

## ELFT's QI Projects

Nb. of Active Projects

# 190

Record Number	Title	Aim	Location
122757	Enjoying Work - SPoA Team	To increase enjoyment at work by 20% by March 2020	SPoA, Single Point of Access - Queensborough House, Dunstable
124236	John Howard Centre Unit - Sexual Safety Collaborative	To increase the percentage of service users and staff who feel safe from sexual harm within mental health and learning disabilities services	John Howard Centre
124255	Ruby/Ivory Wards - Sexual Safety Collaborative	To increase the percentage of service users and staff who feel safe from sexual harm within mental health and learning disabilities services	Newham Centre for Mental Health
130002	Service User Involvement with Staff Interviews	Increase Service User/Carer overall satisfaction with the process of involvement in staff interviews from 30% to 75% by 31 March 2023 (Operational definition of very satisfied and somewhat satisfied)	People Participation Newham
130193	Increasing the Co-production of Improvement	To increase co-production of improvement across ELFT	
135972	To address the health inequalities faced by the Armed Forces at ELFT: meeting the required standards of the VHCA, Armed Forces Covenant and the DERS	We commit to work together in partnership to build health and social opportunities for Armed Forces community and their families to ensure acceptance and adding value to the Armed Forces community	Veterans Healthcare Alliance
141938	Inequalities in South Luton Project	Purpose Statement: To improve mental health for children and young people living in the diverse communities of South Luton. Population Level Drivers: - Meeting MH Community Needs - Developing Community MH Assets	South Luton
142430	Getting the right support at the right time for people with learning disabilities in Hackney	To reduce the waiting times for all disciplines and make sure people with learning disabilities get the right support at the right time, whilst also improving staff and service user satisfaction.	City and Hackney, ILDS
142888	Improving the Cardiometabolic Health of service users on Broadgate Ward	Achieve a 5% reduction in median baseline body weight amongst Broadgate inpatients over the next 4 months.	Broadgate Ward
143654	WARDS - Working across wards, a review and development of solutions	To improve staff experience of being moved to another department during shift, by ensuring at least 90% of staff who are moved receive a written, structured orientation creating a supportive, welcoming and learning focused experience by October 2024.	Bedford Hospital NHS Foundation Trust
144924	PATHWAYS - A new app supporting service-users and staff to visualise the recovery journey.	To improve the tracking, centralisation and digitisation of service-users' progress through their recovery pathway, from admission to discharge by 15% within 12 months.	John Howard Centre
146053	Improving referrals for BAME detainees	We aim to see our BAME detainees referred into our service at a proportionate rate as compared to the indigenous population.	Liaison and Diversion Service
148148	Increasing ?Big I? People Participation in the Cancer and Palliative Care Psychology Service.	We aim to have increased the incidences of ?Big I? Service User/Carer involvement in the Cancer and Palliative Care Psychology Service (by end of 2023).	Cancer and Palliative Care Psychology Service, (Mountbatten House, Dunstable)
148871	Increasing Older Adults participants in PP by 6, by the 30th June 2025	The aim is to increase participation and meaningful engagement of older adults via People Participation	
148925	Access to perinatal mental health team	All woman in Beds and Luton are able to access the right care at the right time in the right place from the perinatal mental health team - We aim to increase the number of referrals to the team to an average of 100 per month. by October 2024.	Bedfordshire and Luton

149444	Supporting Transition of young people who are affected with Sickle Cell Disease and Thalassaemia in the Community	To implement a transition care process in the community.	Sickle Cell and Thalassaemia Centre, East Ham
149589	Improve carer involvement and satisfaction in Luton CMHTs	Increase the number of identified carers by 500%. Increase the attendance of carers at appointments by 10%. 90% of carers reporting satisfaction with service as good or very good.	Luton CMHTs
149666	Improving Functionality of Oracle	To ensure 90% corporate requisitions are paid within one month by 31 May 2024	Trust HQ, Alie Street
150100	Reducing wait times for Newham Foot Health service	Increase % of patients seen within 18 weeks of referral from 54% to 90% by June 2025	Newham Foot Health
150191	Patient Flow in Forensic Services	Maintaining Flow; Tackling Stuckness: To ensure our patients are in the minimally restrictive Forensic setting to maximise their quality of life, whilst ensuring services and individuals are safe.	Forensic Services
150454	Admissions Optimisation - Evergreen	Reduce length of stay at inpatient unit	Evergreen CAMHS Tier 4 Inpatient Unit - Luton (BLMK)
150534	Reducing high frequency use of emergency services by mental health service users who self-present.	The aim of the QI project is to reduce mental health high intensity users' self-presentations via Homerton Hospital emergency department by 30% of total attendances by the end of 2023. The QI Project relates to improving the crisis pathway for high intensity users with mental health difficulties. The aim is to support service users by identifying more appropriate pathways for mental health needs as an alternative to emergency department. Objectives: -To support service users by identifying appropriate pathways for mental health needs as alternative to emergency department -To understand gaps in current pathway -To identify current reasons for recurrent attendances -All community mental health services to make clear service provisions -To empower service users to use available resources in the community.	Homerton Hospital and City and Hackney Centre for Mental Health
150818	Tower Hamlets Talking Therapies Equity Project	To Increase the reliable improvement rate of Bangladeshi Service Users to 68% by June 2025	Tower Hamlets
150871	Understanding and removing barriers for underrepresented groups accessing care at PTS	By January 2025 we aim to improve access for underrepresented groups, to match the borough population as indicated by census data, with respect to those offered an assessment at PTS, i.e.: over 65s 6%, people of BAME heritage 61% and men 50%.	Psychological Therapies Service - Tower Hamlets
151212	TH Pharmacy discharge medication service QI project	Increase Discharge Medication Service referrals from 0% to 20% of all discharges from Globe inpatient mental health ward within 6 months.	Mile End Hospital
151220	To improve the waiting list experience for service users	To improve the experience they have on the waiting list and ensure they still feel connected to our service whilst waiting or have other services or activities we can signpost them to.	
151249	Reducing the delayed discharges from 70% to 30 % in CH HTT	Reduce the delayed discharges thereby improve case management	City and Hackney
151551	Addressing racial and ethnic inequalities in Newham Specialist Psychotherapy Service	Reducing racial and ethnic disparities in access to Newham SPS.	Newham
151571	Increasing Psychology Case Consultation Provision To 100% Of The Early Intervention Service Caseload Within 8 Weeks of Acceptance Into The Service	Increase psychology case consultation provision to 100% of the Early Intervention Service (EIS) caseload within 8 weeks of acceptance into the service.	Bedfordshire and Luton Early Intervention Service
152113	Reducing DNA Rates and Improving Health Equity in a Specialist CAMHS Neurodevelopmental Service	To reduce the number of DNAs overall & reduce the number of DNAs from those living in neighbourhoods falling within the top 3 deciles of most deprived areas in England.	City & Hackney Specialist CAMHS (Homerton Row)
152117	To Improve the Physical Health of THEIS Service Users by Improving Assessment &	To improve the Physical Health of THEIS Service Users by improving Assessment & Interventions of Physical Health Checks and Healthy Lifestyles and achieve >90% PASS on Physical Health Checks aligned to CQUIN Data	THEIS & Tower Hamlets

## Assessment & Interventions of Physical Health and Lifestyle

152560	Cultural Neuropsychology	To be make our neuropsychological practice more culturally inclusive.	Luton and Bedfordshire MAS
152597	Improving access to Eating Disorder Support for residents of Newham	We are aiming to improve access to Eating Disorder Support for residents of Newham by 100% by December 2023	Mile End Hospital
152861	Triple Aim - People with learning disabilities who present with behaviours that challenge living in the London borough of Newham	Improving the quality of life for people with learning disabilities living in Newham	29 Romford Road, E15 4LY
152899	Reduction of admission to A&E from Poplars Ward	We staff at poplars ward (Older people inpatient ward) together with few of our service users and under the guidance of our QI coaches aim to reduce the Number of readmission to General Hospital by 20% by June 2024 from inpatient elderly ward	Houghton Regis
152916	Improving referrals of patients on clozapine to Luton Psychiatric Liaison Service (PLS)	For 100% of patients on clozapine to be referred to PLS, within 48 hrs of their admission to hospital, by August 2024.	Luton & Dunstable Hospital and Bedford Hospital
152997	Making our Tower Hamlets CHS staff feel safer at work	Raise staff safety awareness across TH CHS resulting in increased reporting of violence and aggression incidents [by 10%]	Tower Hamlets
153150	Hospital and Community Carers Service	By August 2024, 90% of friends, family and carers of a service user admitted to a C&H mental health ward, will have a positive experience of admission, stay, discharge and community support	City and Hackney Center for Mental Health
154632	Improved quality of care for dual diagnosis service users in ELFT & Resolutions	increased number of jointly worked dual diagnosis SUs	
155515	Prevention and Management of Contractures in Care Homes	To see an increase in the number of referrals for the prevention of contractures prior to a contracture developing by 50 percent.	Primary Care at Home South
156135	Improving trauma-informed support during pregnancy to women from Black, Asian and other minority ethnic backgrounds with moderate to severe fear of birth (tokophobia)	To increase identification and support of moderate to severe tokophobia in birthing people from Black, Asian and other minority ethnic backgrounds by increasing tokophobia referrals from the Luton area to Ocean by 25% by October 2024	Bedfordshire & Luton Ocean service, Luton & Dunstable Hospital
156146	Improving Wound Assessment	To increase the number of fully completed* wound assessments for patients with pressure ulcers, documented by District Nurses from 2 to 5 by October 2024. * Completing all fields on wound assessment template.	Tower Hamlets
156470	Delivering an online Parkinsons teaching programme to care home staff, within Bedfordshire	To deliver a structured online teaching programme of 5 weekly sessions to care home staff within Bedfordshire	Bedfordshire
157053	Improving the experience of informal carers as part of hospital discharge	To ensure carers are identified, recognised, supported and made an integral part of the discharge planning process during acute hospital discharge.	Royal London Hospital
157198	C&H Neighbourhoods Waiting Times Project	To reduce waiting times whereby 95% of referrals to the NH Teams are seen within 28 days.	City and Hackney
157500	Strategic recruitment	Increase the number of delegates who attend our trainings (Master Classes & PQI) by X% by X.	
157664	To increase the rates of Reliable Recovery for clients at BTT aged 16-21 to meet the national target of 48% by June 2025	To increase the rates of Reliable Recovery for clients at BTT aged 16-21 to meet the national target of 48% by June 2025	

157706	CLDS Weight Management	By September 2024, CLDS will record the BMI of 70% of its service users.	Lower Hamlets
157743	Improving communication and information sharing regarding medication.	We aim to have 80% of our service users in the perinatal mental health service satisfied with the communication and prescribing processes they received when starting or restarting medication by July 2024.	John Bunyan House
157777	Pharmacy Service User Satisfaction	We, the pharmacy team at City and Hackney, aim to increase the time spent by pharmacy team with service users to discuss their treatment/medication by 50% by August 2024. This will potentially increase adherence to medications, reduce relapse and chances of being readmitted	City and Hackney
157794	Combating the workforce crisis in the Trust by tapping into the SAS Doctors potential.	To increase by 100% the number of SAS doctors gaining a internal promotion, And: To create a Community of Practice to initiate, measure and demonstrate improvements in the effective use of SAS doctors' expertise in ELFT.	NE London
157826	Reducing waiting lists for EPCT Therapy teams in Newham	To reduce number of people waiting longer than 6 weeks for occupational therapy from 25 to 0 by March 2025, with a view to improving efficiency and enhancing patient and staff experience.	CHS Newham Adult Therapies EPCT
157840	To increase the reach of Personal Health Budgets in City and Hackney to the target 34 referrals per month by end of September 2024, with referrals submitted from across ELFT teams in City & Hackney.	To increase the reach of Personal Health Budgets (PHB) in City and Hackney to target 34 referrals per month by end of June 2024, with referrals submitted from across ELFT.	City & Hackney
157855	Improving Access to Community Services for the Homeless Population in Tower Hamlets	To increase number of first appointments for foot health attended by homeless people to 9 per fortnight by December 2024.	
157909	Improve accessibility of MHST services for South Asian children and young people within Wave 5	Improving accessibility of Mental Health Support Team services for South Asian CYP within the South Neighbourhood of Luton, with an increase in new referrals of 25% by September 2024.	
157951	MBU Baby Observation	Improving the delivery of baby observations on the MBU, by reducing the number of 1:1 baby obs by 20%, whilst maintaining the safe quality of care, by October 2025	City and Hackney MBU
158236	Sexual Safety on PICU (Crystal Ward)	To establish a clear definition of what a sexual safety is and increase the sense of sexual safety by 30% amongst all people on Crystal Ward by April 2025.	Newham Center for Mental Health - Crystal Ward
158508	Complaints: Improving the Timeliness and Quality of ELFT Responses	For ELFT to increase the monthly average of complaints completed within agreed timescales by 20% - by 1st April 2025	Corporate
158559	CLDS Transition-improving the assessment process	Ensure 75% service users have a transitions plan in place by their 18th birthday - by end of May 2025	
158733	Reducing Nursing Vacancies to 10% at ELFT by January 2025	Reducing nursing vacancies to 10% across ELFT by January 2025 through improving workforce stability	Trust-wide
158750	Improving Referral and Triage process in MH Crisis team	To improve triage efficacy and achieve 20 % reduction in delayed assessments by August 2024.	Bedford Crisis Team
158801	To improve the experience of the loved ones, in the loving memory of "John A Gaitan".	To improve the experience of the loved ones (Family & Friends) by enabling them to work in "equal partnership" with professionals to enhance the care of their loved ones across the care pathways.	Tower Hamlets Centre for Mental Health
159052	Evaluating the benefits of air cleaning units in a mental health inpatient unit	By [Month and Year], reduce airborne pathogens in a mental health inpatient setting by [Percentage] %, as measured by air quality tests, through the implementation of air cleaning units.	Fountains Court
159190	Wellbeing - C&H Admin	Admin wellbeing improve in the next 12months	
159220	Improving recovery rates for clients of	To reflect on why there is a disparity in recovery rates based on ethnicity, especially focusing on why the recovery rates for clients of Indian and Pakistani origin are	Bedfordshire

	Indian and Pakistani origin and to ensure that the outcomes are at par or better than the recovery rates of other ethnic groups.	particularly the lowest in the Bedfordshire Talking Therapies Service.	
159267	Improving Co-Production through PP at Newham Talking Therapies	To increase the amount of referrals to PP from 2 per month to 4 per month by March 2024.	
159393	Reducing early dropout rates in P2R	Reduce number of early drop outs to 10%	Path 2 Recovery
159421	To improve engagement/recovery of interpreter clients in therapy.	To increase the number of interpreter clients starting therapy and reduce the percentage of interpreters dropping out during treatment by 5% by April 2025.	Newham
159423	Improving communications with external stakeholders - ward teams	Improve communication between PLS & ward teams; reduce number of rejected referrals to PLS via ICE referral system by 50%	Luton and Dunstable Hospital
159602	Reducing medication usage in frail older people on inpatient wards	Reduce the amount of unnecessary medications used on Fountains Court	Fountains Court
159609	Improving satisfaction with the 8 week assessment process in EQUIP	To improve satisfaction with the EQUIP assessment process by 20% by October 2025	EQUIP City and Hackney
159881	Recovery Caseloads: Improving Care Planning and Transitions	To provide staff and service users with wider knowledge of the service offer and what is available after transitioning into primary care. We aim to reduce anxiety of service users when transferring to primary care through welcome pack, transfer of care pack and resources. We will be working with staff and service users to reduce recovery caseloads safely and collaboratively by 25% (156 service users) in the first 12 months and a further 10% (47 service users) in the following 6 months.	Florence Ball House
160098	To improve support for Staff in relation to Safety Incidents	A compassionate, needs-based support response to all our staff affected by incidents PLUS a supportive approach through all our safety review work by the end of 2024.	
160302	Increase awareness of healthcare careers at ELFT for local residents	Increase the number of work experience placements for people aged 16 to 21 from ELFT service areas by 50% over a 12 month time period (August 2024 to September 2025)	
160622	Insulin self management / Oral diabetes Medicines maximisation	To increase the number of patients from the Tower Hamlets district nursing insulin caseload who are self-managing their diabetes from 0 to 4 patients per month by January 2025	ELFT Tower Hamlets Community Health Services
160817	Improving the Recruitment Process	To provide a better experience for hiring managers, team managers, new starters, and the recruitment team by October 2025, increasing customer satisfaction to 90% and reduce negative comments by 15%	East London NHS Foundation Trust
160934	NutriFit - Woodberry Ward	To increase our satisfaction with our physical health, achieve a healthier BMI and increase physical activity levels with the support of Physical Health Ambassadors	Woodberry ward, Wolfson House
161029	Sensory Friendly Ward Environment - Oakley Court	Aim of the project is to improve the service user experience by increasing how sensory friendly the ward environment is on Oakley Court working age inpatient unit.	Oakley Court - Working age inpatients
161202	Improving equity of accessibility for our QI training (PQI)	Improving equity of access for ELFT staff and Service Users for all QI training packages so that we reduce non-attendance by xxx% by xxx, and increase attendance by lower bands by xxx% by xxx.	
161250	Forensics Admissions-Flow QI	To address and minimise delays in the referral to admission process and to ensure all new admissions have an initial treatment pathway within 4 weeks	
161635	Transitions from CAMHS to services for 18+	This project aims to explore issues faced by clinicians when supporting their young people in leaving CAMHS and graduating to adulthood, and to seek to help this process become more transparent and easier to navigate. The project is specifically focused on services within City & Hackney, but may be more widely applicable.	City and Hackney CAMHS, Homerton Row
161736	ED Inclusivity QI	To increase the % of known service users who self-identify as being from an ethnic minority being referred to Bedfordshire & Luton Adult Community Eating Disorder Service from 20% to 28% within a 12 month period.	Bedfordshire
162069	ELFT: Path 2 Recovery Additions - Project to	To reduce the wait time of ad hoc/drop in patients from x to y by December 2024	P2R

Additional - Project to reduce wait time for drop in or ad hoc requests of clients

162147	Sight and Hearing Team Performance Management	Complete a systems and processes review of the Sight and Hearing Team caseloads and the associated acceptance criteria with the intention to mitigate the risks of holding people on a caseload.	Twinwoods Resource Centre, Milton Road, Clapham, Bedford
162227	Crisis Pathway Referral Data Improvement	To reduce the errors in referrals, diary and discharge data input in Bedford and Luton Crisis Teams and PLS to 10% by Dec 2025	Bedfordshire
162392	Improving Access to Physical Health Monitoring for Service Users in the City and Hackney Community Rehabilitation and Recovery Team	Increase number of Service users in the City and Hackney Rehabilitation team having annual bloods tests and ECGs to 80% by December 2024	City and Hackney
162467	Project Welcome	Improve people's experience of accessing our service: To ensure we are an accessible, welcoming where people have the information they need	Bethnal Green NMHT, 51 Three Colts Lane
162944	Reducing DNAs within the Rough Sleepers Team at P2R, East London NHS Foundation	To reduce the number DNAs in the Rough Sleepers Teams in P2R from around 30% to 20% by July 2025	P2R
162945	Reducing DNAs for Newham diabetes service	To reduce the % Percentage of Did Not Attend (DNA) to 25% for the Diabetes Adult Clinic by June 2025	Diabetes Unit, Shrewsbury Road Health Centre
162962	Increasing cervical smear tests in patients for patients in Health E1 Homeless Medical Centre, East London NHS Foundation Trust	To increase cervical smear test in the homeless GP practice from 48% to 90% in the community by March 2025	Health E1 Homeless Medical Centre
163115	Reducing DNAs in Newham's Musculoskeletal Physiotherapy service	To reduce DNAs from 21% to less than 10% across all MSK pathways by 30th June 2025	MSK Physiotherapy, 29 Romford road, Stratford
163119	Improving treatment adherence in Tower Hamlets Continence Service	To increase percentage of Bengali women who are adhering to their treatment plan from 45% to 60% by July 2025	Beaumont House, Mile End
163131	Reducing the impact of complex physical health in order to prevent acute hospital admission by 40% by July 2025.	Reduce avoidable acute hospital admissions in Bedfordshire for people with a Learning Disability by 40%, by July 2025.	
163296	Improving patient flow through the Dementia diagnostic pathway	To the meet the Referral to Treatment (6 wks) and Referral to Diagnosis (18 wks) target for 90% of our patient cohort by Aug 2025.	
163335	Improving the Culture of Care on Bedfordshire and Luton Inpatient Wards	Increase the percentage of positive responses to the ELFT question: 'Overall, how was your experience to our service?', from an average of 76% to 90% on Willow and Coral ward, by October 2025.	Coral Ward (Luton), Willow Ward (Bedford)
163346	Increase access to effective MH support for racialised communities	To improve access to MH services in C&H for racialised communities	City & Hackney
163467	Improving Paired Outcome Measures through Remote Collection using POD to Enhance Treatment	Improving Paired Outcome Measures via Remote Collection Using POD	Homerton Row/John Scott
163536	Is it Worth It? Addressing AWOL on Hoxton Ward	Achieving and maintaining zero AWOL incidents on Hoxton Ward throughout 2025	Wolfson House
163570	Reducing Length of Stay in Homerton Emergency Department	To reduce the average length of stay of mental health patients in Homerton Emergency Department by 1 hour by August 2025.	Homerton Hospital

163634	Crisis Cafe Client Engagement	To increase the number of people attending the Crisis Cafe by 25% within 12 months	C&H Crisis Cafe
163658	Forensics Discharge-Improving Flow QI	To improve the flow of service user discharges in the forensic setting by reducing length of time of discharge process, increasing reporting of CRFD and improving service user satisfaction of discharge	ELFT Forensic Services
163798	Reducing waiting times for Autism and ADHD assessments in City and Hackney	To reduce the waiting time for autism and ADHD assessments in City and Hackney by September 2026, while improving staff and service user satisfaction.	City and Hackney
163814	Reduce gaps in assessment of physical health risk factors, specifically cardio vascular disease, and appropriate interventions for patients with SM?	To complete 100% of annual health checks within the month that they are due for all eligible service users within the low secure forensic setting by July 2025.	Wolfson House
163904	Enhancing Telehealth Referrals from District Nurses for Pressure Area Care: A 20% Improvement in Six Months	Increase the number of referrals from DN for pressure area care by 20% in six months.	Newham
164003	Improving partnership working between Tower Hamlets Community (THCHS) and Mental Health (THMH) Services	80% of service users shared between THCHS and THMH to have a joint care plan by 30/08/2025.	ELFT (Tower Hamlets)
164114	Reducing waiting times for Psychology & PBS treatment using a stepped-care model.	To reduce the number of weeks waiting for a first treatment session by 50% to less than 26 weeks by December 2025.	Twinwoods (Bedford)
164118	Newham Adult MH - Letter Standards	We the participants of the QI Leadership Programme Wave 14, want to work with staff to improve the overall quality of letters produced and sent by Administration staff within the Newham Adult Mental Health directorate by 60% before April 2025.	Newham Directorate
164223	Team Harmony	To enhance staff satisfaction and patient care by fostering better communication and stronger staff relationships, with the aim of increasing the percentage of staff who feel supported by their team from 50% to 90% by the end of September 2025.	Moorgate Ward - John Howard Centre
164566	Freeing up analytical resources and ensuring quality responses to ad-hoc requests (ServiceNow).	To free up analytical resources in the Data & Analytics Team by reducing the number of ad-hoc requests from 20 per week to 15 per week by April 2025.	The Green, Bethnal Green
164585	Reduction of DNA in BCHS Wheelchair Service	Reduce the overall number of Did Not Attend (DNA) and most deprived group in Wheelchair Service by 10% by July 2025	Bedfordshire
164616	Female service user satisfaction on acute wards	To improve patient safety and experience on Conolly Ward by 80% by October 2025.	City and Hackney Centre of Mental Health (Conolly Ward)
164648	Reducing frequent catheter-related call outs to Rapid Response	To reduce number of catheter-related call outs to the Tower Hamlets Rapid Response service from 30 to 18 per week by May 2025	Mile End Hospital Rapid Response Services.
164665	Improving PROMS completion	To improve the number of patient routine outcome measures (PROMS) completed	Bedfordshire and Luton
164706	Reduction of Falls at Poplars ward and Fountains Court	We aim to achieve 50% reduction in the number of falls at Poplars ward and Fountains Court by April 2025	Poplars Ward and Fountains Court
164715	To deliver Carer-focused support and education to 75% of carers by December 2025	To deliver Carer-focused support and education to 75% of carers by December 2025	
164850	Improving confidence in the management of self harm from the perspective of staff, patients, families and carers	The aim of the project is to improve staff, young people and parent/carers confidence in the management of self-harm on Evergreen by x% by May '25	Evergreen CAMHS Tier 4 Unit



164942	Increase Service User participation in their therapy provision and plan	Reduce number of service user discharged from the Community Therapy Team Caseloads following the Initial Contact due to ?Non Compliance/Non engaging? by 80% by July 2025.	Tower Hamlets
165024	Bowel Monitoring and health in Psychiatry	Improve Bowel Movement Monitoring in Morrison ward by 75% by May 2025.	ELFT
165026	Improve access for Black women to ELFT Perinatal Services - Race and Health Observatory Learning and Action Network (National Project)	Increase access for Black African, Black Caribbean and Mixed White/ Black African and Caribbean women to ELFT Perinatal Services by 10% by March 2025.? To use anti racist approaches and improve patient experience?.	
165033	Reduction of disposables, dry goods and breakfast	To reduce the use and cost of kitchen disposables by 90% in Forensic wards by July 2025	
165051	Improving routine enquiry for domestic abuse	Routine enquiry for abuse to be completed with all patients (100 per cent) at pilot sites by June 2025.	Trust wide
165068	To improve the quality of information available online to ELFT Admins and increase the exposure of the Corporate Governance Team by creating a specific Admin extranet page/platform by March 2026; in collaboration with all Admins across ELFT.	To improve the quality of information available online to ELFT Admins and increase the exposure of our Corporate Governance Team by creating a specific Admin extranet page/platform by March 2026; in collaboration with all Admins across the Trust.	Trust Headquarters
165076	Improving Confidence for doctors managing physical health needs of psychiatric inpatients out of hours.	Improve the confidence of doctors covering inpatient psychiatric units out of hours in the management of urgent/emergency patient physical health needs.	Tower Hamlets Centre for Mental Health, Newham Centre for Mental health
165102	To increase attendance at professional social work supervision groups	Increase attendance for social work supervision groups by 50% by December 2025	Trust wide
165106	Aiming to reduce the DNA rate across clinics in the Bedfordshire Continence service.	To reduce the DNA rate across Bedfordshire Continence clinics by 20% by 31st January 2026.	Bedfordshire Continence Service
165149	Increasing the efficiency of the Schools Speech and Language Therapy Team's statutory assessment process in order to meet statutory deadlines.	By July 2025, the Schools SaLT Service will meet 100% of the Local Authority's Statutory Assessment 6 week deadlines.	West Ham Lane Health Centre
165158	Bi QI	To improve recovery rates for service users that identify as bisexual	Bedfordshire Talking Therapies
165170	Culture of Care	To provide safe, trauma informed, therapeutic and equity-focused inpatient care	Bevan & Joshua Ward - City & Hackney Centre for Mental Health
165174	Medical Devices Inventory system	Reduce the number of not presented in THCHS by 60% in 6 months	
165183	CRT North - Physical Health	80% of the caseload to have an up-to-date physical health screen by October 2025	
165200	Reducing Salary Overpayments 2.0	To reduce salary overpayments by 30%, by April 2025.	
165222	Improving the collection of PREM in Crisis directorate	Increase the number of PREM survey responses in all Crisis teams by 10% by December 2025.	
165260	Working with our	The Psychology team, hospital based Clinical Nurse Specialists (the referrers) and	Bedfordshire



165200	Working with our referrers to improve patient access to receive care from the Bedfordshire Cancer and Palliative Care Psychology service.	The psychology team, hospital based clinical nurse specialists (if relevant) and service users aim to increase equity of referrals received across hospital based cancer teams. The project aims for 50% of non-referring teams to have made a referral to the Macmillan Psychology Service by December 2025.	Bedfordshire
165334	Increasing referrals to THAS from under represented ethnic groups to better align with the demographics of the local population.	By December 2025 to double the number of referrals of Bengali women (to around 30%) in order to bring this more in line with the local population figure.	Tower Hamlets Autism Service
165396	Equity in SPS	TBD	
165418	Improving Patient Flow in Tower Hamlets Mental Health	To reduce LoS to 40 days by April 2025	Tower Hamlets
165537	Bethnal Green - Pursuing Equity Programme	Reduce the percentage of DNA by 2% by the end of March 2025 in Bethnal Green NMHT	Bethnal Green Neighbourhood Mental Health Team
165569	Woundcare Project	To reduce dressing expenditure by 25% by 31st March 2025.	
165571	Reduce unnecessary glove use	The IPC team would like to reduce glove use by 50% in JHC, THCMH and Fountains court by 31st of March 2025. Staff to stop wearing gloves while serving food to patients during meal time.	Tower Hamlets, Forensics and Bedfordshire.
165581	increasing access to the TH Perinatal groups	Understanding of why there is poor attendance within the teams groups	Perinatal Team
165589	Improving the admission clerking process and documentation completion.	To improve admission clerking by ensuring completion within 72 hours, aiming for 70% documentation completeness by August 2025.	Oakley Court- ELFT
165609	Enhancing the experience of parents, carers, and loved ones of young people at the Coborn Centre.	Improving the experience of families and carers of young people at the Coborn Centre by 80% by the end of August 2025.	The Coborn Centre for Adolescent Mental Health
165628	Improving dementia diagnosis rates in Central Bedfordshire	To make the necessary qualitative changes in the Memory assessment processes in Central Bedfordshire in the next year, with the aim of improving the diagnosis rates to the national average.	Luton and Bedfordshire
165668	Enjoyment at Work in the Data & Analytics Team	Enhance team dynamics and collaboration, as evidenced by a 25% increase in positive feedback in staff surveys by September 2025	The Green
165789	Co-Production in Quality Improvement	To move from 48% to 60% big I involvement in QI projects, Trustwide, and improve experience of meaningful involvement by December 2025.	
165810	Monitoring of long acting Antipsychotic depot side effects	The CIMHS depot team aim to improve the monitoring of depot antipsychotics using the GASS questionnaires by 60% by the end of May 2025	CIMHS South and North
165944	THEWS Whole School Approach Feedback Process	A process will be in place for the THEWS team to collect feedback on at least 50% of whole-school approach activities by October 2025. This feedback will be stored centrally and reviewed at least twice a year by at least one practitioner, who will lead on any improvements following review of the feedback.	Community
166035	Reducing DNAs in Newham CIMHS North Team	Reduce DNAs in Newham CIMHS team from 26% to 16% by May 2025.	Newham CIMHS North
166041	Improving outcomes for people attending Newham Recovery College	To improve outcomes for people attending the Recovery College.	
166073	Improvements on meetings	To optimise the structure, efficiency, and outcomes of trust meetings within a 6-month time frame to deliver measurable improvements in patient care, staff well-being, operational productivity, and financial sustainability and introduce guidelines to trust staff.	Corporate
166124	Improving access to group psychotherapies in Tower Hamlets PTS:	Our overall aims are therefore to reduce inefficiencies and improve flow within the service, so that service users are able to access group therapies more quickly. We also hope to improve staff confidence and satisfaction in running groups, and improve	Tower Hamlets Psychological Therapies Service

	Enhancing efficiency, effectiveness and flow	service users? clinical outcomes and satisfaction with group therapies within PTS. Our main outcome measure will be the average length of waiting time between referral and starting a group therapy in PTS (number of days between referral and starting group treatment). We hope to achieve an average waiting time of 6 months (182 days) or less between referral and starting group therapy.	
166126	Using desensitisation to reduce anxiety and increase access to healthcare in Learning Disability populations	Increase access for people who have a Learning Disability to physical health procedures by using methods of desensitisation to reduce health anxieties by 20% by November 2025.	Twinwoods Clinical Resource Center (Bedford)
166185	Reducing inequalities at End of life care for the adult community in Tower Hamlets known to the Extended Primary Care Teams	To increase use of formal interpreters from 0% to 50%, for clients who need interpreters on the Extended Primary Care Team, by April 2026, to improve the care delivered at end of life and equality in access to care.	
166266	Streamlining GP Referral pathway to Community Mental health Team	To streamline GP referral pathway at Primary and secondary care interface by March 2026	Florence Ball House ( ELFT ) , Primary Care Surgeries ,that are involved , IT systems where the referral and information packs will be embedded available and live
166284	ELFT Community Eating Disorders Service project to increase referrals from underrepresented patient populations	To increase referral rates for service users of Bangladeshi background from x% to y% by December 2025	East London Eating Disorders Service
166374	Pharmacy Visibility	To increase pharmacy visibility across inpatient ward in new innovative ways	
166433	Establishing Formal Guidelines for Moderate and Strong Action Plan Development	Develop staff engaged in safety reviews to understand Action Strength Categories, equipping them with the ability to introduce moderate and strong action strength categories in safety investigations PSIs. Phasing in 72 hour reports, CRTs and AARs in 75% of all investigations by April 2026.	Trustwide
166629	Improving Quality of MM Discharges from Acute Hospitals into Community Settings	Mitigate risks and challenges in the transfer of patients from Secondary Care into Community Health Services by reducing ....% per month to .....%	Bedfordshire Community Health Services
166631	Improving Sexual Safety, Broadgate Ward	Improve understanding of Sexual Safety	Broadgate Ward, John Howard Centre
166653	The Biggest Loser	For the participating Service Users to achieve 20% weight loss in 6 months	Aldgate Ward
166688	Tower Hamlets project to improve the completion of physical health assessments during inpatient admissions	To increase the completion rate of physical health assessments during admission for inpatients in Rosebank, Millharbour, Brick Lane, Lea Ward, and Cazaubon Ward from a baseline of 35% to 70% by 30th September 2025	Mile End Hospital
166762	Digital support to improve high DNA rate at City and Hackney Perinatal Service	Reduce missed first (initial) appointments (both face-to-face and virtual) among service users from 2 ethnic groups which present the highest DNAs (White; Black and British Black) in C&H Perinatal service	City and Hackney
166802	CMHT Luton Psychology waiting times	Reduce the waiting time of referral to start of Psychological intervention by 25%, from 10 months to 7.5 months, in CMH Service Luton by February 2026	Charter House
166969	Joy In Work	To reduce the level of newly recruited staff leaving their post within the first 12 months of employment to 5% by January 2026.	Beaumont House, Mile End Hospital, E1 4DG
167239	Improving End Of Life documentation in Newham by 30% by June 2025	Improve End of Life documentation for patient in Newham EPCT by 30% by June 2025.	
167285	Racism QI	Reduce Racism by 85% across the Coborn Centre for Adolescent Mental Health over 9 months.	Coborn Centre for Adolescent Mental Health
167416	Reducing the district nursing diabetes caseload	To reduce the district nursing caseload by 20% by the end of March 2025.	Newham

167446	Enhancing support for peri-menopausal and menopausal service users in Bedford Crisis Team	Increase number of women where peri-menopause and menopause symptoms are added to their assessment form and on their discharge summary signposted for further support.	
167452	CEEDS Enhancing Cultural Competency	"By September 2025, increase staff confidence from 60% to 90% in conducting culturally competent conversations during initial assessments and clinical formulations."	
167484	Improving board rounds at Newham Psychiatric Liaison	For the team to spend no more than 30 minutes in board rounds by June 2025	Newham University Hospital
167636	Improving access to psychological therapies within secondary mental healthcare for service users who are from ethnic minorities	To increase the psychology referrals of the service users who identify as being from the South Asian community from 2% to 7% in a 12 month period.	Bedford Community Mental Health Service
167640	Quality Engagement on Gardner & Ruth Seifert Wards	To increase recording of high quality therapeutic engagement by x% to x% by December 2025	Gardner Ward Ruth Seifert Ward
167783	Speeding Up DST Workflow on Cazaubon Ward	To reduce mean completion times of new DST paperwork by more than 50% over a 3-month study period. For DST checklists, to reduce mean completion time to 12 or fewer days. No DST checklist should take longer than 21 days. For Full DST, to reduce mean completion time to 21 or fewer days. No Full DST should take longer than 30 days.	Cazaubon Ward, East Ham Care Centre
167949	Improving the experience of international Graduates working in ELFT.	By April 2026, 80 % of newly recruited International Medical Graduates (IMGs) in ELFT who feel confident in understanding their roles and Trust systems within the first 3 months of joining ,through structured induction, mentoring, and peer support initiatives.	his QI project will take place over 12 months at ELFT Bedfordshire, focusing on improving the induction, mentorship, and support for International Medical Graduates (IMGs) to enhance their integration, reduce burnout, and improve staff retention.
167956	Improving quality and experience of care for Mental Health service Users at the Royal London Emergency Department.	To increase the MHLT four hour target compliance to 80% by October 2025.	Royal London Emergency Department
167978	Improving Patient Experience and Reducing Costs in Interpreted Therapy Sessions through Quality Improvement	Improve the experience of therapy for patients who require interpreter/translator services and reduce the cost by 5% by August 2025.	Bedfordshire Talking Therapies
167984	Improving the safety of patient transfers between mental health inpatient and acute hospital settings.	To improve patient safety, reduce errors, improve quality of care and better define the role of the Psychiatric Liaison Service in this context.	East London NHS Foundation Trust- Bedfordshire Luton & Dunstable Hospital/ Poplars Ward
168014	Improving continuity of care following occupational therapy assessment at Newham Center for Mental Health	Aim: To see a 50% increase in OT recommendations being actioned/implemented, following assessment from an inpatient OT, by December 2025.	
168071	Increasing knowledge and confidence in cultural competencies in Mid-Beds CMHT Psychological Therapies staff	Increasing knowledge and confidence in their cultural competencies by 30% within Mid-Beds CMHT Psychological Therapies staff by end end December 2025	Mid-Bedfordshire
168080	30 by 26: A Collaborative Journey to Safer, Smarter Prescribing	By January 2026, we aim to reduce the number of unnecessary medications prescribed across Luton and Bedfordshire (L&B) by 30%. To achieve this, we will utilise shared resources to educate healthcare professionals on the importance of deprescribing and provide practical guidance on how to implement it safely and effectively in clinical practice.	Calnwood court
168206	Streamlining Success: A	To assess the effectiveness and responsiveness of existing administrative pathways.	

	Review of Administrative Pathways for Improved Service Delivery	with the aim of aligning them with best practices and ensuring they support timely, person-centred care.	
168276	Increasing Discharge Counselling on Coral Ward	Increase discharge counselling on Coral Ward from 18% to 40% by December 2025.	
168301	To reduce the waiting time for autism diagnosis in CHAND/ SCYPS from 24 months to 12 months	To reduce the waiting time for autism diagnostic assessment from 24 months to 12 months	
168398	Reducing length of stay on older adult inpatient mental health units in Luton and Bedfordshire.	To reduce length of stay to 60 days by April 2026 at Fountains court and Poplars ward	Fountains court and Poplars ward
168559	Insulin Incidents	Reduce primary care-related insulin patient safety events by 50% from 4 to 2 per month by March 2026	
168642	Improving Therapeutic Engagement	Enhancing the Quality of Observations and Therapeutic Engagement on Ruby Triage Ward.	Ruby Triage Ward
168809	Reducing Intermittent Observations on Rosebank Ward	To reduce the number of patients on intermittent observations by April 2026	Rosebank Ward
168812	To reduce bank spend in the forensic directorate	To reduce bank spend by 20% in forensics over a 6 month period, May - October '25	Forensics
168875	AAC Panel Improvement Group	To improve the AAC process (SMART aim to follow)	Medical
168910	Reducing intermittent observations and increasing therapeutic engagement	To end the routine use of intermittent observations and increase therapeutic engagement on the ward by December 2025	Sapphire Ward
169056	Implementation of the PCREF in Newham Directorate	To implement the PCREF framework in Newham's mental health services and embed within services by December 2025	Newham Centre for Mental Health
169066	Observation to Engagement on Jade Ward	Reduce the number of service users on intermittent observations by 50% by December 2025	Jade Ward (PICU)
169098	Reducing intermittent observations and improving engagement		Clissold Ward, Wolfson House Low Secure Service