ELFT's QI Projects

No. of Active Projects

176

Record Number	Title	Aim	Location
122757	Enjoying Work - SPoA Team	To increase enjoyment at work by 20% by March 2020	SPoA, Single Point of Access - Queensborough House, Dunstable
124236	John Howard Centre Unit - Sexual Safety Collaborative	To increase the percentage of service users and staff who feel safe from sexual harm within mental health and learning disabilities services	John Howard Centre
124255	Ruby/Ivory Wards - Sexual Safety Collaborative	To increase the percentage of service users and staff who feel safe from sexual harm within mental health and learning disabilities services	Newham Centre for Mental Health
130193	Increasing the Co-production of Improvement	To increase co-production of improvement across ELFT	
131369	CSSAT (Community & Specialist Services Admin Training)	1. To upskill admin staff through effective induction. 2. To allow easy access to training materials. 3. To release the time that Administrative Leads spend on training staff. 4. To have an admin service that is confident and efficient with the required admin processes for community and specialist services. 5. To enable specialist training for the appropriate staff.	Newham
142888	Improving the Cardiometabolic Health of service users on Broadgate Ward	Achieve a 5% reduction in median baseline body weight amongst Broadgate inpatients over the next 4 months.	Broadgate Ward
143654	WARDS - Working across wards, a review and development of solutions	To improve staff experience of being moved to another department during shift, by ensuring at least 90% of staff who are moved receive a written, structured orientation creating a supportive, welcoming and learning focused experience by October 2024.	Bedford Hospital NHS Foundation Trust
144924	PATHWAYS - A new app supporting service-users and staff to visualise the recovery journey.	To improve the tracking, centralisation and digitisation of service-users' progress through their recovery pathway, from admission to discharge by 15% within 12 months.	John Howard Centre
146053	Improving referrals for BAME detainees	We aim to see our BAME detainees referred into our service at a proportionate rate as compared to the indigenous population.	Liaison and Diversion Service
148148	Increasing ?Big I? People Participation in the Cancer and Palliative Care Psychology Service.	We aim to have increased the incidences of ?Big I? Service User/Carer involvement in the Cancer and Palliative Care Psychology Service (by end of 2023).	Cancer and Palliative Care Psychology Service, (Mountbatten House, Dunstable)
148925	Access to perinatal mental health team	All woman in Beds and Luton are able to access the right care at the right time in the right place from the perinatal mental health team - We aim to increase the number of referrals to the team to an average of 100 per month, by October 2024.	Bedfordshire and Luton
150191	Patient Flow in Forensic Services	Maintaining Flow; Tackling Stuckness: To ensure our patients are in the minimally restrictive Forensic setting to maximise their quality of life, whilst ensuring services and individuals are safe.	Forensic Services
150454	Admissions Optimisation - Evergreen	Reduce length of stay at inpatient unit	Evergreen CAMHS Tier 4 Inpatient Unit - Luton (BLMK)
150818	Tower Hamlets Talking Therapies Equity Project	To Increase the reliable improvement rate of Bangladeshi Service Users to 68% by June 2025	Tower Hamlets
150871	Understanding and removing barriers for underrepresented groups accessing care at PTS	By January 2025 we aim to improve access for underrepresented groups, to match the borough population as indicated by census data, with respect to those offered an assessment at PTS, i.e.: over 65s 6%, people of BAME heritage 61% and men 50%.	Psychological Therapies Service - Tower Hamlets
151220	To improve the waiting list experience for service users	To improve the experience they have on the waiting list and ensure they still feel connected to our service whilst waiting or have other services or activities we can signpost them to.	
151571	Increasing Psychology Case Consultation Provision To 100% Of The Early	Increase psychology case consultation provision to 100% of the Early Intervention Service (EIS) caseload within 8 weeks of acceptance into the service	Bedfordshire and Luton Early Intervention Service

	100% Of The Early Intervention Service Caseload Within 8 Weeks of Acceptance Into The Service	service.	
152560	Cultural Neuropsychology	To be make our neuropsychological practice more culturally inclusive.	Luton and Bedfordshire MAS
152916	Improving referrals of patients on clozapine to the Psychiatric Liaison Service (PLS)	To increase the referral rate of general hospital inpatients prescribed clozapine to the Psychiatry Liaison Service, to 90%, within 12 months.	Luton & Dunstable Hospital and Bedford Hospital
154632	Improved quality of care for dual diagnosis service users in ELFT & Resolutions	increased number of jointly worked dual diagnosis SUs	
155515	Prevention and Management of Contractures in Care Homes	To see an increase in the number of referrals for the prevention of contractures prior to a contracture developing by 50 percent.	Primary Care at Home South
156135	Improving trauma-informed support during pregnancy to women from Black, Asian and other minority ethnic backgrounds with moderate to severe fear of birth (tokophobia)	To increase identification and support of moderate to severe tokophobia in birthing people from Black, Asian and other minority ethnic backgrounds by increasing tokophobia referrals from the Luton area to Ocean by 25% by October 2024	Bedfordshire & Luton Ocean service, Luton & Dunstable Hospital
156470	Delivering an online Parkinsons teaching programme to care home staff, within Bedfordshire	To deliver a structured online teaching programme of 5 weekly sessions to care home staff within Bedfordshire	Bedfordshire
157053	Improving the experience of informal carers as part of hospital discharge	To ensure carers are identified, recognised, supported and made an integral part of the discharge planning process during acute hospital discharge.	Royal London Hospital
157139	Improving Recycling in Acute Psychiatric Wards	We aim to improve recycling from 18% to 30% by end of June 2026 and improve service users and staff experience on the ward.	Oakley Court
157500	Strategic recruitment	Increase the number of delegates who attend our trainings (Master Classes & PQI) by X% by X.	
157794	Combating the workforce crisis in the Trust by tapping into the SAS Doctors potential.	To increase by 100% the number of SAS doctors gaining a internal promotion, And: To create a Community of Practice to initiate, measure and demonstrate improvements in the effective use of SAS doctors' expertise in ELFT.	NE London
157855	Improving Access to Community Services for the Homeless Population in Tower Hamlets	To increase number of first appointments for foot health attended by homeless people to 9 per fortnight by December 2024.	
157909	Improve accessibility of MHST services for South Asian children and young people within Wave 5	Improving accessibility of Mental Health Support Team services for South Asian CYP within the South Neighbourhood of Luton, with an increase in new referrals of 25% by September 2024.	
157951	MBU Baby Observation	Improving the delivery of baby observations on the MBU, by reducing the number of 1:1 baby obs by 20%, whilst maintaining the safe quality of care, by October 2025	City and Hackney MBU
158049	Forensics Violence Reduction Collaborative - Limehouse		
158559	CLDS Transition- improving the assessment process	Ensure 75% service users have a transitions plan in place by their 18th birthday - by end of May 2025	
158801	To improve the experience of the loved ones, in the loving memory of "John A Gaitan".	To improve the experience of the loved ones (Family & Friends) by enabling them to work in "equal partnership" with professionals to enhance the care of their loved ones across the care pathways.	Tower Hamlets Centre for Mental Health
159052	Evaluating the benefits of air cleaning units in a mental health inpatient unit	By [Month and Year], reduce airborne pathogens in a mental health inpatient setting by [Percentage] %, as measured by air quality tests, through the implementation of air cleaning units.	Fountains Court
159220	Improving recovery rates for clients of Indian and Pakistani origin and to ensure that the outcomes are at par or better than the	To improve recovery rates for clients of Indian and Pakistani origin from 43% to 47% by October 2024 and 50% by April 2025	Bedfordshire

	recovery rates of other ethnic groups.		
159393	Reducing early dropout rates in P2R	Reduce number of early drop outs to 10%	Path 2 Recovery
159423	Improving communications with external stakeholders - ward teams	Improve communication between PLS & ward teams; reduce number of rejected referrals to PLS via ICE referral system by 50%	Luton and Dunstable Hospital
159602	Reducing medication usage in frail older people on inpatient wards	Reduce the amount of unnecessary medications used on Fountains Court	Fountains Court
159881	Recovery Caseloads: Improving Care Planning and Transitions	To provide staff and service users with wider knowledge of the service offer and what is available after transitioning into primary care. We aim to reduce anxiety of service users when transferring to primary care through welcome pack, transfer of care pack and resources. We will be working with staff and service users to reduce recovery caseloads safely and collaboratively by 25% (156 service users) in the first 12 months and a further 10% (47 service users) in the following 6 months.	Florence Ball House
160098	To improve support for Staff in relation to Safety Incidents	A compassionate, needs-based support response to all our staff affected by incidents PLUS a supportive approach through all our safety review work by the end of 2024.	
160302	Increase awareness of healthcare careers at ELFT for local residents	Increase the number of work experience placements for people aged 16 to 21 from ELFT service areas by 50% over a 12 month time period (August 2024 to September 2025)	
160934	NutriFit - Woodberry Ward	To increase our satisfaction with our physical health, achieve a healthier BMI and increase physical activity levels with the support of Physical Health Ambassadors	Woodberry ward, Wolfson House
161250	Forensics Admissions- Flow QI	To address and minimalise delays in the referral to admission process and to ensure all new admissions have an initial treatment pathway within 4 weeks	
162069	ELFT: Path 2 Recovery Addictions - Project to reduce wait time for drop in or ad hoc requests of clients	To reduce the wait time of ad hoc/drop in patients from x to y by December 2024	P2R
162227	Crisis Pathway Referral Data Improvement	To reduce the errors in referrals, diary and discharge data input in Bedford and Luton Crisis Teams and PLS to 10% by Nov 2025	Bedfordshire
162945	Reducing DNAs for Newham diabetes service	To reduce the % Percentage of Did Not Attend (DNA) to 25% for the Diabetes Adult Clinic by June 2025	Diabetes Unit, Shrewsbury Road Health Centre
163115	Reducing DNAs in Newham's Musculoskeletal Physiotherapy service	To reduce DNAs from 21% to less than 10% across all MSK pathways by 30th June 2025	MSK Physiotherapy, 29 Romford road, Stratford
163335	Improving the Culture of Care on Bedfordshire and Luton Inpatient Wards	Increase the percentage of positive responses to the ELFT question: 'Overall, how was your experience to our service?', from an average of 76% to 90% on Willow and Coral ward, by October 2025.	Coral Ward (Luton), Willow Ward (Bedford)
163346	Increase access to effective MH support for racialised communities	To improve access to MH services in C&H for racialised communities	City & Hackney
163536	Is it Worth It? Addressing AWOL on Hoxton Ward	Achieving and maintaining zero AWOL incidents on Hoxton Ward throughout 2026	Wolfson House
163570	Reducing Length of Stay in Homerton Emergency Department	To reduce the average length of stay of mental health patients in Homerton Emergency Department by 1 hour by August 2025.	Homerton Hospital
163658	Forensics Discharge- Improving Flow QI	To improve the flow of service user discharges in the forensic setting by reducing length of time of discharge process, increasing reporting of CRFD and improving service user satisfaction of discharge	ELFT Forensic Services
163814	Reduce gaps in assessment of physical health risk factors, specifically cardio vascular disease, and appropriate interventions for patients with SMI?	To complete 100% of annual health checks within the month that they are due for all eligible service users within the low secure forensic setting by July 2025.	Wolfson House
163904	Enhancing Telehealth Referrals from District Nurses for Pressure Area Care: A 20% Improvement in Six Months	Increase the number of referrals from DN for pressure area care by 20% in six months.	Newham

163938	Forensic Violence Reduction Collaborative - Woodberry Ward	To reduce the number of incidents of violence (physical, non-physical and sexual) on Woodberry Ward	Woodberry Ward, Wolfson House
164003	Improving partnership working between Tower Hamlets Community (THCHS) and Mental Health (THMH) Services	Increase staff satisfaction of integrated working between THCHS and THCMH by 25% by 31/12/2025	ELFT (Tower Hamlets)
164114	Reducing waiting times for Psychology & PBS treatment using a stepped-care model.	To reduce the number of weeks waiting for a first treatment session by 50% to less than 26 weeks by December 2025.	Twinwoods (Bedford)
164118	Newham Adult MH - Letter Standards	We the participants of the QI Leadership Programme Wave 14, want to work with staff to improve the overall quality of letters produced and sent by Administration staff within the Newham Adult Mental Health directorate by 60% before April 2025.	Newham Directorate
164223	Team Harmony	To enhance staff satisfaction and patient care by fostering better communication and stronger staff relationships, with the aim of increasing the percentage of staff who feel supported by their team from 50% to 90% by the end of September 2025.	Moorgate Ward - John Howard Centre
164566	Freeing up analytical resources and ensuring quality responses to ad-hoc requests (ServiceNow).	To free up analytical resources in the Data & Analytics Team by reducing the number of ad-hoc requests from 20 per week to 15 per week by April 2025.	The Green, Bethnal Green
164585	Reduction of DNA in BCHS Wheelchair Service	Reduce the overall number of Did Not Attend (DNA) and most deprived group in Wheelchair Service by 10% by July 2025	Bedfordshire
164648	Reducing frequent catheter-related call outs to Rapid Response	To reduce number of catheter-related call outs to the Tower Hamlets Rapid Response service from 30 to 18 per week by May 2025	Mile End Hospital Rapid Response Services.
164665	Improving PROMS completion	To improve the number of patient routine outcome measures (PROMS) completed	Bedfordshire and Luton
164706	Reduction of Falls at Poplars ward and Fountains Court	We aim to achieve 50% reduction in the number of falls at Poplars ward and Fountains Court by April 2025	Poplars Ward and Fountains Court
164715	To deliver Carer-focused support and education to 75% of carers by September 2026	To deliver Carer-focused support and education to 75% of carers by September 2026	
164942	Increase Service User participation in their therapy provision and plan	Reduce number of service user discharged from the Community Therapy Team Caseloads following the Initial Contact due to ?Non Compliance/Non engaging? by 80% by July 2025.	Tower Hamlets
165026	Improve access for Black women to ELFT Perinatal Services - Race and Health Observatory Learning and Action Network (National Project)	Increase access for Black African, Black Caribbean and Mixed White/ Black African and Caribbean women to ELFT Perinatal Services by 10% by March 2025.? To use anti racist approaches and improve patient experience?.	
165033	Reduction of disposables, dry goods and breakfast	To reduce the use and cost of kitchen disposables by 90% in Forensic wards by July 2025	
165051	Improving routine enquiry for domestic abuse	For routine enquiry into domestic abuse to be complete at every significant contact by end of June 2026.	Trust wide
165068	To improve the quality of information available online to ELFT Admins and increase the exposure of the Corporate Governance Team by creating a specific Admin extranet page/platform by March 2026; in collaboration with all Admins across ELFT.	To improve the quality of information available online to ELFT Admins and increase the exposure of our Corporate Governance Team by creating a specific Admin extranet page/platform by March 2026; in collaboration with all Admins across the Trust.	Trust Headquarters
165076	Improving Confidence for doctors managing physical health needs of psychiatric inpatients out of hours.	To improve the confidence of doctors covering psychiatric inpatient wards out of hours in managing urgent physical health issues across ELFT and NELFT sites. We plan to improve confidence on our survey from 60% to 70% by August 2026.	Tower Hamlets Centre for Mental Health, Newham Centre for Mental health
165106	Aiming to reduce the DNA	To reduce the DNA rate across Bedfordshire Continence clinics by 20% by 31st	Bedfordshire Continence

ID	Project	Aim	Service
	rate across clinics in the Bedfordshire Continence service.	January 2026.	Service
165158	Bi QI	To improve recovery rates for service users that identify as bisexual	Bedfordshire Talking Therapies
165170	Culture of Care	To provide safe, trauma informed, therapeutic and equity-focused inpatient care	Bevan & Joshua Ward - City & Hackney Centre for Mental Health
165174	Medical Devices Inventory system	Reduce the number of not presented in NCHS by 60% in 6 months	Newham CHS
165183	CRT North - Physical Health	80% of the caseload to have an up-to-date physical health screen by October 2025	
165260	Working with our referrers to improve patient access to receive care from the Bedfordshire Cancer and Palliative Care Psychology service.	The Psychology team, hospital based Clinical Nurse Specialists (the referrers) and service users aim to increase equity of referrals received across hospital based cancer teams. The project aims for 50% of non-referring teams to have made a referral to the Macmillan Psychology Service by December 2025.	Bedfordshire
165334	Increasing referrals to THAS from under represented ethnic groups to better align with the demographics of the local population.	By December 2025 to double the number of referrals of Bengali women (to around 30%) in order to bring this more in line with the local population figure.	Tower Hamlets Autism Service
165418	Improving Patient Flow in Tower Hamlets Mental Health	To reduce LoS to 40 days by April 2025	Tower Hamlets
165569	Woundcare Project	To reduce dressing expenditure by 25% by 31st March 2025.	
165571	Reduce unnecessary glove use	The IPC team would like to reduce glove use by 50% in JHC, THCMH and Fountains court by 31st of March 2025. Staff to stop wearing gloves while serving food to patients during meal time.	Tower Hamlets, Forensics and Bedfordshire.
165589	Improving the admission clerking process and documentation completion.	To improve admission clerking by ensuring completion within 72 hours, aiming for 70% documentation completeness by December 2025.	Oakley Court- ELFT
165628	Improving dementia diagnosis rates in Central Bedfordshire	To make the necessary qualitative changes in the Memory assessment processes in Central Bedfordshire in the next year, with the aim of improving the diagnosis rates to the national average.	Luton and Bedfordshire
165668	Enjoyment at Work in the Data & Analytics Team	To improve the satisfaction and enjoyment of work of the data and analytics team, by increasing the scores given in the pulse survey by October 2025.	The Green
165789	Co-Production in Quality Improvement	To move from 48% to 60% big I involvement in QI projects, Trustwide, and improve experience of meaningful involvement by December 2025.	
166035	Reducing DNAs in Newham CIMHS North Team	Reduce DNAs in Newham CIMHS team from 26% to 16% by end of September 2025.	Newham CIMHS North
166185	Reducing inequalities at End of life care for the adult community in Tower Hamlets known to the Extended Primary Care Teams	To increase use of formal interpreters from 0% to 50%, for clients who need interpreters on the Extended Primary Care Team, by April 2026, to improve the care delivered at end of life and equality in access to care.	
166266	Streamlining GP Referral pathway to Community Mental health Team	To streamline GP referral pathway at Primary and secondary care interface by March 2026	Florence Ball House (ELFT) , Primary Care Surgeries ,that are involved , IT systems where the referral and information packs will be embedded available and live
166284	ELFT Community Eating Disorders Service project to increase referrals from underrepresented patient populations	To increase referral rates for service users of Bangladeshi background from x% to y% by December 2025	East London Eating Disorders Service
166374	Pharmacy Visibility	To increase pharmacy visibility across inpatient ward in new innovative ways	
166433	Establishing Formal Guidelines for Moderate and Strong Action Plan Development	Develop staff engaged in safety reviews to understand Action Strength Categories, equipping them with the ability to introduce moderate and strong action strength categories in safety investigations PSIIs. Phasing in 72 hour reports, CRTs and AARs in 75% of all investigations by April 2026.	Trustwide

166629	Improving Quality of MM Discharges from Acute Hospitals into Community Settings	Mitigate risks and challenges in the transfer of patients from Secondary Care into Community Health Services by reducing ....% per month to ....%	Bedfordshire Community Health Services
166631	Improving Sexual Safety, Broadgate Ward	Improve understanding of Sexual Safety	Broadgate Ward, John Howard Centre
166653	The Biggest Loser	For the participating Service Users to achieve 20% weight loss in 6 months	Aldgate Ward
166688	Tower Hamlets project to improve the completion of physical health assessments during inpatient admissions	To increase the completion rate of physical health assessments during admission for inpatients in Millharbour, Brick lane, Globe ward, Lea Ward, and Cazaubon Ward from a baseline of 35% to 70% by 30th March 2026	Mile End Hospital
166762	Digital support to improve high DNA rate at City and Hackney Perinatal Service	Reduce missed first (initial) appointments (both face-to-face and virtual) among service users from 2 ethnic groups which present the highest DNAs (White; Black and British Black) in C&H Perinatal service	City and Hackney
166802	CMHT Luton Psychology waiting times	Reduce the waiting time of referral to start of Psychological intervention by 25%, from 10 months to 7.5 months, in CMH Service Luton by February 2026	Charter House
166969	Joy In Work	Reduce the turnover rate of newly recruited staff within their first 12 months of employment from 15% to 5% by January 2026.	Beamont House, Mile End Hospital, E1 4DG
167239	Improving End Of Life documentation in Newham by 30% by June 2025	Improve End of Life documentation for patient in Newham EPCT by 30% by June 2025.	
167285	Racism QI	Reduce Racism by 85% across the Coborn Centre for Adolescent Mental Health over 9 months.	Coborn Centre for Adolescent Mental Health
167452	CEDS Enhancing Cultural Competency	"By September 2026, increase staff confidence from 60% to 90% in conducting culturally competent conversations during initial assessments and clinical formulations."	
167484	Improving board rounds at Newham Psychiatric Liaison	For the team to spend no more than 30 minutes in board rounds by June 2025	Newham University Hospital
167636	Improving access to psychological therapies within secondary mental healthcare for service users who are from the global majority.	To increase the number of psychology referrals of the service users who identify as being from the South Asian community from 4% to 8% over a 12 month period.	Bedford Community Mental Health Service
167640	Quality Engagement on Gardner & Ruth Seifert Wards	To increase recording of high quality therapeutic engagement by x% to x% by December 2025	Gardner Ward Ruth Seifert Ward
167949	Improving the experience of international Graduates working in ELFT.	By April 2026, 80 % of newly recruited International Medical Graduates (IMGs) in ELFT who feel confident in understanding their roles and Trust systems within the first 3 months of joining ,through structured induction, mentoring, and peer support initiatives.	This QI project will take place over 12 months at ELFT Bedfordshire, focusing on improving the induction, mentorship, and support for International Medical Graduates (IMGs) to enhance their integration, reduce burnout, and improve staff retention.
167956	Improving quality and experience of care for Mental Health service Users at the Royal London Emergency Department.	To increase the MHLT four hour target compliance to 80% by October 2025.	Royal London Emergency Department
167978	Improving the Recovery Outcome for Patients that Require an Interpreter by 5% by August 2026	Improve the Recovery Outcome for Patients that Require an Intepreter by 5% by August 2026	Bedfordshire Talking Therapies
167984	Improving the safety of patient transfers between mental health inpatient and acute hospital settings.	To improve patient safety, reduce errors, improve quality of care and better define the role of the Psychiatric Liaison Service in this context.	East London NHS Foundation Trust- Bedfordshire Luton & Dunstable Hospital/ Poplars Ward
168014	Enhancing Inclusion of OT Recommendations in Discharge Planning from NCFMH?	Aim: For 70% of OT Recommendations to be included in discharge summary's in NCFMH by March 2026	

168071	Increasing knowledge and confidence in cultural competencies in Mid-Beds CMHT Psychological Therapies staff	Increasing knowledge and confidence in their cultural competencies by 30% within Mid-Beds CMHT Psychological Therapies staff by June 2026.	Mid-Bedfordshire
168080	30 by 26: A Collaborative Journey to Safer, Smarter Prescribing	By January 2026, we aim to reduce the number of unnecessary medications prescribed across Luton and Bedfordshire (L&B) by 30%. To achieve this, we will utilise shared resources to educate healthcare professionals on the importance of deprescribing and provide practical guidance on how to implement it safely and effectively in clinical practice.	Calnwood court
168276	Increasing Discharge Counselling on Coral Ward	Increase discharge counselling on Coral Ward from 18% to 40% by December 2025.	Coral Ward
168301	To reduce the waiting time for autism diagnosis in CHAND/ SCYPS from 24 months to 12 months	To reduce the waiting time for autism diagnostic assessment from 24 months to 12 months	
168398	Reducing length of stay on older adult inpatient mental health units in Luton and Bedfordshire.	To reduce length of stay from an average of 100 days to 60 days by April 2026 at Fountains court and Poplars ward	Fountains court and Poplars ward
168527	Reducing Missed Medical Appointments in Forensic Inpatient Wards?	To improve the attendance of external medical appointments by 20% in three forensic inpatient wards (Stratford, Westferry, Broadgate, and Morrison) at the John Howard Centre for Mental Health by August 2026.	John Howard Center
168559	Insulin Incidents	Reduce primary care-related insulin patient safety events by 50% from 4 to 2 per month by March 2026	
168642	Ruby Ward - Improving Therapeutic Engagement	Enhancing the Quality of Observations and Therapeutic Engagement on Ruby Triage Ward.	Ruby Triage Ward
168809	Reducing Intermittent Observations on Rosebank Ward	To reduce the number of patients on intermittent observations by April 2026	Rosebank Ward
168812	To reduce bank spend in the forensic directorate	To reduce bank spend by 20% in forensics over a 6 month period, May - October '25	Forensics
168865	Response and learning from PALS Medication complaints	To reduce medication complaints/PALS by 50% in luton and Bedfordshire inpatient and community mental health services by December 2026	Trust HQ, Alie Street
168875	AAC Panel Improvement Group	By June 2026:? Have a clear and efficient process to arrange face to face AAC panels. Allow for timely consultant interviews that will improve our recruitment process.	Medical
168910	Sapphire Ward - Reducing intermittent observations and increasing therapeutic engagement	To safely eliminate the use of inappropriate intermittent observations on sapphire ward by March 2026, by introducing alternate approaches to care that actively engage staff, service users and carers	Sapphire Ward
169056	Implementation of the PCREF in Newham Directorate	To implement the PCREF framework in Newham's mental health services and embed within services by December 2025	Newham Centre for Mental Health
169066	Observation to Engagement - Luton	To safely eliminate the use of inappropriate intermittent observations on Onyx and Jade wards by March 2026	Jade Ward (PICU) & Onyx Ward
169098	Reducing intermittent observations and improving engagement	Reduce and eliminate intermittent observations and improve engagement with service users	Clissold Ward, Wolfson House Low Secure Service
169380	Medication Wastage Reduction QI Project	Our aim is to achieve a 50% reduction in medicine wastage by end of October 2025.	NCfMH (Teams)
169414	To eliminate the use of inappropriate intermittent observation on Bow ward by March 2026.	To eliminate the use of inappropriate intermittent observations on Bow ward	JOHN HOWARD CENTRE
169529	Reducing Intermittent Observations in Coborn Acute Ward	To reduce use of intermittent observations by 50% whilst improving young people engagement on the ward, by March 2026.	
169581	To improve safe and timely management of deteriorating patients and cardiac arrests due to	To improve trust wide compliance with medical emergency and resuscitation mandatory training from 75% to 90% by Dec 2025.	

	medical emergency trust wide.		
169708	From Observations to Engagement (C&H Joshua and Gardner Wards): Safely Reducing 15-min Obs Whilst Increasing Therapeutic Engagement	To safely reduce the use and duration of 15-minute observations whilst increasing meaningful engagement and person-centred care, ensuring all observation decisions are regularly reviewed and MDT-led.	Joshua and Gardner Wards
169773	Reducing DNA Rate for the Continence Service	Reduce DNA Rate in The Continence Service 13% to 5% by April 2026	Continence Service
169825	Eliminating unnecessary intermittent observations & improving the therapeutic environment of the ward	To safely eliminate the use of inappropriate intermittent observations on Bow ward by march 2026, by introducing alternative approaches to care that actively engage staff, service users & carers.	Bow Ward
169849	Reducing complaints in the Phlebotomy service and improve staff experience	We wanted to use QI structure to improve those complex problems Reducing complaints in the Phlebotomy service and improve staff experience	East London Foundation Trust Phlebotomy Department
169900	To Reduce Variation in QI Sponsorship Support and Practice Across ELFT	To Reduce Variation in QI Sponsorship Support and Practice Across ELFT?	
169976	HIU management sharing platform	To reduce the number of S136 by 90% of all HIUs in the City, outside of Mental Health Street Triage Hours by January 2027.	Bishopsgate police station
170020	Improving young people and parents experiences whilst on the ADHD assessment waiting list	To achieve 80%+ 'very good' feedback for ADHD waiting list process at Tower Hamlets CAMHS by June 2026	Tower Hamlets CAMHS
170193	Increasing access to blood tests (through increased confidence)	To increase confidence by 50%, in relation to blood tests, for people with LD	Newham Health team for Adults with Learning Disabilities
170378	Section 17 Leave	To develop strategies to improve the efficiency of Section 17 Pre-Leave assessments and documentation.	Butterfield Ward
170489	To reduce the number of rejected referrals in Triage and Assessment team.	To reduce the number of rejected referrals by 50 % by April 2026.	Mile End Hospital
170642	Increasing attendance at parent behaviour groups	To increase attendance at parent behaviours that challenge groups delivered by the City & Hackney mental health in schools team by 50% by June 2026.	
170720	{Vs2} Increase participation and meaningful engagement of older adults via People Participation	The aim Is to Increase Older Adults participants in PP Group by 6, by the 30th June 2026	
170757	Aim: 100% of service users within low secure forensic mental health unit to have received routine physical health antipsychotic monitoring within 6months.	Aim: 100% of service users within low secure forensic mental health unit to have received routine physical health antipsychotic monitoring in 6months.	Wolfson House Low Secure Forensic Unit
170798	We will improve reliable recovery rates for patients using silvercloud treatment in Tower Hamlets talking therapies by 20% by June 2026	We will aim to improve reliable recovery rates for patients using silvercloud treatment in Tower Hamlets talking therapies by 20% by June 2026	Tower Hamlets
170890	Increase Older Peoples referrals	Our aim is to increase the number of referrals from older people (65+) to Bedfordshire Talking Therapies from 7% to 10% by January 2027	Bedfordshire
170929	Reducing Time to Foot Ulcer Healing in Bedfordshire Community Podiatry Service.	To improve the National Diabetic Foot Audit (NDFA) 12 week ulcer healing measure by 3% in the Bedfordshire Community Podiatry Team by August 2027.	ELFT Podiatry CHS Luton & South Bedfordshire
170933	To improve the quality of referrals from Newham Hospital to district nursing	To reduce the number of inphases and near inphases by 50% by 30.3.26 concerning referrals via Newham IDH team to district nursing and improve the satisfaction score given by district about the IDH referrals by 50% by 1.6.26.	Newham University Hospital
170968	Improving Flow Through the Psychology Pathway within The Bedfordshire & Luton OCEAN Service	To reduce to waiting time between assessment and treatment for those on the OCEAN psychology waiting list from 15 months to 7 months	

171000	CJLDS Service User Feedback	Development of appropriate and suitable service user feedback questions that are specific to CJLDS and not generic like current ELFT PREMS. Obtain service user feedback via trialling multiple different ways of obtaining the feedback. Increase formal feedback numbers to aid service and practitioner development.	ELFT
171002	Improving Safety Monitoring in Patients on Psychotropic Medications	To improve safety monitoring in patients on psychotropic medications	Wolfson House
171004	Improving Physical Health Monitoring in Newham Early Intervention Service	Our aim is to increase the percentage of patients with first-episode psychosis who have completed physical health monitoring in all domains to above 90%	Newham Early Intervention Service
171041	Developing a train-the-trainee training package for psychiatry core and higher training resident doctors to enhance their skills in delivering simulation teaching to undergraduate medical students and post-graduate psychiatry resident doctors	To create a train-the-trainee package in simulation-based education for all resident doctors during their core and higher psychiatry training programmes. To reduce the barriers preventing resident doctors from accessing this training Expand the simulation faculty within ELFT.	ELFT
171044	Improving efficiency of triage in Wheelchair Services	Reduce time spent on triage in wheelchair service by 10% by June 2026 Standardising the triage process and reducing the volume of duplicated triage work. To increase staff satisfaction with the triage processes by x% by June 2026.	Steppingley - Flitwick - Wheelchair Services
171085	Gloves usage on Fountains Court	To reduce gloves spending on fountains court by x% by June 2026	Fountains Court Ward
171144	Improving Staff Wellbeing at Bedford Community Mental Health Services	Receive 80% positive responses to the staff wellbeing survey in Bedford Community Mental Health teams by December 2026	Bedford CMHTs - Florence Ball House
171163	Strengthening Community Partnerships to Enhance Coborn Day Service Engagement	Increase active participation from community teams?ICCS, Local Authority Social Care, Education Transition Teams, and families?in Coborn Day Service care planning and intervention by 50%, to reduce escalation to Tier 4 admissions and improve reintegration of young people into home, school, and community settings. Draft aim statement: Reduce Coborn Nova (Acute) Bed Occupancy / Number of Young People Admitted, by 50%, by June 2026.	Coborn Unit
171183	Reducing unwanted variation in Referral Pathways from CMHT to the Perinatal Mental Health Team in Luton and Bedford	To increase the number of appropriate referrals from the Community Mental Health Team (CMHT) to the Perinatal Mental Health Team (PMHT) by at least 30% within six months, through staff engagement, awareness sessions, and process improvement measures.	John Bunyan House, MK402NT
171189	Healthy Liver: Liver Scans for Inpatients with Severe Mental Illness	To test whether a liver screening process can be introduced and maintained within inpatient mental-health wards, offering FibroScan liver health checks to at least 90% of eligible inpatients on one male and one female ward, with a target of at least 60% of those offered the scan completing it, and ensuring that 100% of abnormal results are referred to hepatology by the end of March 2026	Mile End Hospital, Globe Ward and Roman Ward
171216	The Welcome Experience Project	Improve the waiting room experience for service users and carers attending mental health, learning disability, and autism services across Northeast London by December 2026. Demonstrated by: 20% increase in positive feedback 15% reduction in reported anxiety Achieved through: sensory-friendly adjustments, clearer information, and staff training.	Alie Street
171225	Enhancing Psychological Support in the BHS Tier 3 Obesity Service	The project aim is for the BHS Tier 3 Obesity Service to increase psychological support and reduce the waiting time for an individual psychological assessment and intervention appointment from the current 8 months to 4 months or less by May 2026.	Luton and Dunstable University Hospital
171259	In our E&B team, can we reduce the proportion of cases recorded as 'Other' ethnicity by 12.5% over the next 7 months, by improving the accuracy of ethnicity recording?	To reduce team wide the number of recorded ?other? ethnicity by 2.5% over a period of 6 months i.e. taking the other ethnicities from 20% to 17.5%. Identify disparities in access, experience, and outcomes. ? Recognise and respond to the needs of marginalised or underrepresented groups. ? Plan services and interventions that are targeted and equitable. ? Build trust with the communities we serve by showing that their identity and experiences matter. By improving the accuracy of ethnicity recording and reducing reliance on the ?Other? category, we can make better-informed, evidence-based decisions that support equity and inclusion in care.	Children and Young People's Centre 15 Homerton Row E9 6ED
171284	Increasing the volume of patient and carer feedback obtained on Leadenhall Ward, an acute older adult inpatient unit.	To increase the quantity of feedback obtained by 150% to 20 responses a month by December 2026.	Leadenhall Ward, Mile End Hospital

171333	Improving Dialogue+ on Ivory Ward	Improving quality	
171361	Improving the Collection and Use of Carer Feedback for Inpatients on Evergreen	To increase the proportion of patient and carers providing feedback during the inpatient stay in order to improve the quality of communication and care experience.	
171372	Improving and Sustaining Security Documentation	The Forensic Security Department aims to improve accuracy, efficiency and sustainable security documentation and processes by December 2026.	John Howard Centre
171376	Increase access to our traveller and Romany community	To icrease referral rates into the CMHT by 10% with in 6 months	Leighton and Dunstable CMHT
171383	Adultification Bias in Adolescent Inpatient Setting.	Raise awareness and improve treatment outcomes. Reduce restrictive practice, increase understanding and empathy for this demographic.	Coborn Centre for Adolescent Mental Health
171542	Increasing referrals to CRHTs from the Pakistani community in B&L	BL CRHT pathway aims to increase new referrals for people of Pakistani ethnicity by 25% by April 2026, in order that they are more representative of the populations served, in line with PCREF.	
171564	Improving Bank Staff Experience	Improving Bank Staff Experience	Tower Hamlets Recovery College
171570	Bridging the Gap: Using Desensitisation to Ease Healthcare Anxiety in Learning Disability Care	To increase access for people with a Learning Disability (PwLD) to physical health procedures, such as blood tests, injections, and blood pressure monitoring, by reducing the use of restrictive practices, including clinical holds and oral sedation through structured desensitisation approaches by 20% by April 2026.	
171604	Increasing the diversity of referrals into People Participation	To increase the diversity (gender, ethnicity) of People Participation to be more reflective of the services and population in Bedfordshire CHS by January 2027. To increase the proportion of men to 30%. To increase the proportion of non-white British people in PP to 25%.	Bedfordshire
171655	Reducing incoming emails to the Communications inbox to improve efficiency and the support we provide?	By June 2026, reduce the volume of incoming emails to the Communications inbox by 25%, through improved processes and clearer information pathways, to increase team efficiency and enhance the quality of support provided to staff, service users, and the public.?	
171746	To improve attendance rates at autism post-diagnostic workshops for parents.	To increase attendance rates at autism post-diagnostic workshops for parents by at least 100%.	Lord Lister Health Centre
171775	Improve patient & carer experience of transition from child Community Nursing Services to District Nursing Services in Tower Hamlets	To begin joint transition meetings between adult CHS and CCNT to facilitate smoother and SAFER transition process	Tower Hamlets
171814	Improvement of Tower Hamlets Community Referrals to Tobacco Dependence Service		Tower Hamlets, Mile End Hospital
171846	Improving staff wellbeing by reducing caseload by 15% over a 6 month period.	Improving staff wellbeing by reducing caseload by 15% for each PCN over a 6 month period.	CIMHS North - Newham
171859	Tower Hamlets Inpatients Pharmacy Disharge Counselling	To increase percentage of patients who receive discharge counselling to 90% by December 2026	Mile End Hospital
171941	Women's Health QIP	A) To increase the proportion of women under psychiatry at NHLD who are asked and have documentation of discussion about periods and/or menopause during their psychiatric review from baseline to at least 90% within 6 months. B) To increase the proportion of women under psychiatry at NHLD who are diagnosed with pre-menstrual syndrome and/or menopause and who have a documented symptom management plan in place within 6 months of diagnosis, from baseline to at least 50% within 12 months.	
171944	To reduce the number of contraband incidents on Victoria Ward	To reduce the number of contraband incidents on the ward by 50% by December 2026.	Victoria Ward, John Howard Centre