

Reducing re-admissions under the MHA in males of black ethnicity in EI service

Hackney EQUIP & Ruth Seifert Ward, City and Hackney Mental Health Centre

How do families' of black men experience the inpatient family service?

Aim

To reduce re-admissions of black men under the MHA: exploring the role of the inpatient family service

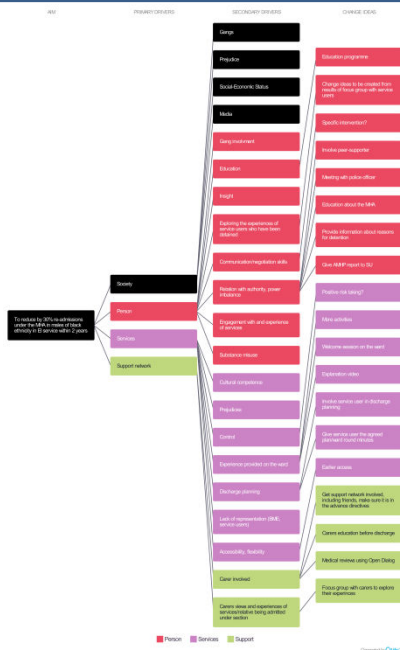
Why is this important to service users and carers?

Family support is linked to improved mental health and fewer admissions to mental health hospital. Carers experience high levels of stress and responsibility. They should therefore - for their own sakes and to enable them to support their loved one - be adequately supported through services. A service user has been involved in the design of the interview guide.

Tests of Change

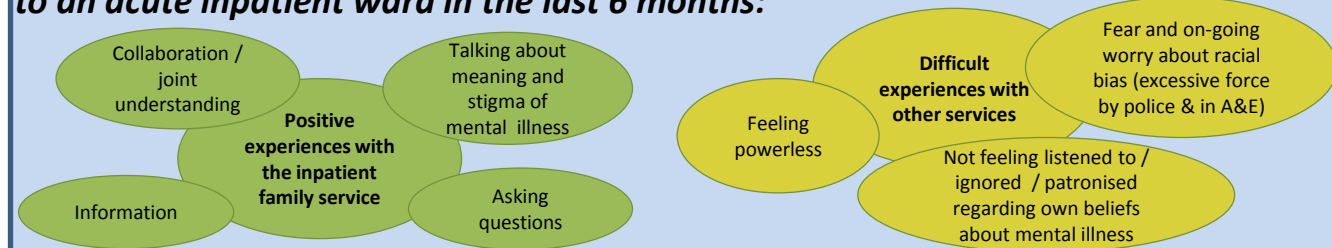
Yet to come!

Driver diagram



Data

Qualitative interviews with family members of black men who have been admitted to an acute inpatient ward in the last 6 months:



The inpatient family service was seen as helpful and culturally sensitive, however, other services (ward teams, police, A&E) were often experienced as culturally insensitive and discriminating.

Learning and what next?

Families of black men interviewed for this project feel that their ethnic background has had an impact on the service they have received from mental health services in general.



Tell us your story in a nutshell

In order to reduce re-admissions under the MHA in males of black ethnicity a range of areas for potential change, including the inpatient family service, were identified. In interviews families of black men spoke about having found the family inpatient service very helpful and have generally felt that their views and cultural identity was respected with staff aiming to develop a joint understanding of the difficulties of their loved ones. However, they called the family inpatient service “an exception” and “a drop in the ocean”, speaking about discrimination, feeling misunderstood, not listened to and experiencing fear for their loved one in relation to other services such as A&E, mental health hospitals and police. Their views will inform further evaluation and suggestions for changes across services.

Any additional team or project photos?



Paste them into a slide and we will share them with your project story!

Please return your completed poster to elft.qi@nhs.net