



# Evaluating a Trust-Wide Strategy to Coordinate Trainee Clinical Psychologist Service Related Research Projects (SRRPs) within QI Methodology

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## QI SRRP Aim

Clinical Psychology Trainees on placement complete SRRPs in their first year as part of their training. A co-ordinated QI approach to devising, planning, running and disseminating trainee SRRPs was developed across three ELFT Boroughs. Eighteen trainees (Cohorts UEL, UCL & Royal Holloway Doctorate Courses 2015-2016) conducted their SRRPs within a strategic framework by aligning with existing QI Projects and focussing on key Trust priorities regarding psychological services to facilitate understanding and management of key priorities relating to 'Waiting Times' and 'Equity of Access'.



## Coordinated Strategy Methodology

**ONE QI TRAINING FOR TRAINEES:** One day of QI training, 3 seminars and ongoing QI support/coaching was provided to trainees throughout their one year placement.

**TWO COORDINATED SRRPs ACROSS ELFT:** A strategic and coordinated SRRP QI plan for trainees in their diverse placements was validated and authorised by the Trust enabling allocation of QI Projects to trainees.

**THREE STAKEHOLDER INTEGRATION:** Regular liaison occurred regarding the quality agenda between key stakeholders (i.e. Universities, NHS Services and the QI Team).

**FOUR DISSEMINATION AND IMPLEMENTATION:** QI SRRPs were presented locally and in an Annual Conference at the end of the placement to ensure dissemination and implementation of the quality knowledge gained.

## Why the QI SRRP is important to Service Users and Carers?

There are many aspects of psychological services that have a direct impact on how 'Safe, Effective and Personal' a service is for Service Users & Carers and as such the QI SRRPs within QI Projects have facilitated service development in many ways:

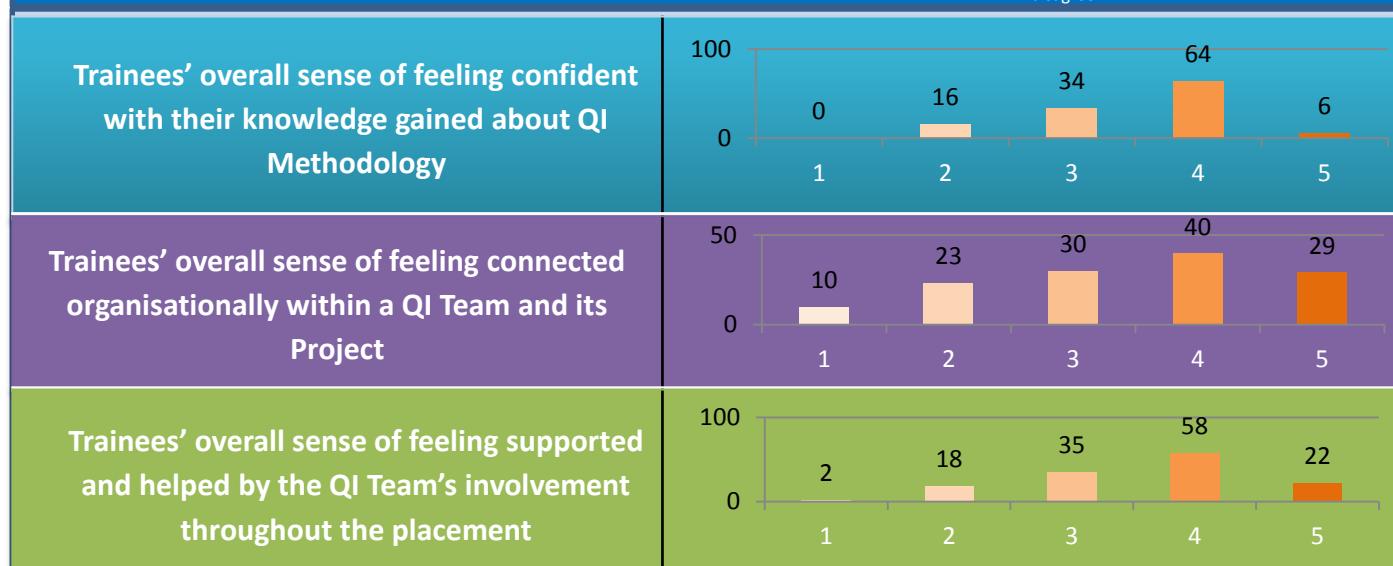
- Referral Care Pathways
- Waiting List Management
- Access & Equity of Access
- Choice of Evidence-Based Intervention
- Service User/Carer/Referrer Experience
- DNA Analysis
- Measurement Outcomes/Systems
- Staff Governance Systems

## Examples of 3 QI SRRPs Across ELFT

1. NEWHAM: *Understanding Service and Service User factors that related to re-referrals in a Community Recovery Team.*
2. HACKNEY: *Evaluating a new Psychoeducation Group for patients with Personality Disorder to facilitate engagement on an Inpatient Ward.*
3. TOWER HAMLETS: *Reducing waiting times for assessment and therapy in an Outpatient Psychotherapy Service.*

## Survey Data (15 of 18 trainees responses in %)

1. Strongly disagree    2. Disagree    3. Neither agree nor disagree    4. Agree    5. Strongly agree



### RECOMMENDATION 1 ENHANCING

#### LEARNING: QI Training for Trainees on Placement:

The first day of QI teaching will occur when trainees have settled into their placements instead of at the start of placement, to ensure that they understand the placement context. The 3 seminars designed to be open forums for trainees, spread across the year, will become 2 and will entail additional focussed teaching on an aspect of QI that they request.

### RECOMMENDATION 2 ROLE OF TRAINEES:

#### DClInPsy Course Requirements and ELFT QI Methodological Compatibility:

Trainees are not expected to complete a whole QI Project but instead be embedded in and contribute towards a QI Project with its own driver diagram, data and PDSAs. All DClInPsy SRRPs are to facilitate established QI Projects in agreed ways as the role of trainees and SRRPs (with specific course methodologies and marking requirements) is to enhance thinking and facilitate progression within the project.

### RECOMMENDATION 3 SRRP PROJECT

#### ALLOCATION AND TRAINEE RESPONSIBILITY: Placement and QI Project Match:

The match between trainees being on a placement with a QI Project on that placement will be developed to prevent distance and thus the trainee being part of a project in another part of their Borough. Trainees will be explicitly encouraged to develop autonomy and ownership with their own contribution so that they experience a leadership role during training.

### RECOMMENDATION 4 INFRASTRUCTURE

#### DEVELOPMENT: Responsibilities of Placement Managers, Supervisors and QI Project Leads:

Due to the large area and diversity of services which the Trust covers it will be ensured that all placement managers, supervisors and QI Project leads are aware of this successful strategy so that the QI SRRP becomes a routine aspect of their placement supervision and overall experience with ELFT. This strategy will be spread wider into Bedfordshire & Luton including the associated Hertfordshire University Trainees.