



### PROJECT TEAM MEMBERS

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# Aldgate Ward - Enjoyment at Work

# Aim

To increase the number of good days staff experience on Aldgate Ward to 80% by March 2020

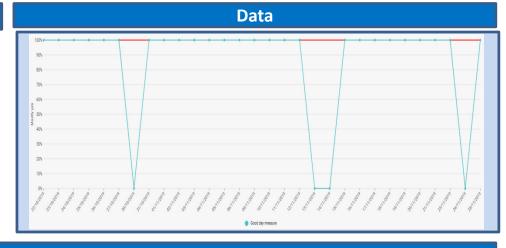
# How will you involve service users and carers in this work?

We have taken the opportunity to gain feedback from service users and their carers regarding their observations on staff and staff well-being. This has supported staff by their actions and behaviours being criticised and given a different outlook, to what they might have originally perceived it as

# **Change Ideas**

- Well-being traffic light during safety huddle
- Staff compliment box
- Debriefing during staff protected time at the end of each shift
- Team building activities
- Off-site away days
  - Staff breakfast on the ward
- Coin box good day measure
- Pick me ups during the shift
- Super hero of the month award

# Driver diagram ALIM PRIMARY DRIVERS SECONDARY DRIVERS CHANGE IDEAS Nursing Team Input (RMNs/STs) Clinical Team Input (Consultant/SHO, Phychologist, SALT, Social worker, OT) Well being traffic light Striffing levels Striffing levels



## Plan

Aldgate ward is a newly established ASD specialist ward, with most of the staff new to both forensics and mental health. It was highlighted by the staff team that they expect to face some challenges that may compromise feeling good about being at work.

As a result, we decided to begin 'Enjoyment at Work' to ensure that as a team we are always thinking about each other and how to improve the way we feel at work after a long or 'bad' day.