



# Reducing incidents of pressure ulcers.

## Timi Ogunlowo

### Aim

- To reduce grade 3-4 PUs acquired in the EPCS by 25% by December 2015.
- To reduce grade 2 PUs acquired in the EPCS by 25% by December 2015.

### Why is this important to service users and carers?

Pressure ulcers within the community has been a major challenge both in managing and prevention. This causes a major cause of stress and distress for patients. this results in a better quality life for patients cared for within the community.

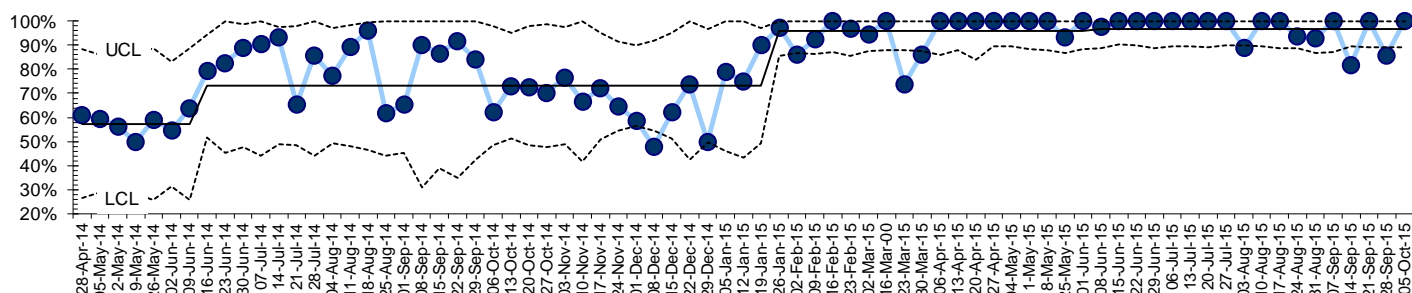
### Outcome measures

**Measures:** No of water low assessment completed for all new patient; No of SSKIN Bundle care plans completed for all patients with water low scores above 10.

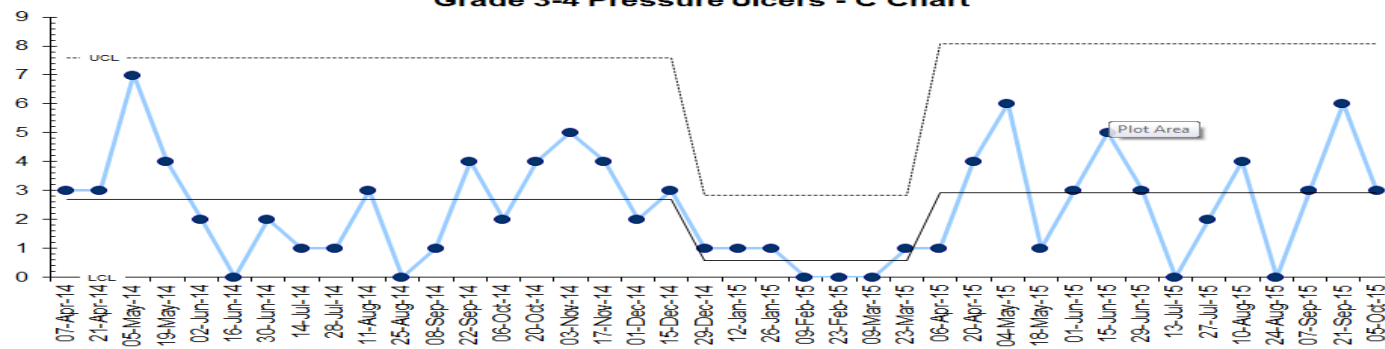
#### Why did you choose those measures?

To effectively prevent pressure ulcer, patients at risks needs to be identified, usually through a water low score and a preventative care plan needs to be put in place (SSKIN Bundle)

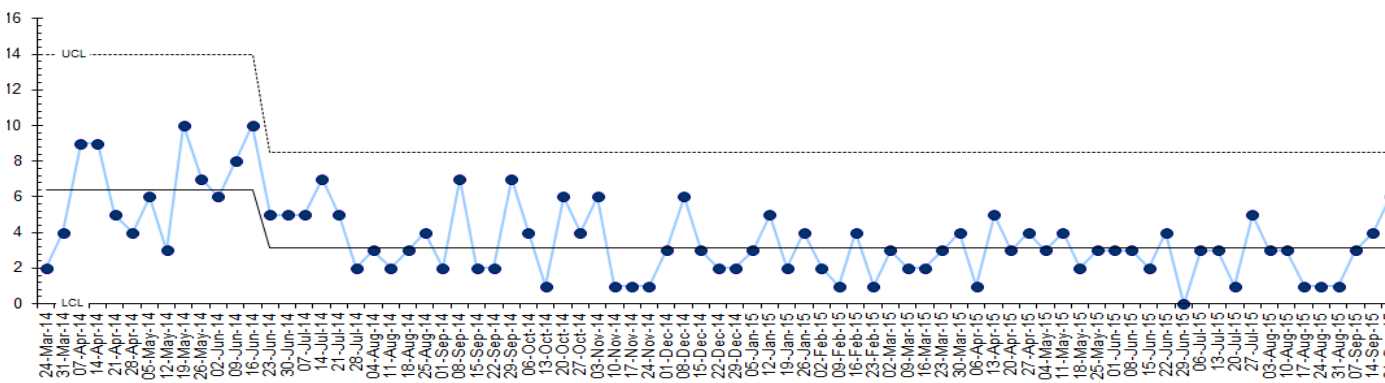
Overall Waterlow Completion Rate in EPCT - P Chart



Grade 3-4 Pressure Ulcers - C Chart



Grade 2 Pressure Ulcers - C Chart



### Learning

A reduction in pressure ulcers has been observed, this has led to change in clinical practice as all MDT members have been trained to complete a water score assessment and identify patients at risk of a developing pressure ulcers. This is now embedded in practice.

### What are we testing?

Ascertain that completing water low scores on all newly referred patients and putting a SSKIN Bundle in place will reduce the incidence of pressure ulcers amongst house bound patients.

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