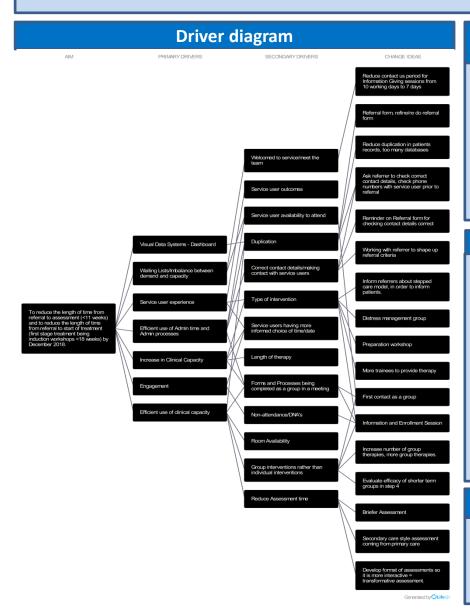
Capacity Management to increase timely access to effective psychological interventions

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Uncovering the mysterious client experience of enrolment sessions



Aim

The aim of the project was to explore the client experience of enrolment sessions in order to develop them to make them as helpful and accessible as possible

Why is this important to service users and carers?

To ensure enrolment sessions are as effective, accessible & helpful as possible.

A service user was consulted in the development of the evaluation form.

Data

The data is largely still being collected. Currently 40 evaluations have been collected with at least another 10-20 anticipated before the project finishes.

Currently 67% of respondents are female and this is 68% of the client's first engagement with mental health services.

Only 25% of people found the waiting room environment difficult. 87% report having a better understanding of what the service can offer.

Barriers to attendance: Money (15%), low mood (37.5%) and anxiety (47.5%)

Learning and what next?

The project is on-going so it's unclear how we can learn from this and implement changes from the results. Currently the data is suggesting that clients perhaps find the enrolment session helpful



Tell us your story in a nutshell



We are currently exploring the service user experience of an enrolment session, as the data is still being collected, we are unsure what we have achieved yet. We are hoping to either establish that service users find the current enrolment session helpful and accessible, or how we can adjust them to achieve this goal.

This will mean for service users that we are actively trying to make the service as accessible and helpful as possible for them. The overall aim to manage timely access to services, and the enrolment sessions contribute to this and help service users to understand what the service can and cannot provide.

The next stage is to finish data collection, analyse the results and develop recommendations based on the outcome.