I have worked for ...

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Project Health Self-Assessment



Good Day Measure

A subjective, regular measure





Find this resource in the Working Well Handy Guide

Watch this video on how to use ImproveWell



Storytelling on Progress

- East London NHS Foundation Trust
- Get to testing as soon as possible to get buy-in
- Test the quick wins and complete the feedback loop back to your team
- Make it visual and visible



Pulse Survey



An objective, period measure

Driver	Strongly Disagree; Disagree; Neither; Agree; Strongly Agree		
1)Link with wider directorate	We work well with other teams within the organisation		
2)People to be heard	I am able to influence the way things are done in my team		
3)Recognition and rewards	the last seven days, I have received recognition or praise for doing good work		
4)Communication	n kept well informed about what is going on within our team		
5)Clarify expectations and roles	I know exactly what is expected of me in my job		
6)Workload	I have sufficient time to do my job well		
7)Social connections	The people I work with are friendly		
8)Environment / Resources	I have the resources I need to do a good job		
9)Learning & Development	I feel supported to develop my potential		
10)Leadership / Feeling cared for	My line manager encourages me at work		
11)Psychological Safety	subject to personal harassment in the form of unkind words or behaviour		
12)Burnout	te your current level of burnout on a scale of 0-10 ("not at all burnt out" to "extremely burnt out")		
13)Support from colleagues	I feel able to ask for help from colleagues		
14)Staff Satisfaction	FFT - Would you recommend your service/team to friends and family as a place to work? ("Extremely Unlikely; Unlikely; Neither; Likely; Extremenly Likely")		
15)Autonomy	I am satisfied with amount of freedom I am given to get work done		
16)Mastery	I am satisfied with opportunities to use my skills		
17)Purpose	I feel my role makes a difference to patients/service users		

Click here to access the Pulse survey

Maslow's hierarchy of needs

<u>Maslow's hierarchy</u> is a helpful tool to think about your own and your team's hierarchy of needs and how you will adapt to fulfil these when working in different conditions.

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Data Collection



Use this tool to help you and your team plan how, what and when to collect your data

Type of Measure	Measure Name	Description	Data Collection Plan
Eg. outcome/ process/ balance			Include the 'who, what, where, when and how' of: - communications - tasks - follow-up - completion - feedback to team - recording



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