



# Reducing Handcuff Usage in MSU



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## Aim

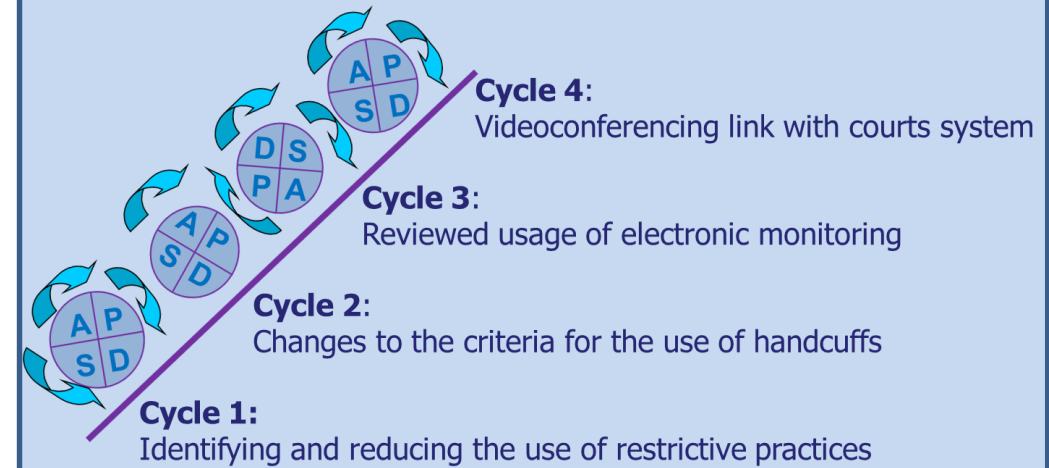
To reduce the use of handcuffing by 50% by December 2016 (compared to a baseline from Aug to Dec 2015)

## Why is this important to service users and carers?

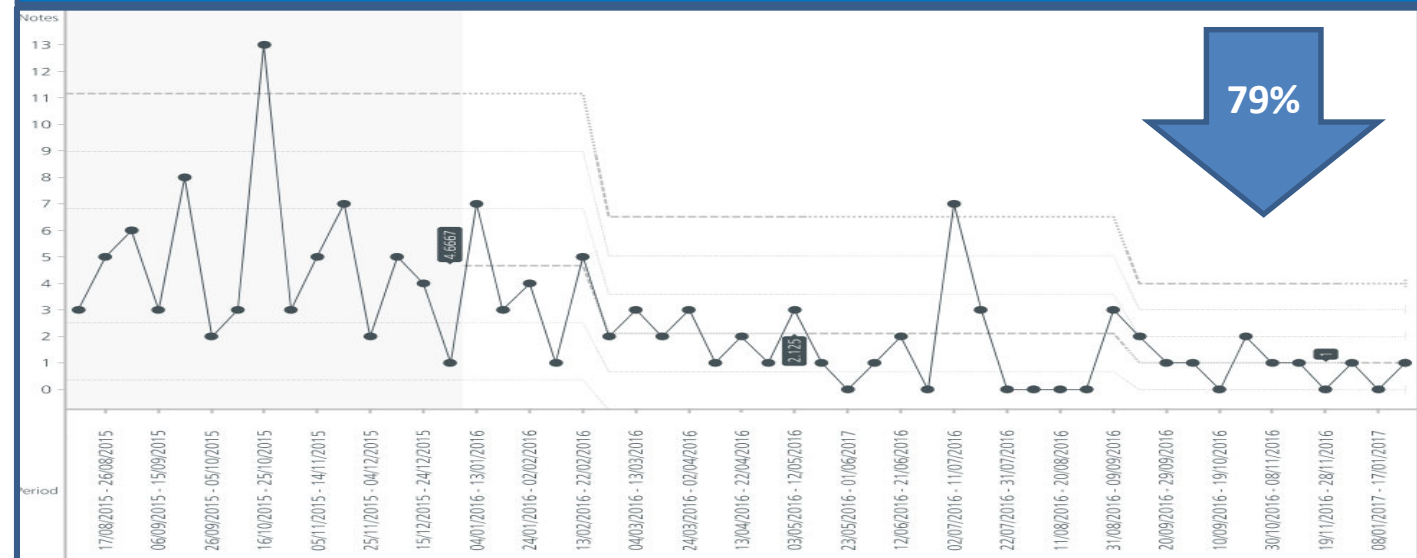
Care and treatment of patients should always take place in the least restrictive environment. Whilst the use of 'mechanical restraint' (handcuffs) when taking a service user outside a secure perimeter is permissible within context of CoP (subject to strict criteria) this should only be in extreme circumstances. It is highly invasive, stigmatising and very costly.



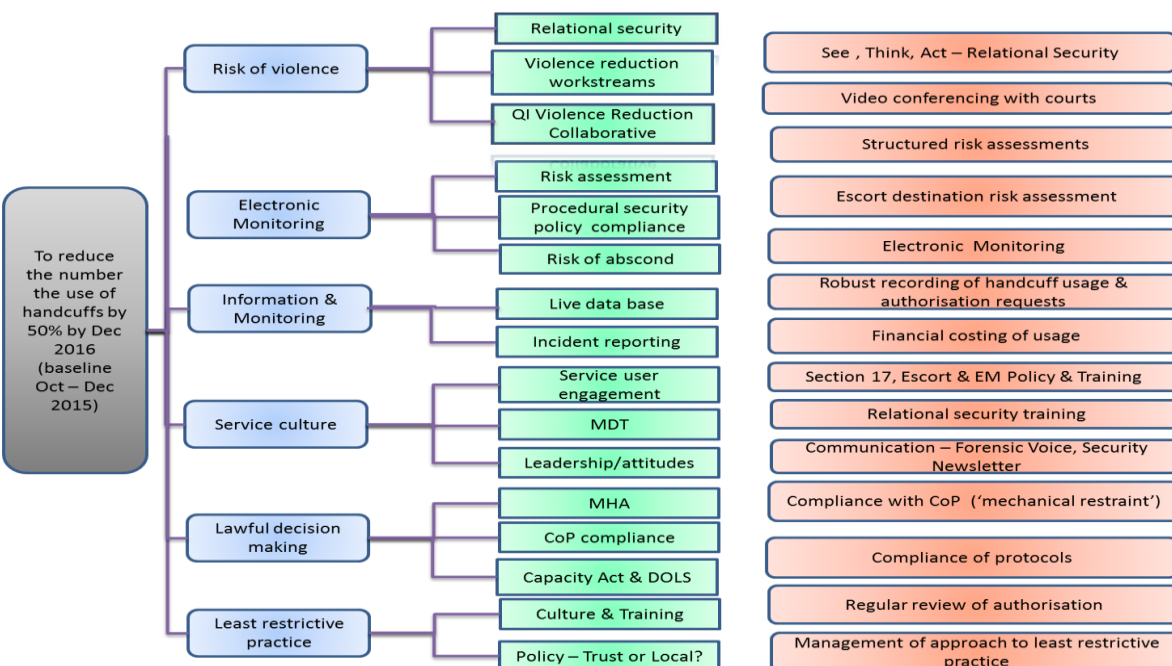
## Tests of Change



## Data - Incidents of handcuffing, every 10 days



## Driver diagram



## Learning

- Data monitoring & review systems required improvement
- Review of local procedures was helpful for generating change ideas
- Regular short project meetings work best
- Alternative technologies can support future improvements
- The project has decreased the cost spent each month on handcuffing episodes.