

ELFT's QI Projects

Nb. of Active Projects

188

Record Number	Title	Aim	Location
122757	Enjoying Work - SPoA Team	To increase enjoyment at work by 20% by March 2020	SPoA, Single Point of Access - Queensborough House, Dunstable
124236	John Howard Centre Unit - Sexual Safety Collaborative	To increase the percentage of service users and staff who feel safe from sexual harm within mental health and learning disabilities services	John Howard Centre
124255	Ruby/Ivory Wards - Sexual Safety Collaborative	To increase the percentage of service users and staff who feel safe from sexual harm within mental health and learning disabilities services	Newham Centre for Mental Health
130193	Increasing the Co-production of Improvement	To increase co-production of improvement across ELFT	
142888	Improving the Cardiometabolic Health of service users on Broadgate Ward	Achieve a 5% reduction in median baseline body weight amongst Broadgate inpatients over the next 4 months.	Broadgate Ward
144924	PATHWAYS - A new app supporting service-users and staff to visualise the recovery journey.	To improve the tracking, centralisation and digitisation of service-users' progress through their recovery pathway, from admission to discharge by 15% within 12 months.	John Howard Centre
148148	Increasing 'Big I' People Participation in the Cancer and Palliative Care Psychology Service.	We aim to have increased the incidences of 'Big I' Service User/Carer involvement in the Cancer and Palliative Care Psychology Service (by end of 2023).	Cancer and Palliative Care Psychology Service, (Mountbatten House, Dunstable)
150191	Patient Flow in Forensic Services	Maintaining Flow, Tackling Stuckness: To ensure our patients are in the minimally restrictive Forensic setting to maximise their quality of life, whilst ensuring services and individuals are safe.	Forensic Services
150454	Admissions Optimisation - Evergreen	Reduce length of stay at inpatient unit	Evergreen CAMHS Tier 4 Inpatient Unit - Luton (BLMK)
150818	Tower Hamlets Talking Therapies Equity Project	To Increase the reliable improvement rate of Bangladeshi Service Users to 68% by June 2025	Tower Hamlets
150871	Understanding and removing barriers for underrepresented groups accessing care at PTS	By January 2025 we aim to improve access for underrepresented groups, to match the borough population as indicated by census data, with respect to those offered an assessment at PTS, i.e.: over 65s 6%, people of BAME heritage 61% and men 50%.	Psychological Therapies Service - Tower Hamlets
151220	To improve the waiting list experience for service users	To improve the experience they have on the waiting list and ensure they still feel connected to our service whilst waiting or have other services or activities we can signpost them to.	
151571	Increasing Psychology Case Consultation Provision To 100% Of The Early Intervention Service Caseload Within 8 Weeks of Acceptance Into The Service	Increase psychology case consultation provision to 100% of the Early Intervention Service (EIS) caseload within 8 weeks of acceptance into the service.	Bedfordshire and Luton Early Intervention Service
152560	Cultural Neuropsychology	To be make our neuropsychological practice more culturally inclusive.	Luton and Bedfordshire MAS
152916	Improving referrals of patients on clozapine to the Psychiatric Liaison Service (PLS)	To achieve an 80% referral rate to Psychiatric Liaison Service, for general hospital inpatients prescribed clozapine within 12 months.	Luton & Dunstable Hospital and Bedford Hospital
154632	Improved quality of care for dual diagnosis	increased number of jointly worked dual diagnosis SUs	

	Project Title	Project Description	Location
	service users in ELFT & Resolutions		
155515	Prevention and Management of Contractures in Care Homes	To see an increase in the number of referrals for the prevention of contractures prior to a contracture developing by 50 percent.	Primary Care at Home South
156135	Improving trauma-informed support during pregnancy to women from Black, Asian and other minority ethnic backgrounds with moderate to severe fear of birth (tokophobia)	To increase identification and support of moderate to severe tokophobia in birthing people from Black, Asian and other minority ethnic backgrounds by increasing tokophobia referrals from the Luton area to Ocean by 25% by October 2024	Bedfordshire & Luton Ocean service, Luton & Dunstable Hospital
157139	Improving Recycling in Acute Psychiatric Wards	We aim to improve recycling from 18% to 30% by end of June 2026 and improve service users and staff experience on the ward.	Oakley Court
157500	Strategic recruitment	Increase the number of delegates who attend our trainings (Master Classes & PQI) by X% by X.	
157794	Combating the workforce crisis in the Trust by tapping into the SAS Doctors potential.	To increase by 100% the number of SAS doctors gaining a internal promotion, And: To create a Community of Practice to initiate, measure and demonstrate improvements in the effective use of SAS doctors' expertise in ELFT.	NE London
157855	Improving Access to Community Services for the Homeless Population in Tower Hamlets	To increase number of first appointments for foot health attended by homeless people to 9 per fortnight by December 2024.	
157909	Improve accessibility of MHST services for South Asian children and young people within Wave 5	Improving accessibility of Mental Health Support Team services for South Asian CYP within the South Neighbourhood of Luton, with an increase in new referrals of 25% by September 2024.	
158049	Forensics Violence Reduction Collaborative - Limehouse		
158559	CLDS Transition-improving the assessment process	Ensure 75% service users have a transitions plan in place by their 18th birthday - by end of May 2025	
158720	Forensics Violence Reduction Collaborative-Clissold		
158801	To improve the experience of the loved ones, in the loving memory of "John A Gaitan".	To improve the experience of the loved ones (Family & Friends) by enabling them to work in "equal partnership" with professionals to enhance the care of their loved ones across the care pathways.	Tower Hamlets Centre for Mental Health
159393	Reducing early dropout rates in P2R	Reduce number of early drop outs to 10%	Path 2 Recovery
159423	Improving communications with external stakeholders - ward teams	Improve communication between PLS & ward teams; reduce number of rejected referrals to PLS via ICE referral system by 50%	Luton and Dunstable Hospital
159602	Reducing medication usage in frail older people on inpatient wards	Reduce the amount of unnecessary medications used on Fountains Court	Fountains Court
160098	To improve support for Staff in relation to Safety Incidents	A compassionate, needs-based support response to all our staff affected by incidents PLUS a supportive approach through all our safety review work by the end of 2024.	
160302	Increase awareness of healthcare careers at ELFT for local residents	Increase the number of work experience placements for people aged 16 to 21 from ELFT service areas by 50% over a 12 month time period (August 2024 to September 2025)	
160934	NutriFit - Woodberry Ward	To increase our satisfaction with our physical health, achieve a healthier BMI and increase physical activity levels with the support of Physical Health Ambassadors	Woodberry ward, Wolfson House
161250	Forensics Admissions-	To address and minimise delays in the referral to admission process and to ensure	

	Flow QI	all new admissions have an initial treatment pathway within 4 weeks	
162069	ELFT: Path 2 Recovery Additions - Project to reduce wait time for drop in or ad hoc requests of clients	To reduce the wait time of ad hoc/drop in patients from x to y by December 2024	P2R
162945	Reducing DNAs for Newham diabetes service	To reduce the % Percentage of Did Not Attend (DNA) to 25% for the Diabetes Adult Clinic by June 2025	Diabetes Unit, Shrewsbury Road Health Centre
163115	Reducing DNAs in Newham's Musculoskeletal Physiotherapy service	To reduce DNAs from 21% to less than 10% across all MSK pathways by 30th June 2025	MSK Physiotherapy, 29 Romford road, Stratford
163335	Improving the Culture of Care on Bedfordshire and Luton Inpatient Wards	Increase the percentage of positive responses to the ELFT question: 'Overall, how was your experience to our service?', from an average of 76% to 90% on Willow and Coral ward, by October 2025.	Coral Ward (Luton), Willow Ward (Bedford)
163536	Is it Worth It? Addressing AWOL on Hoxton Ward	Achieving and maintaining zero AWOL incidents on Hoxton Ward throughout 2026	Wolfson House
163658	Forensics Discharge-Improving Flow QI	To improve the flow of service user discharges in the forensic setting by reducing length of time of discharge process, increasing reporting of CRFD and improving service user satisfaction of discharge	ELFT Forensic Services
163814	Reduce gaps in assessment of physical health risk factors, specifically cardio vascular disease, and appropriate interventions for patients with SM?	To complete 100% of annual health checks within the month that they are due for all eligible service users within the low secure forensic setting by July 2025.	Wolfson House
163904	Enhancing Telehealth Referrals from District Nurses for Pressure Area Care: A 20% Improvement in Six Months	Increase the number of referrals from DN for pressure area care by 20% in six months.	Newham
163938	Forensic Violence Reduction Collaborative - Woodberry Ward	To reduce the number of incidents of violence (physical, non-physical and sexual) on Woodberry Ward	Woodberry Ward, Wolfson House
164003	Improving partnership working between Tower Hamlets Community (THCHS) and Mental Health (THMH) Services	Increase staff satisfaction of integrated working between THCHS and THCMH by 25% by 31/12/2026	ELFT (Tower Hamlets)
164114	Reducing waiting times for Psychology & PBS treatment using a stepped-care model.	To reduce the number of weeks waiting for a first treatment session by 50% to less than 26 weeks by December 2025.	Twinwoods (Bedford)
164223	Team Harmony	To enhance staff satisfaction and patient care by fostering better communication and stronger staff relationships, with the aim of increasing the percentage of staff who feel supported by their team from 50% to 90% by the end of September 2025.	Mborgate Ward - John Howard Centre
164566	Freeing up analytical resources and ensuring quality responses to ad-hoc requests (ServiceNow).	To free up analytical resources in the Data & Analytics Team by reducing the number of ad-hoc requests from 20 per week to 15 per week by April 2025.	The Green, Bethnal Green
164648	Reducing frequent catheter-related call outs to Rapid Response	To reduce number of catheter-related call outs to the Tower Hamlets Rapid Response service from 30 to 18 per week by May 2025	Mile End Hospital Rapid Response Services.
164665	Improving PROMS completion	To improve the number of patient routine outcome measures (PROMS) completed	Bedfordshire and Luton
164706	Reduction of Falls at Poplars ward and Fountains Court	We aim to achieve 50% reduction in the number of falls at Poplars ward and Fountains Court by April 2025	Poplars Ward and Fountains Court
164715	To deliver Carer-focused support and education to 75% of carers by September 2026	To deliver Carer-focused support and education to 75% of carers by September 2026	

164942	Increase Service User participation in their therapy provision and plan	Reduce number of service user discharged from the Community Therapy Team Caseloads following the Initial Contact due to ?Non Compliance/Non engaging? by 80% by July 2025.	Tower Hamlets
165026	Improve access for Black women to ELFT Perinatal Services - Race and Health Observatory Learning and Action Network (National Project)	Increase access for Black African, Black Caribbean and Mixed White/ Black African and Caribbean women to ELFT Perinatal Services by 10% by March 2025.? To use anti racist approaches and improve patient experience?.	
165033	Reduction of disposables, dry goods and breakfast	To reduce the use and cost of kitchen disposables by 90% in Forensic wards by July 2025	
165051	Improving routine enquiry for domestic abuse	For routine enquiry into domestic abuse to be complete at every significant contact by end of June 2026.	Trust wide
165068	To improve the quality of information available online to ELFT Admins and increase the exposure of the Corporate Governance Team by creating a specific Admin extranet page/platform by March 2026; in collaboration with all Admins across ELFT.	To improve the quality of information available online to ELFT Admins and increase the exposure of our Corporate Governance Team by creating a specific Admin extranet page/platform by March 2026; in collaboration with all Admins across the Trust.	Trust Headquarters
165076	Improving Confidence for doctors managing physical health needs of psychiatric inpatients out of hours.	To improve the confidence of doctors covering psychiatric inpatient wards out of hours in managing urgent physical health issues across ELFT and NELFT sites. We plan to improve confidence on our survey from 60% to 70% by August 2026.	Tower Hamlets Centre for Mental Health, Newham Centre for Mental health
165158	Bi Qi	To improve recovery rates for service users that identify as bisexual	Bedfordshire Talking Therapies
165170	Culture of Care	To provide safe, trauma informed, therapeutic and equity-focused inpatient care	Bevan & Joshua Ward - City & Hackney Centre for Mental Health
165174	Medical Devices Inventory system	Reduce the number of not presented in NCHS by 60% in 6 months	Newham CHS
165183	CRT North - Physical Health	80% of the caseload to have an up-to-date physical health screen by October 2025	
165260	Working with our referrers to improve patient access to receive care from the Bedfordshire Cancer and Palliative Care Psychology service.	The Psychology team, hospital based Clinical Nurse Specialists (the referrers) and service users aim to increase equity of referrals received across hospital based cancer teams. The project aims for 50% of non-referring teams to have made a referral to the Macmillan Psychology Service by December 2025.	Bedfordshire
165334	Increasing referrals to THAS from under represented ethnic groups to better align with the demographics of the local population.	By December 2025 to double the number of referrals of Bengali women (to around 30%) in order to bring this more in line with the local population figure.	Tower Hamlets Autism Service
165418	Improving Patient Flow in Tower Hamlets Mental Health	To reduce LOS to 36 days (including leave) by October 2026	Tower Hamlets
165569	Woundcare Project	To reduce dressing expenditure by 25% by 31st March 2025.	
165571	Reduce unnecessary glove use	The IPC team would like to reduce glove use by 50% in JHC, THCMH and Fountains court by 31st of March 2025. Staff to stop wearing gloves while serving food to patients during meal time.	Tower Hamlets, Forensics and Bedfordshire.
165628	Improving dementia diagnosis rates in Central Bedfordshire	To make the necessary qualitative changes in the Memory assessment processes in Central Bedfordshire in the next year, with the aim of improving the diagnosis rates to the national average.	Luton and Bedfordshire

165668	Enjoyment at Work in the Data & Analytics Team	To improve the satisfaction and enjoyment of work of the data and analytics team, by increasing the scores from 3.3 to 3.9 in average for the pulse survey by May 2026	The Green
165789	Co-Production in Quality Improvement	To move from 48% to 60% big I involvement in QI projects, Trustwide, and improve experience of meaningful involvement by December 2025.	
166035	Reducing DNAs in Newham CIMHS North Team	Reduce DNAs in Newham CIMHS team from 26% to 16% by end of September 2025.	Newham CIMHS North
166185	Reducing inequalities at End of life care for the adult community in Tower Hamlets known to the Extended Primary Care Teams	To increase use of formal interpreters from 0% to 50%, for clients who need interpreters on the Extended Primary Care Team, by April 2026, to improve the care delivered at end of life and equality in access to care.	
166266	Streamlining GP Referral pathway to Community Mental health Team	To streamline GP referral pathway at Primary and secondary care interface by March 2026	Florence Ball House (ELFT), Primary Care Surgeries ,that are involved , IT systems where the referral and information packs will be embedded available and live
166284	ELFT Community Eating Disorders Service project to increase referrals from underrepresented patient populations	To increase referral rates for service users of Bangladeshi background from x% to y% by December 2025	East London Eating Disorders Service
166374	Pharmacy Visibility	To increase pharmacy visibility across inpatient ward in new innovative ways	
166433	Establishing Formal Guidelines for Moderate and Strong Action Plan Development	Develop staff engaged in safety reviews to understand Action Strength Categories, equipping them with the ability to introduce moderate and strong action strength categories in safety investigations PSIs. Phasing in 72 hour reports, CRTs and AARs in 75% of all investigations by April 2026.	Trustwide
166629	Improving Quality of MM Discharges from Acute Hospitals into Community Settings	Mitigate risks and challenges in the transfer of patients from Secondary Care into Community Health Services by reducing% per month to%	Bedfordshire Community Health Services
166653	The Biggest Loser	Service Users to lose 15% of their body weight by August	Aldgate Ward
166688	Tower Hamlets project to improve the completion of physical health assessments during inpatient admissions	To increase the completion rate of physical health assessments during admission for inpatients in Millharbour, Brick lane, Globe ward, Lea Ward, and Cazaubon Ward from a baseline of 35% to 70% by 30th March 2026	Mile End Hospital
166802	CMHT Luton Psychology waiting times	Reduce the waiting time of referral to start of Psychological intervention by 25%, from 10 months to 7.5 months, in CMH Service Luton by February 2026	Charter House
166969	Joy In Work	Reduce the turnover rate of newly recruited staff within their first 12 months of employment from 15% to 5% by January 2026.	Beamont House, Mile End Hospital, E1 4DG
167239	Improving End Of Life documentation in Newham by 30% by June 2025	Improve End of Life documentation for patient in Newham EPCT by 30% by June 2025.	
167452	CEEDS Enhancing Cultural Competency	"By September 2026, increase staff confidence from 60% to 90% in conducting culturally competent conversations during initial assessments and clinical formulations."	
167636	Improving access to psychological therapies within secondary mental healthcare for service users who are from the global majority.	To increase the number of psychology referrals of the service users who identify as being from the South Asian community from 4% to 8% over a 12 month period.	Bedford Community Mental Health Service
167640	Quality Engagement on Gardner & Ruth Seifert Wards	Improving the accuracy and quality of documentation in Gardener and Ruth Seifert ward. Team to be orientated with new progress notes template starting from 01/01/25 aiming got be 90% compliant by 01/06/25.	Gardner Ward Ruth Seifert Ward
167949	Improving the experience of international Graduates working in ELFT.	By April 2026, 80 % of newly recruited International Medical Graduates (IMGs) in ELFT who feel confident in understanding their roles and Trust systems within the first 3 months of joining ,through structured induction, mentoring, and peer support initiatives.	This QI project will take place over 12 months at ELFT Bedfordshire, focusing on improving the induction, mentorship,

and support for International Medical Graduates (IMGs) to enhance their integration, reduce burnout, and improve staff retention.

167978	Improving the Recovery Outcome for Patients that Require an Interpreter by 5% by August 2026	Improve the Recovery Outcome for Patients that Require an Interpreter by 5% by August 2026	Bedfordshire Talking Therapies
167984	Improving the safety of patient transfers between mental health inpatient and acute hospital settings.	To improve patient safety, reduce errors, improve quality of care and better define the role of the Psychiatric Liaison Service in this context.	East London NHS Foundation Trust-Bedfordshire Luton & Dunstable Hospital/ Poplars Ward
168014	Enhancing Inclusion of OT Recommendations in Discharge Planning from NCFMH?	Aim: For 70% of OT Recommendations to be included in discharge summary's in NCFMH by March 2026	
168071	Increasing knowledge and confidence in cultural competencies in Mid-Beds CMHT Psychological Therapies staff	Increasing knowledge and confidence in their cultural competencies by 30% within Mid-Beds CMHT Psychological Therapies staff by June 2026.	Mid-Bedfordshire
168301	To reduce the waiting time for autism diagnosis in CHAND/ SCYPS from 24 months to 12 months	To reduce the waiting time for autism diagnostic assessment from 24 months to 12 months	
168398	Reducing length of stay on older adult inpatient mental health units in Luton and Bedfordshire.	To reduce length of stay from an average of 100 days to 60 days by April 2026 at Fountains court and Poplars ward	Fountains court and Poplars ward
168527	Reducing Missed Medical Appointments in Forensic Inpatient Wards?	To improve the attendance of external medical appointments by 20% in four forensic inpatient wards (Stratford, Westferry, Broadgate, and Morrison) at the John Howard Centre for Mental Health by August 2026.	John Howard Center
168559	Insulin Incidents	Reduce primary care-related insulin patient safety events by 50% from 4 to 2 per month by March 2026	
168642	Ruby Ward - Improving Therapeutic Engagement	Enhancing the Quality of Observations and Therapeutic Engagement on Ruby Triage Ward.	Ruby Triage Ward
168809	Reducing Intermittent Observations on Rosebank Ward	To reduce the number of patients on intermittent observations by April 2026	Rosebank Ward
168812	To reduce bank spend in the forensic directorate	To reduce bank spend by 20% in forensics over a 6 month period, May - October '25	Forensics
168865	Response and learning from PALS Medication complaints	To reduce medication complaints/PALS by 50% in Luton and Bedfordshire inpatient and community mental health services by December 2026	Trust HQ, Alie Street
168875	AAC Panel Improvement Group	By June 2026: Have a clear and efficient process to arrange face to face AAC panels. Allow for timely consultant interviews that will improve our recruitment process.	Medical
168910	Sapphire Ward - Reducing intermittent observations and increasing therapeutic engagement	To safely eliminate the use of inappropriate intermittent observations on sapphire ward by March 2026, by introducing alternate approaches to care that actively engage staff, service users and carers	Sapphire Ward
169056	Implementation of the PCREF in Newham Directorate	To implement the PCREF framework in Newham's mental health services and embed within services by December 2025	Newham Centre for Mental Health
169066	Observation to Engagement - Luton & Bedfordshire	To safely eliminate the use of inappropriate intermittent observations across Beds and Luton wards by March 2027	Jade Ward (PICU), Onyx Ward, Fountains Court (OA)
169098	Reducing intermittent observations and improving engagement	Reduce and eliminate intermittent observations and improve engagement with service users	Clissold Ward, Wolfson House Low Secure Service

169380	Medication Wastage Reduction QI Project	Our aim is to achieve a 50% reduction in medicine wastage by end of October 2025.	NCFMH (Teams)
169414	To eliminate the use of inappropriate intermittent observation on Bow ward by March 2026.	To eliminate the use of inappropriate intermittent observations on Bow ward	JOHN HOWARD CENTRE
169529	Reducing Intermittent Observations in Coborn Acute Ward	To reduce use of intermittent observations by 50% whilst improving young people engagement on the ward, by March 2026.	
169581	To improve safe and timely management of deteriorating patients and cardiac arrests due to medical emergency trust wide.	To improve trust wide compliance with medical emergency and resuscitation mandatory training from 75% to 90% by Dec 2025.	
169708	From Observations to Engagement (City & Hackney): Safely Reducing 15-min Obs Whilst Increasing Therapeutic Engagement	To introduce alternative approaches to care that actively engage staff, service users & carers in order to safely eliminate the use of inappropriate intermittent observations on a further 21 inpatient wards by September 2026, by scaling Phase 1 change concepts across diverse clinical settings	Joshua and Gardner wards (Phase 1), Brett, Conolly and Ruth Seifert wards (Phase 2)
169730	Forensic PCREF	TBC Aim and data collation pending as in early stages, we would like to do some nominal group work to establish specifics and consult with others. We are looking at data for; ethnicity, type of section, length of stay. Potentially other demographics and aim/change idea specific measures. We may decide to focus on service-specific issues over a specified period of time, 4-6 months, for example. The following issues are already potentially of interest from PCREF data explored -Length of Community Treatment Orders (CTO) for Global Majority service users -Patient Safety Incidents around causing harm -Length of detention for s48/49 service users (forensic service) -Length of stay, discharge barriers, criminality within the service, use of restrictive practice e.g. seclusion	Forensic Directorate
169773	Reducing DNA Rate for the Continence Service	Reduce missed face-to-face appointments in the Tower Hamlets Continence service from 27% to 12% by April 2026	Continence Service
169825	Eliminating unnecessary intermittent observations & improving the therapeutic environment of the ward	To safely eliminate the use of inappropriate intermittent observations on Bow ward by march 2026, by introducing alternative approaches to care that actively engage staff, service users & carers.	Bow Ward
169849	Reducing complaints in the Phlebotomy service and improve staff experience	We wanted to use QI structure to improve those complex problems Reducing complaints in the Phlebotomy service and improve staff experience	East London Foundation Trust Phlebotomy Department
169900	To Reduce Variation in QI Sponsorship Support and Practice Across ELFT	To Reduce Variation in QI Sponsorship Support and Practice Across ELFT?	
169976	HIU management sharing platform	To reduce the number of S136 by 90% of all HIUs in the City, outside of Mental Health Street Triage Hours by January 2027.	Bishopsgate police station
170020	Improving young people and parents experiences whilst on the ADHD assessment waiting list	To achieve 80%+ 'very good' feedback for ADHD waiting list process at Tower Hamlets CAMHS by June 2026	Tower Hamlets CAMHS
170193	Newham Learning Disability Team - Increasing access to blood tests (through increased confidence)	To increase confidence by 50%, in relation to blood tests, for people with LD	Newham Health team for Adults with Learning Disabilities
170378	Reducing delays in section 17 leave	To develop strategies to improve the efficiency of Section 17 Pre-Leave assessments and documentation.	Butterfield Ward
170642	Increasing attendance at parent behaviour groups	To increase attendance at parent behaviours that challenge groups delivered by the City & Hackney mental health in schools team by 50% by June 2026.	
170720	{Vs2} Increase participation and meaningful engagement of older adults via People Participation	The aim is to Increase Older Adults participants in PP Group by 6, by the 30th June 2026	
170757	Aim: 100% of service users within low secure	Aim: 100% of service users within low secure forensic mental health unit to have received routine physical health antipsychotic monitoring in 6months	Wolfson House Low Secure Forensic Unit

	ensure within new secure forensic mental health unit to have received routine physical health antipsychotic monitoring within 6months.	reduced routine physical health antipsychotic monitoring in outpatients.	Secure Forensic Unit
170798	We will improve reliable recovery rates for patients using silvercloud treatment in Tower Hamlets talking therapies by 20% by June 2026	We will aim to improve reliable recovery rates for patients using silvercloud treatment in Tower Hamlets talking therapies by 20% by June 2026	Tower Hamlets
170890	Increase Older Peoples referrals	Our aim is to increase the number of referrals from older people (65+) to Bedfordshire Talking Therapies from 7% to 9% by January 2027	Bedfordshire
170929	Reducing Time to Foot Ulcer Healing in Bedfordshire Community Podiatry Service.	To improve the National Diabetic Foot Audit (N DFA) 12 week ulcer healing measure by up to 3% in the Bedfordshire Community Podiatry Team by August 2027.	ELFT Podiatry CHS Luton & South Bedfordshire
170933	To improve the quality of referrals from Newham TOCH to district nursing	Reduce the number of Inphases and near Inphases completed for incomplete referrals via Newham IDH to district nursing by 50% by September 2026	Newham University Hospital
170968	Improving Flow Through the Psychology Pathway within The Bedfordshire & Luton OCEAN Service	To reduce the waiting time between assessment and treatment for those on the OCEAN psychology waiting list by approximately 50% (15 months to 7 months) by April 2026	John Bunyan House, Bedford
171000	CJLDS Service User Feedback	Development of appropriate and suitable service user feedback questions that are specific to CJLDS and not generic like current ELFT PREMS. Obtain service user feedback via trialling multiple different ways of obtaining the feedback. Increase formal feedback numbers to aid service and practitioner development.	ELFT
171002	Improving Safety Monitoring in Patients on Psychotropic Medications	To improve safety monitoring in patients on psychotropic medications	Wolfson House
171004	Improving Physical Health Monitoring in Newham Early Intervention Service	Increase the percentage of patients with first-episode psychosis who complete physical health monitoring across all domains to above 90%	Newham Early Intervention Service
171041	Developing a train-the-trainee training package for psychiatry core and higher training resident doctors to enhance their skills in delivering simulation teaching to undergraduate medical students and post-graduate psychiatry resident doctors	To create a train-the-trainee package in simulation-based education for all resident doctors during their core and higher psychiatry training programmes. To reduce the barriers preventing resident doctors from accessing this training Expand the simulation faculty within ELFT.	ELFT
171044	Improving efficiency of triage in Wheelchair Services	Reduce time spent on triage in wheelchair service by 10% by June 2026 Standardising the triage process and reducing the volume of duplicated triage work. To increase staff satisfaction with the triage processes by 20% by November 2026.	Steppingley - Flitwick - Wheelchair Services
171085	Gloves usage on Fountains Court	To reduce gloves spending on fountains court by x% by June 2026	Fountains Court Ward
171144	Improving Staff Wellbeing at Bedford Community Mental Health Services	Receive 80% positive responses to the staff wellbeing survey in Bedford Community Mental Health teams by December 2026	Bedford CMHTs - Florence Ball House
171183	To improve Referral Pathways from CMHT to the Perinatal Mental Health Team in Luton and Bedford	To increase the number of appropriate referrals from the Community Mental Health Team (CMHT) to the Perinatal Mental Health Team (PMHT) by at least 30% within six months, through staff engagement, awareness sessions, and process improvement measures.	John Bunyan House, MK402NT
171189	Healthy Liver: Liver Scans for Inpatients with Severe Mental Illness	To test whether a liver screening process can be introduced and maintained within inpatient mental-health wards, offering FibroScan liver health checks to at least 90% of eligible inpatients on one male and one female ward, with a target of at least 60% of those offered the scan completing it, and ensuring that 100% of abnormal results are referred to hepatology by the end of March 2026	Mile End Hospital, Globe Ward and Roman Ward
171216	The Welcome Experience	Improve the waiting room experience for service users and carers attending mental	Alia Street

171210	The Welcome Experience Project	Improve the waiting room experience for service users and carers attending mental health, learning disability, and autism services across Northeast London by December 2026. Demonstrated by: 20% increase in positive feedback 15% reduction in reported anxiety Achieved through: sensory-friendly adjustments, clearer information, and staff training.	Five Street
171225	Enhancing Psychological Support in the BHS Tier 3 Obesity Service	The project aim is for the BHS Tier 3 Obesity Service to increase psychological support and reduce the waiting time for an individual psychological assessment and intervention appointment from the current 8 months to 4 months or less by May 2026.	Luton and Dunstable University Hospital
171259	In our E&B team, can we reduce the proportion of cases recorded as 'Other' ethnicity by 2.5% over the next 6 months, by improving the accuracy of ethnicity recording?	To reduce team wide the number of recorded 'other' ethnicity by 2.5% over a period of 6 months i.e. taking the other ethnicities from 20% to 17.5%. Identify disparities in access, experience, and outcomes. ? Recognise and respond to the needs of marginalised or underrepresented groups. ? Plan services and interventions that are targeted and equitable. ? Build trust with the communities we serve by showing that their identity and experiences matter. By improving the accuracy of ethnicity recording and reducing reliance on the 'Other' category, we can make better-informed, evidence-based decisions that support equity and inclusion in care.	Children and Young People's Centre 15 Homerton Row E9 6ED
171284	Increasing the volume of patient and carer feedback obtained on Leadenhall Ward, an acute older adult inpatient unit.	To increase the quantity of feedback obtained by 150% to 20 responses a month by December 2026.	Leadenhall Ward, Mile End Hospital
171326	Improving experiences on Mother and Baby for Neurodivergent service users.	To improve service users experience whilst on the unit and to increase staff knowledge around Neurodiversity.	Mother and Baby Unit - City and Hackney
171333	Improving Dialogue+ on Ivory Ward	Improving the quality of Dialogue+ on Ivory Ward	
171361	Improving the Collection of Patient and Carer Feedback for Inpatients on Evergreen	Increase the number of patient and carer feedback on Evergreen by 4 per month by August 2026	
171372	Improving and Sustaining Security Documentation	To achieve 90% compliance in security documentation by December 2026	John Howard Centre and Wolfson House.
171376	Increase access to our traveller and Romany community	To increase referral rates into Leighton Buzzard Community Mental Health Team by 10% with in 12 months	Leighton and Dunstable CMHT
171380	Reducing length of overstay in non commissioned Discharge to Assess beds by improving communication and support for these provisions	To reduce the length of overstay in non commissioned D2A beds by 25% by December 2026	BCHS Community Beds Team
171383	Raise Awareness of Adultification Bias at the Coborn Centre an Adolescent Inpatient Setting.	To improve awareness and understanding of Adultification Bias, Coborn Unit, by 50%, by September 2026	Coborn Centre for Adolescent Mental Health
171542	Increasing referrals to CRHTs from the Pakistani community in B&L	Luton CRHT aims to increase referrals for people of Pakistani ethnicity by 15% by the end of April 2026.	
171564	Improving Bank Staff Experience	Improving Bank Staff Experience	Tower Hamlets Recovery College
171570	Bridging the Gap: Using Desensitisation to Ease Healthcare Anxiety in Learning Disability Care	To increase access for people with a Learning Disability (PwLD) to physical health procedures, such as blood tests, injections, and blood pressure monitoring, by reducing the use of restrictive practices, including clinical holds and oral sedation through structured desensitisation approaches by 20% by April 2026.	
171604	Increasing the diversity of referrals into People Participation	To increase the diversity (gender, ethnicity) of People Participation to be more reflective of the services and population in Bedfordshire CHS by January 2027. To increase the proportion of men to 30%. To increase the proportion of non-white British people in PP to 25%.	Bedfordshire
171655	Reducing incoming emails to the Communications inbox	By June 2026, reduce the volume of incoming emails to the Communications inbox, through improved processes and clearer information pathways, to increase team efficiency and enhance the quality of support provided to staff, service users, and the	

	to improve efficiency and the support we provide?	public.?	
171693	Empowering Young People to Understand Their Own Health	To increase participation in Annual Health Checks (AHCs) by 40% from current baseline data among young people aged 14-25 with learning disabilities within a six-month period, while ensuring that Health Action Plan (HAP) information is consistently incorporated into annual reviews, in order to improve care coordination and enhance understanding among young people and professionals about the purpose and value of HAPs.	
171746	Improving the Support We Offer to Families Throughout the Autism Assessment Journey	To review and improve the support provided to families at each stage of the autism assessment process to ensure it is aligned with families' identified needs.	Lord Lister Health Centre
171775	Improve patient & carer experience of transition from child Community Nursing Services to District Nursing Services in Tower Hamlets	To begin joint transition meetings between adult CHS and CCNT to facilitate smoother and SAFER transition process	Tower Hamlets
171797	To reduce the amount of time that people on the MS Service caseload spend suffering from the effects of a urinary tract infection, by 30% by November 2026.	To reduce the amount of time that people on the BCHS MS Service caseload spend suffering from the effects of a UTI, by 30%, by November 2027. We aim to do this by implementing: The national NICE guidelines for the treatment of recurrent UTI, and An MS specific local protocol, guided by the New consensus document: Management of bladder dysfunction in people with multiple sclerosis (2022), with supported self management for early identification and treatment of UTIs.	Bedfordshire community health services
171814	Improvement of Tower Hamlets Community Referrals to Tobacco Dependence Service		Tower Hamlets, Mile End Hospital
171827	Increasing Substantive Recruitment of Consultants in Luton & Bedford		
171846	Improving staff wellbeing by reducing caseload by 15% over a 6 month period.	Improving staff wellbeing by reducing caseload by 15% for each PCN over a 6 month period.	CIMHS North - Newham
171859	Tower Hamlets Inpatients Pharmacy Discharge Counselling	To increase percentage of patients who receive discharge counselling to 90% by December 2026 with 50% of counselling to be completed face to face	Mile End Hospital
171891	Hidden Drivers of Admission: The Impact of Physical Health on Mental Health Inpatient Care	Reduce admissions influenced by physical health by 30% by July 2026 and increase pre-admission physical health assessments to 90%.	
171941	Newham LD Team - Improving Women's Health QI	A) To increase the proportion of women under psychiatry at NHLD who are asked and have documentation of discussion about periods and/or menopause during their psychiatric review from baseline to at least 90% within 6 months. B) To increase the proportion of women under psychiatry at NHLD who are diagnosed with pre-menstrual syndrome and/or menopause and who have a documented symptom management plan in place within 6 months of diagnosis, from baseline to at least 50% within 12 months.	
171944	To reduce the number of contraband incidents on Victoria Ward	To reduce the number of contraband incidents on the ward by 50% by December 2026.	Victoria Ward, John Howard Centre
172050	Improving the Completion of Mental Capacity Assessments of Informal Admissions	To be completed - by January 2027	Mental Health Law Team (Tower Hamlets Centre for Mental Health)
172113	To improve access to psychological skills groups on the acute adult inpatient wards	To increase percentage of admitted service users attending psychological skills groups to 80% by January 2027	Townsend Court
172162	Increasing access to the WINS team for Black children, young people and families	By December 2026, increase the proportion of Black children, young people and families accessing WINS from the current level of 6% to at least 12% by addressing barriers in the pathway and service offer.	
172263	Get Active	To support our service users to develop healthier habits like exercising in order to	ALDGATE WARD

lose their body weight to lose 15% of weight by August and achieve reduced BMI. We further aim to support them to identify healthier options, eat healthier meals, develop and sustain healthier habits.

172277	Disciplinary cases ? Compassionate culture	Create a fair compassionate, culturally competent disciplinary process that promotes learning, psychological safety, and equity across all staff groups.	
172299	Disciplinary cases - Timeliness	To reduce the average time to complete disciplinary case from an average of 212 working days by 20% within the next six months by October 2026	
172343	Improving self service capabilities of analytics products (ie Powerbi) at ELFT	Data Analytics team aims to improve the Self Service Capabilities from 21% to 35% by end of 2026	
172402	Improving Physical Health Monitoring in Newham Home Treatment Team	To increase the percentage of Newham HTT patients receiving complete physical health monitoring ? from ~20% to ~80%+ by December 2026.	Newham Home Treatment Team
172421	Optimum Handed Care	To reduce the percentage of doubled up care discharges from L&D hospital by 50% by October 2026	
172512	Increasing referral pathway clarity and visibility for clinicians and administrators in primary care in order to reduce inappropriate referrals	Reduce the number of avoidable referrals by x% by December 2026	Primary Care MH
172587	To improve the quality and timeliness of HCR-20 Assessments in Forensics	Improving the quality and timeliness of HCR20 assessments in Forensics in Hackney - Sunita to add timescale percentage of improvement	Forensics Community
172730	Improving recruitment and retention by updating and developing a more comprehensive prospectus to enhance NEL CAP trainee confidence: A Quality Improvement Project	To improve the recruitment and retention of NEL CAP training scheme	East London NHS Trust
172764	To reduce waiting times from referral to initial assessment in the Falls Clinic by 50% by November 2026	To reduce average wait time for the Falls Clinic from initial referral to first assessment in days from 100 to 42 days (6 weeks) by 23/11/2026.	Tower Hamlets
172939	Improving Accessibility and Usability of the NEL CAP Out-of-hours Protocol Across Multiple Trusts?	1. To improve accessibility and accuracy of the CAMHS OOH guidance for trainees covering multiple trusts 2. To update the 2019 Protocol 3. To increase trainee confidence in using the OOH protocol and reduce time required to find key guidance by February 2026	East London Foundation Trust
172944	Improving the Business Center offering	Improved Value	
172996	Improving Compliance with Clozapine and High-Risk Medication Monitoring on Crystal Ward-PICU	To Raise Monitoring Compliance to 50% within 12 months.	
172998	Improving Staff and Patient Well-being on Stratford Ward	To improve staff and service user well-being (SMART aim to be confirmed once baseline data is in place)	Stratford Ward
173024	Strategies to Reduce Seclusion Frequency on Westferry Ward	To minimise the use of seclusion by 20% on Westferry over a 6 month period, January - June '26	West ferry Ward
173026	Improving Managerial Supervision Completion in City and Hackney	To increase average managerial supervision completion rates in the City and Hackney administration team from 50% to 70% by 31 December 2026 tracked by Power BI weekly.	City and Hackney
173046	Improving Patients? Sense of ? Well-Being, Purpose and Positive Interactions through Creative Health Activities	To provide patients with meaningful and purposeful activities which will reduce length of stay by 20%. To improve patients sense of ownership in their own recovery and equip them with tools for supporting this. To improve inpatient experience of care.	Opal Ward, Newham Centre for Mental Health

in an Adult Inpatient
Mental Health Unit in
Newham

173138	Improving patient discharge experience from Royal London Hospital	Increase the percentage of people that agree or strongly agree to the PREM question: "Were you given sufficient information about how you would be supported after hospital discharge?" from X% to X% by September 2026.	Royal London Transfer of Care Hub
173266	Newham Weight Project	To increase the percentage of NCMH patients with a documented BMI ≥ 25 who receive a structured weight-support conversation and agreed follow-up plan from baseline to 60% by December 2026.	Sapphire Ward
173325	Reducing Catheter Caseload in Bedfordshire Community Services	The aim of the project is to reduce District Nursing catheter caseload by approximately 10%, by X date (TBC)	Bedfordshire
173428	Improving identification of harmful and dependent alcohol use and management of alcohol withdrawal in liaison psychiatry patients	?Increased % of patients reviewed by the liaison team have AUDIT-C screening documented ?Patients with positive screen, who are at risk of alcohol withdrawal receive appropriate assessment (CIWA-Ar) and treatment as required ?Patients identified with harmful or dependent alcohol use are referred to the Alcohol Care Team or signposted to community services.	Homerton Psychological Medicine (psychiatry liaison team, Homerton Hospital)
173620	Improving the psychology referral process within the Isle of Dogs Neighbourhood Mental Health Team	Project Aims & Goals: ? To improve the clarity and quality of referrals to the Iod NMHT Psychology Team ? To increase clinician confidence and knowledge in the Psychology referral process ? To save clinicians? time and resources in making Psychology referrals ? To decrease the amount of time it takes for a client to access the most appropriate support	Isle of Dogs NMHT
173656	Improving Completion of VTE Risk Assessments in Adult Inpatient Psychiatry Admissions	To improve completion of VTE risk assessments to 95% within 24 hours for all adult psychiatric admissions in Luton and Bedfordshire inpatient wards during the oncall period by October 2026.	Inpatient Adult Psychiatry wards Luton and Bedfordshire Hospitals
173705	Reducing racial inequity in the use of CTOs in ELCFS	Achieve equitable Community Treatment Order(CTO) practices and awareness across East London Community Forensic Service(ELFCFS) by 50% by December 2027.	
173762	To reduce the turnaround times for secondary mental health treatment requirements.	We want 80% of the secondary mental health treatment requirement (SMHTR) decisions to be given to the Liaison and Diversion service within 14 days. We also want to ensure that no adjournments are caused because we have not received a decision on an individuals suitability to benefit from an SMHTR. We aim to achieve this by 12/11/2026.	L&DS Bedfordshire
174201	Improving management of patients on clozapine at Homerton University Hospital		

