

HOUSEKEEPING





NHS

East London
NHS Foundation Trust

WELCOME



NHS

**East London
NHS Foundation Trust**

AGENDA

Agenda

1) Welcome and Warm-up



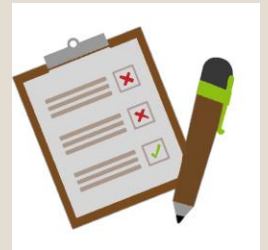
2) Story Log and Tree



3) Overcoming Barriers to Testing



4) Closing remarks and Action Period activities

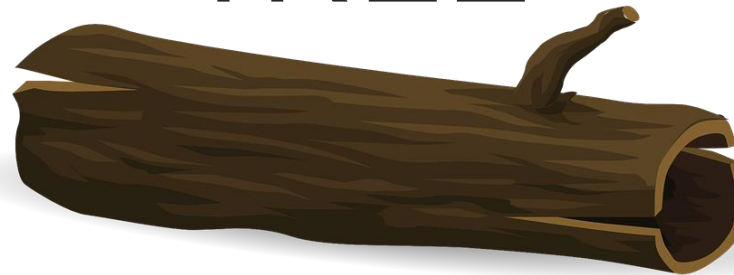




'Joy' with Nat Blanchard



STORY LOG & TREE



- Please sit together with the rest of your team.
- Have a discussion as a team and start completing the worksheet on your table 'Our Team's Story Log' to capture your team's journey so far.

- In your teams have a discussion and write down on 2 post-it notes the following:
 - 1 WOW moment- a piece of learning or discovery from your teams project so far
 - 1 OW moment- a tricky or challenging moment from your teams project so far
- Add each of the post-it notes to the trees on the wall
- Read the post-it notes from other teams and the story logs from the last learning set. Discuss: what are the similarities and differences with your experiences as a team so far?



OVERCOMING BARRIERS



Project Health Self-Assessment

- Each person to complete the Project Health Self-Assessment by following the link below:

www.menti.com

enter code 30 90 80

Troika Consulting Overview

- 1) After completing Project Health Self-Assessment
- 2) Split into groups of 3 people, not from same project. (1 min)
- 3) Think about a challenge from the self-assessment and what kind of help you need. (1 min)

- 4) Triads have first client share his or her question. (2 min)
- 5) Consultants ask the client clarifying questions. (2 min)
- 6) Client turns around with his or her back facing the consultants
- 7) Together, the consultants generate ideas, suggestions, coaching advice. (5 min)
- 8) Client turns around and shares what was most valuable about the experience. (2 min)
- 9) Client documents up to 3 things they are going to try from the discussion. (2min)
- 10) Groups switch to next person and repeat steps 4 to 10 until everyone has been a client.
- 11) Add any unresolved problems to Feed-Forward Wall (2min)

Troika Consulting

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OBJECTIVES



What will you do next?

- Individually or as a team think about and write down your top 3 takeaways from today's session that you plan on working on before the next learning set- 8th January
- Write down what your next steps will be and what actions you will focus on to achieve these

ImproveWell focus group
4pm to 4:45pm

Objectives

1. Make sure to connect with your [QI Coach](#) to help you work through barriers impeding your testing.
2. Once you have enough baseline daily baseline data from the [Good Day Measure](#) move to weekly collection
3. Make you progress visual to your whole team e.g. using a [Kanban board](#) or similar
4. Plan to [test at least 2 change ideas](#) between now and the next learning set, make sure these are [recorded on LifeQI](#)
5. Ask about sharing your journey so far at the [January QI Forum](#) in your directorate

Key Dates

Learning Set	Date & Time	Location
Learning Set 5	Wednesday 8th January 2020 2.00 - 4.00pm	Holiday Inn, Coram St, Bloomsbury, London WC1N 1HT
Learning Set 6	Tuesday 4th February 2020 2.00 - 4.00pm	
Celebration Event	Tuesday 3rd March 2020 2.00 - 4.00pm	