

ELFT's QI Projects

Nb. of Active Projects

148

Record Number	Title	Aim	Location
144924	PATHWAYS - A new app supporting service-users and staff to visualise the recovery journey.	To improve the tracking, centralisation and digitisation of service-users' progress through their recovery pathway, from admission to discharge by 15% within 12 months.	John Howard Centre
149444	Supporting Transition of young people who are affected with Sickle Cell Disease and Thalassaemia in the Community	To implement a transition care process in the community.	Sickle Cell and Thalassaemia Centre, East Ham
150191	Patient Flow in Forensic Services	Maintaining Flow; Tackling Stuckness: To ensure our patients are in the minimally restrictive Forensic setting to maximise their quality of life, whilst ensuring services and individuals are safe.	Forensic Services
150454	Admissions Optimisation - Evergreen	Reduce length of stay at inpatient unit	Evergreen CAMHS Tier 4 Inpatient Unit - Luton (BLMK)
150818	Tower Hamlets Talking Therapies Equity Project	To Increase the reliable improvement rate of Bangladeshi Service Users to 68% by June 2025	Tower Hamlets
150871	Understanding and removing barriers for underrepresented groups accessing care at PTS	By January 2025 we aim to improve access for underrepresented groups, to match the borough population as indicated by census data, with respect to those offered an assessment at PTS, i.e.: over 65s 6%, people of BAME heritage 61% and men 50%.	Psychological Therapies Service - Tower Hamlets
152916	Improving referrals of patients on clozapine to the Psychiatric Liaison Service (PLS)	To achieve an 80% referral rate to Psychiatric Liaison Service, for general hospital inpatients prescribed clozapine within 12 months.	Luton & Dunstable Hospital and Bedford Hospital
156135	Improving trauma-informed support during pregnancy to women from Black, Asian and other minority ethnic backgrounds with moderate to severe fear of birth (tokophobia)	To increase identification and support of moderate to severe tokophobia in birthing people from Black, Asian and other minority ethnic backgrounds by increasing tokophobia referrals from the Luton area to Ocean by 25% by October 2024	Bedfordshire & Luton Ocean service, Luton & Dunstable Hospital
157139	Improving Recycling in Acute Psychiatric Wards	We aim to improve recycling from 18% to 30% by end of June 2026 and improve service users and staff experience on the ward.	Oakley Court
157500	Strategic recruitment	Increase the number of delegates who attend our trainings (Master Classes & PQI) by X% by X.	
157855	Improving Access to Community Services for the Homeless Population in Tower Hamlets	To increase number of first appointments for foot health attended by homeless people to 9 per fortnight by December 2024.	
158049	Forensics Violence Reduction Collaborative - Limehouse		
158559	CLDS Transition-improving the assessment process	Ensure 75% service users have a transitions plan in place by their 18th birthday - by end of May 2025	

158801	To improve the experience of the loved ones, in the loving memory of "John A Gaitan".	To improve the experience of the loved ones (Family & Friends) by enabling them to work in "equal partnership" with professionals to enhance the care of their loved ones across the care pathways.	Tower Hamlets Centre for Mental Health
159602	Reducing medication usage in frail older people on inpatient wards	Reduce the amount of unnecessary medications used on Fountains Court	Fountains Court
160098	To improve support for Staff in relation to Safety Incidents	A compassionate, needs-based support response to all our staff affected by incidents PLUS a supportive approach through all our safety review work by the end of 2024.	
160302	Increase awareness of healthcare careers at ELFT for local residents	Increase the number of work experience placements for people aged 16 to 21 from ELFT service areas by 50% over a 12 month time period (August 2025 to September 2026)	
161250	Forensics Admissions- Flow QI	To address and minimise delays in the referral to admission process and to ensure all new admissions have an initial treatment pathway within 4 weeks	
162069	ELFT: Path 2 Recovery Addictions - Project to reduce wait time for drop in or ad hoc requests of clients	To reduce the wait time of ad hoc/drop in patients from x to y by December 2024	P2R
162945	Reducing DNAs for Newham diabetes service	To reduce the % Percentage of Did Not Attend (DNA) to 25% for the Diabetes Adult Clinic by June 2025	Diabetes Unit, Shrewsbury Road Health Centre
163115	Reducing DNAs in Newham's Musculoskeletal Physiotherapy service	To reduce DNAs from 21% to less than 10% across all MSK pathways by 30th June 2025	MSK Physiotherapy, 29 Romford road, Stratford
163335	Improving the Culture of Care on Bedfordshire and Luton Inpatient Wards	Increase the percentage of positive responses to the ELFT question: 'Overall, how was your experience to our service?', from an average of 76% to 90% on Willow and Coral ward, by October 2025.	Coral Ward (Luton), Willow Ward (Bedford)
163536	Is it Worth It? Addressing AWOL on Hoxton Ward	Achieving and maintaining zero AWOL incidents on Hoxton Ward throughout 2026	Wolfson House
163814	Reduce gaps in assessment of physical health risk factors, specifically cardio vascular disease, and appropriate interventions for patients with SM?	To complete 100% of annual health checks within the month that they are due for all eligible service users within the low secure forensic setting by July 2025.	Wolfson House
164003	Improving partnership working between Tower Hamlets Community (THCHS) and Mental Health (THMH) Services	Increase staff satisfaction of integrated working between THCHS and THCMH by 25% by 31/12/2026	ELFT (Tower Hamlets)
164114	Reducing waiting times for Psychology & PBS treatment using a stepped-care model.	To reduce the number of weeks waiting for a first treatment session by 50% to less than 26 weeks by December 2025.	Twinwoods (Bedford)
164648	Reducing frequent catheter-related call outs to Rapid Response	To reduce number of catheter-related call outs to the Tower Hamlets Rapid Response service from 30 to 18 per week by May 2025	Mile End Hospital Rapid Response Services.
164665	Improving PROMS completion	To improve the number of patient routine outcome measures (PROMS) completed	Bedfordshire and Luton
164706	Reduction of Falls at Poplars ward and	We aim to achieve 50% reduction in the number of falls at Poplars ward and Fountains Court by April 2025	Poplars Ward and Fountains Court

	Project Name	Project Description / Aim	Location
	Fountains Court		
164715	To deliver Carer-focused support and education to 75% of carers by September 2026	To deliver Carer-focused support and education to 75% of carers by September 2026	
164942	Increase Service User participation in their therapy provision and plan	Reduce number of service user discharged from the Community Therapy Team Caseloads following the Initial Contact due to ?Non Compliance/Non engaging? by 80% by July 2025.	Tower Hamlets
165026	Improve access for Black women to ELFT Perinatal Services - Race and Health Observatory Learning and Action Network (National Project)	Increase access for Black African, Black Caribbean and Mixed White/ Black African and Caribbean women to ELFT Perinatal Services by 10% by March 2025.? To use anti racist approaches and improve patient experience?.	
165051	Improving routine enquiry for domestic abuse	For routine enquiry into domestic abuse to be complete at every significant contact by end of December 2026.	Trust wide
165076	Improving Confidence for doctors managing physical health needs of psychiatric inpatients out of hours.	To improve the confidence of doctors covering psychiatric inpatient wards out of hours in managing urgent physical health issues across ELFT and NELFT sites. We plan to improve confidence on our survey from 60% to 70% by August 2026.	Tower Hamlets Centre for Mental Health, Newham Centre for Mental health
165158	Bi QI	To improve recovery rates for service users that identify as bisexual	Bedfordshire Talking Therapies
165170	Culture of Care	To provide safe, trauma informed, therapeutic and equity-focused inpatient care	Bevan & Joshua Ward - City & Hackney Centre for Mental Health
165174	Medical Devices Inventory system	Reduce the number of not presented in NCHS by 60% in 6 months	Newham CHS
165183	CRT North - Physical Health	80% of the caseload to have an up-to-date physical health screen by October 2025	
165260	Working with our referrers to improve patient access to receive care from the Bedfordshire Cancer and Palliative Care Psychology service.	The Psychology team, hospital based Clinical Nurse Specialists (the referrers) and service users aim to increase equity of referrals received across hospital based cancer teams. The project aims for 50% of non-referring teams to have made a referral to the Macmillan Psychology Service by December 2025.	Bedfordshire
165334	Increasing referrals to THAS from under represented ethnic groups to better align with the demographics of the local population.	By December 2025 to double the number of referrals of Bengali women (to around 30%) in order to bring this more in line with the local population figure.	Tower Hamlets Autism Service
165418	Improving Patient Flow in Tower Hamlets Mental Health	To reduce LOS to 36 days (including leave) by October 2026	Tower Hamlets
165571	Reduce unnecessary glove use	The IPC team would like to reduce glove use by 50% in JHC, THCMH and Fountains court by 31st of March 2025. Staff to stop wearing gloves while serving food to patients during meal time.	Tower Hamlets, Forensics and Bedfordshire.
165628	Improving dementia diagnosis rates in Central Bedfordshire	To achieve a dementia diagnosis target of 66.7% in Central Bedfordshire by enabling GPs to make diagnoses in primary care.	Luton and Bedfordshire
165668	Enjoyment at Work in the Data & Analytics Team	To improve the satisfaction and enjoyment of work of the data and analytics team, by increasing the scores from 3.3 to 3.9 in average for the pulse survey by May 2026	The Green
166035	Reducing DNAs in Newham CIMHS North Team	Reduce DNAs in Newham CIMHS team from 26% to 16% by end of September 2025.	Newham CIMHS North
166105	Reducing inequalities	To increase use of formal interpreters from 0% to 50% for clients who need	

166185	Reducing inequalities at End of life care for the adult community in Tower Hamlets known to the Extended Primary Care Teams	To increase use of formal interpreters from 0% to 50%, for clients who need interpreters on the Extended Primary Care Team, by April 2026, to improve the care delivered at end of life and equality in access to care.	
166266	Streamlining GP Referral pathway to Community Mental health Team	To streamline GP referral pathway at Primary and secondary care interface by March 2026	Florence Ball House (ELFT) , Primary Care Surgeries ,that are involved , IT systems where the referral and information packs will be embedded available and live
166284	ELFT Community Eating Disorders Service project to increase referrals from underrepresented patient populations	To increase referral rates for service users of Bangladeshi background from x% to y% by December 2025	East London Eating Disorders Service
166374	Pharmacy Visibility	To increase pharmacy visibility across inpatient ward in new innovative ways	
166433	Establishing Formal Guidelines for Moderate and Strong Action Plan Development	Develop staff engaged in safety reviews to understand Action Strength Categories, equipping them with the ability to introduce moderate and strong action strength categories in safety investigations PSIs. Phasing in 72 hour reports, CRTs and AARs in 75% of all investigations by December 2026.	Trustwide
166688	Tower Hamlets project to improve the completion of physical health assessments during inpatient admissions	To increase the completion rate of physical health assessments during admission for inpatients in Millharbour, Brick lane, Globe ward, Lea Ward, and Cazaubon Ward from a baseline of 35% to 70% by 30th March 2026	Mile End Hospital
166802	CMHT Luton Psychology waiting times	Reduce the waiting time of referral to start of Psychological intervention by 25%, from 10 months to 7.5 months, in CMH Service Luton by February 2026	Charter House
167239	Improving End Of Life documentation in Newham by 30% by June 2025	Improve End of Life documentation for patient in Newham EPCT by 30% by June 2025.	
167636	Improving access to psychological therapies within secondary mental healthcare for service users who are from the global majority.	To increase the number of psychology referrals of the service users who identify as being from the South Asian community from 4% to 8% over a 12 month period.	Bedford Community Mental Health Service
167949	Improving the experience of international Graduates working in ELFT.	By April 2026, 80 % of newly recruited International Medical Graduates (IMGs) in ELFT who feel confident in understanding their roles and Trust systems within the first 3 months of joining ,through structured induction, mentoring, and peer support initiatives.	This QI project will take place over 12 months at ELFT Bedfordshire, focusing on improving the induction, mentorship, and support for International Medical Graduates (IMGs) to enhance their integration, reduce burnout, and improve staff retention.
167978	Improving the Recovery Outcome for Patients that Require an Interpreter by 5% by August 2026	Improve the Recovery Outcome for Patients that Require an Interpreter by 5% by August 2026	Bedfordshire Talking Therapies
167984	Improving the safety of patient transfers between mental health inpatient and acute hospital settings.	To improve patient safety, reduce errors, improve quality of care and better define the role of the Psychiatric Liaison Service in this context.	East London NHS Foundation Trust- Bedfordshire Luton & Dunstable Hospital/ Poplars Ward
168014	Enhancing Inclusion of OT Recommendations in Discharge Planning from NCFMH?	Aim: For 70% of OT Recommendations to be included in discharge summary's in NCFMH by March 2026	

168071	Increasing knowledge and confidence in cultural competencies in Mid-Beds CMHT Psychological Therapies staff	Increasing knowledge and confidence in their cultural competencies by 30% within Mid-Beds CMHT Psychological Therapies staff by June 2026.	Mid-Bedfordshire
168398	Reducing length of stay on older adult inpatient mental health units in Luton and Bedfordshire.	To reduce length of stay from an average of 100 days to 60 days by April 2026 at Fountains court and Poplars ward	Fountains court and Poplars ward
168527	Reducing Missed Medical Appointments in Forensic Inpatient Wards?	To improve the attendance of external medical appointments by 20% in four forensic inpatient wards (Stratford, Westferry, Broadgate, and Morrison) at the John Howard Centre for Mental Health by August 2026.	John Howard Center
168559	Insulin Incidents	Reduce primary care-related insulin patient safety events by 50% from 4 to 2 per month by March 2026	
168642	Ruby Ward - Improving Therapeutic Engagement	Enhancing the Quality of Observations and Therapeutic Engagement on Ruby Triage Ward.	Ruby Triage Ward
168809	Reducing Intermittent Observations on Rosebank Ward	To reduce the number of patients on intermittent observations by April 2026	Rosebank Ward
168812	To reduce bank spend in the forensic directorate	To reduce bank spend by 20% in forensics over a 6 month period, May - October '25	Forensics
168865	Response and learning from PALS Medication complaints	To reduce medication complaints/PALS by 50% in Luton and Bedfordshire inpatient and community mental health services by December 2026	Trust HQ, Alie Street
168875	AAC Panel Improvement Group	By June 2026: Have a clear and efficient process to arrange face to face AAC panels. Allow for timely consultant interviews that will improve our recruitment process.	Medical
168910	Sapphire Ward - Reducing intermittent observations and increasing therapeutic engagement	To safely eliminate the use of inappropriate intermittent observations on sapphire ward by March 2026, by introducing alternate approaches to care that actively engage staff, service users and carers	Sapphire Ward
169056	Implementation of the PCREF in Newham Directorate	To implement the PCREF framework in Newham's mental health services and embed within services by December 2025	Newham Centre for Mental Health
169066	Observation to Engagement - Luton & Bedfordshire	To safely eliminate the use of inappropriate intermittent observations across Beds and Luton wards by March 2027	Jade Ward (PICU), Onyx Ward, Fountains Court (OA)
169098	Reducing intermittent observations and improving engagement	Reduce and eliminate intermittent observations and improve engagement with service users	Clissold Ward, Wolfson House Low Secure Service
169414	To eliminate the use of inappropriate intermittent observation on Bow ward by March 2026.	To eliminate the use of inappropriate intermittent observations on Bow ward	JOHN HOWARD CENTRE
169529	Reducing Intermittent Observations in Coborn Acute Ward	To reduce use of intermittent observations by 50% whilst improving young people engagement on the ward, by March 2026.	
169581	To improve safe and timely management of deteriorating patients and cardiac arrests due to medical emergency trust wide.	To improve trust wide compliance with medical emergency and resuscitation mandatory training from 75% to 90% by Dec 2026.	
169708	From Observations to Engagement (City &	To introduce alternative approaches to care that actively engage staff, service users & carers in order to safely eliminate the use of inappropriate intermittent	Joshua and Gardner wards (Phase 1), Brett, Conolly and

	Hackney): Safely Reducing 15-min Obs Whilst Increasing Therapeutic Engagement	observations on a further 21 inpatient wards by September 2026, by scaling Phase 1 change concepts across diverse clinical settings	Ruth Seifert wards (Phase 2)
169825	Eliminating unnecessary intermittent observations & improving the therapeutic environment of the ward	To safely eliminate the use of inappropriate intermittent observations on Bow ward by March 2026, by introducing alternative approaches to care that actively engage staff, service users & carers.	Bow Ward
169849	Reducing complaints in the Phlebotomy service and improve staff experience	We wanted to use QI structure to improve those complex problems Reducing complaints in the Phlebotomy service and improve staff experience	East London Foundation Trust Phlebotomy Department
169976	HIU management sharing platform	To reduce the number of S136 by 90% of all HIUs in the City, outside of Mental Health Street Triage Hours by January 2027.	Bishopsgate police station
170193	Newham Learning Disability Team - Increasing access to blood tests (through increased confidence)	To increase confidence by 50%, in relation to blood tests, for people with LD	Newham Health team for Adults with Learning Disabilities
170642	Increasing attendance at parent behaviour groups	To increase attendance at parent behaviours that challenge groups delivered by the City & Hackney mental health in schools team by 50% by June 2026.	
170720	{Vs2} Increase participation and meaningful engagement of older adults via People Participation	The aim is to increase Older Adults participants in PP Group by 6, by the 30th June 2026	
170798	We will improve reliable recovery rates for patients using silvercloud treatment in Tower Hamlets talking therapies by 20% by June 2026	We will aim to improve reliable recovery rates for patients using silvercloud treatment in Tower Hamlets talking therapies by 20% by June 2026	Tower Hamlets
170890	Increase Older Peoples referrals	Our aim is to increase the number of referrals from older people (65+) to Bedfordshire Talking Therapies from 7% to 9% by January 2027	Bedfordshire
170929	Reducing Time to Foot Ulcer Healing in Bedfordshire Community Podiatry Service.	To improve the National Diabetic Foot Audit (Ndfa) 12 week ulcer healing measure by up to 3% in the Bedfordshire Community Podiatry Team by August 2027.	ELFT Podiatry CHS Luton & South Bedfordshire
170933	To improve the quality of referrals from Newham TOCH to district nursing	Reduce the number of Inphases and near Inphases completed for incomplete referrals via Newham IDH to district nursing by 50% by September 2026	Newham University Hospital
170968	Improving Flow Through the Psychology Pathway within The Bedfordshire & Luton OCEAN Service	To reduce the waiting time between assessment and treatment for those on the OCEAN psychology waiting list by approximately 50% (15 months to 7 months) by April 2026	John Bunyan House, Bedford
171000	CJLDS Service User Feedback	Development of appropriate and suitable service user feedback questions that are specific to CJLDS and not generic like current ELFT PREMS. Obtain service user feedback via trialling multiple different ways of obtaining the feedback. Increase formal feedback numbers to aid service and practitioner development.	ELFT
171002	Improving Safety Monitoring in Patients on Psychotropic Medications	To improve safety monitoring in patients on psychotropic medications	Wolfson House
171004	Improving Physical Health Monitoring in Newham Early	Increase the percentage of patients with first-episode psychosis who complete physical health monitoring across all domains to above 90%	Newham Early Intervention Service

Intervention Service			
171044	Improving efficiency of triage in Wheelchair Services	Reduce time spent on triage in wheelchair service by 10% by June 2026 Standardising the triage process and reducing the volume of duplicated triage work. To increase staff satisfaction with the triage processes by 20% by November 2026.	Steppingley - Flitwick - Wheelchair Services
171085	Gloves usage on Fountains Court	To reduce gloves spending on fountains court by x% by June 2026	Fountains Court Ward
171144	Improving Staff Wellbeing at Bedford Community Mental Health Services	Receive 80% positive responses to the staff wellbeing survey in Bedford Community Mental Health teams by December 2026	Bedford CMHTs - Florence Ball House
171183	To improve Referral Pathways from CMHT to the Perinatal Mental Health Team in Luton and Bedford	To increase the number of appropriate referrals from the Community Mental Health Team (CMHT) to the Perinatal Mental Health Team (PMHT) by at least 30% within six months, through staff engagement, awareness sessions, and process improvement measures.	John Bunyan House, MK402NT
171216	The Welcome Experience Project	Improve the waiting room experience for service users and carers attending mental health, learning disability, and autism services across Northeast London by December 2026. Demonstrated by: 20% increase in positive feedback 15% reduction in reported anxiety Achieved through: sensory-friendly adjustments, clearer information, and staff training.	Alie Street
171259	In our E&B team, can we reduce the proportion of cases recorded as 'Other' ethnicity by 2.5% over the next 6 months, by improving the accuracy of ethnicity recording?	To reduce team wide the number of recorded 'Other' ethnicity by 2.5% over a period of 6 months i.e. taking the other ethnicities from 20% to 17.5%. Identify disparities in access, experience, and outcomes. ? Recognise and respond to the needs of marginalised or underrepresented groups. ? Plan services and interventions that are targeted and equitable. ? Build trust with the communities we serve by showing that their identity and experiences matter. By improving the accuracy of ethnicity recording and reducing reliance on the 'Other' category, we can make better-informed, evidence-based decisions that support equity and inclusion in care.	Children and Young People's Centre 15 Homerton Row E9 6ED
171326	Improving experiences on Mother and Baby for Neurodivergent service users.	To improve service users experience whilst on the unit and to increase staff knowledge around Neurodiversity.	Mother and Baby Unit - City and Hackney
171333	Improving Dialogue+ on Ivory Ward	Improving the quality of Dialogue+ on Ivory Ward	
171372	Improving and Sustaining Security Documentation	To achieve 90% compliance in security documentation by December 2026	John Howard Centre and Wolfson House.
171376	Increase access to our traveller and Romany community	To increase referral rates into Leighton Buzzard Community Mental Health Team by 10% with in 12 months	Leighton and Dunstable CMHT
171542	Increasing referrals to CRHTs from the Pakistani community in B&L	Luton CRHT aims to increase referrals for people of Pakistani ethnicity by 15% by the end of April 2026.	
171564	Improving Bank Staff Experience	Improving Bank Staff Experience	Tower Hamlets Recovery College
171570	Bridging the Gap: Using Desensitisation to Ease Healthcare Anxiety in Learning Disability Care	To increase access for people with a Learning Disability (PwLD) to physical health procedures, such as blood tests, injections, and blood pressure monitoring, by reducing the use of restrictive practices, including clinical holds and oral sedation through structured desensitisation approaches by 20% by October 2026.	
171604	Increasing the diversity of referrals into People Participation	To increase the diversity (gender, ethnicity) of People Participation to be more reflective of the services and population in Bedfordshire CHS by January 2027. To increase the proportion of men by 50%. To increase the proportion of non-white British people in PP by 50%.	Bedfordshire
171655	Reducing incoming emails to the Communications inbox to improve efficiency and the support we provide?	By June 2026, reduce the volume of incoming emails to the Communications inbox, through improved processes and clearer information pathways, to increase team efficiency and enhance the quality of support provided to staff, service users, and the public.?	
171693	Empowering Young People to Understand Their Own Health	Within 6 months, we aim to increase Annual Health Check (AHC) uptake by 40% among young people aged 14-25 with learning disabilities, compared to baseline, while systematically identifying barriers to access.	

171775	Improve patient & carer experience of transition from child Community Nursing Services to District Nursing Services in Tower Hamlets	To begin joint transition meetings between adult CHS and CCNT to facilitate smoother and SAFER transition process	Tower Hamlets
171797	To reduce the amount of time that people on the MS Service caseload spend suffering from the effects of a urinary tract infection, by 30% by November 2026.	To reduce the amount of time that people on the BCHS MS Service caseload spend suffering from the effects of a UTI, by 30%, by November 2027. We aim to do this by implementing: The national NICE guidelines for the treatment of recurrent UTI, and An MS specific local protocol, guided by the New consensus document: Management of bladder dysfunction in people with multiple sclerosis (2022), with supported self management for early identification and treatment of UTIs.	Bedfordshire community health services
171827	Increasing Substantive Recruitment of Consultants in Luton & Bedford		
171846	Improving staff wellbeing by reducing caseload by 15% over a 6 month period.	Improving staff wellbeing by reducing caseload by 15% for each PCN over a 6 month period.	CIMHS North - Newham
171859	Tower Hamlets Inpatients Pharmacy Discharge Counselling	To increase percentage of patients who receive discharge counselling to 90% by December 2026 with 50% of counselling to be completed face to face	Mile End Hospital
171941	Newham and Tower Hamlets LD Team - Improving Women's Health QI	A) To increase the proportion of women under psychiatry at NHLD who are asked and have documentation of discussion about periods and/or menopause during their psychiatric review from baseline to at least 90% within 6 months. B) To increase the proportion of women under psychiatry at NHLD who are diagnosed with pre-menstrual syndrome and/or menopause and who have a documented symptom management plan in place within 6 months of diagnosis, from baseline to at least 50% within 12 months.	
171944	To reduce the number of contraband incidents on Victoria Ward	To reduce the number of contraband incidents on the ward by 50% by December 2026.	Victoria Ward, John Howard Centre
172050	Improving the Completion of Mental Capacity Assessments of Informal Admissions	To be completed - by January 2027	Mental Health Law Team (Tower Hamlets Centre for Mental Health)
172113	To improve access to psychological skills groups on the acute adult inpatient wards	To increase percentage of admitted service users attending psychological skills groups to 80% by January 2027	Townsend Court
172162	Increasing access to the WINS team for Black children, young people and families	By December 2026, increase the proportion of Black children, young people and families accessing WINS from the current level of 6% to at least 12% by addressing barriers in the pathway and service offer.	
172277	Disciplinary cases ? Compassionate culture	Create a fair compassionate, culturally competent disciplinary process that promotes learning, psychological safety, and equity across all staff groups.	
172299	Disciplinary cases - Timeliness	To reduce the average time to complete disciplinary case from an average of 212 working days by 20% within the next six months by October 2026	
172343	Improving self service capabilities of analytics products (ie Powerbi) at ELFT	Data Analytics team aims to improve the Self Service Capabilities from 21% to 35% by end of 2026	
172402	Improving Physical Health Monitoring in Newham Home Treatment Team	To increase the percentage of Newham HTT patients receiving complete physical health monitoring ? from ~20% to ~80%+ by December 2026.	Newham Home Treatment Team
172421	Optimum Handed Care - Reducing	To reduce the percentage of doubled up care discharges from L&D hospital by 50% by October 2026	

	Service / Location	Project Description	Target / Outcome
172512	Increasing referral pathway clarity and visibility for clinicians and administrators in primary care in order to reduce inappropriate referrals	Reduce the number of avoidable referrals by x% by December 2026	Primary Care MH
172587	To improve the quality and timeliness of HCR-20 Assessments in Forensics	Improving the quality and timeliness of HCR20 assessments in Forensics in Hackney - Sunita to add timescale percentage of improvement	Forensics Community
172764	To reduce waiting times from referral to initial assessment in the Falls Clinic by 50% by November 2026	To reduce average wait time for the Falls Clinic from initial referral to first assessment in days from 100 to 42 days (6 weeks) by 23/11/2026.	Tower Hamlets
172996	Improving Compliance with Clozapine and High-Risk Medication Monitoring on Crystal Ward-PIOU	To Raise Monitoring Compliance to 50% within 12 months.	
173046	Improving Patients' Sense of Well-Being, Purpose and Positive Interactions through Creative Health Activities in an Adult Inpatient Mental Health Unit in Newham	To provide patients with meaningful and purposeful activities which will reduce length of stay by 20%. To improve patients sense of ownership in their own recovery and equip them with tools for supporting this. To improve inpatient experience of care.	Opal Ward, Newham Centre for Mental Health
173138	Improving patient discharge experience from Royal London Hospital	Increase the percentage of people that agree or strongly agree to the PREM question: "Were you given sufficient information about how you would be supported after hospital discharge?" from X% to X% by September 2026.	Royal London Transfer of Care Hub
173266	Newham Weight Project	To increase the percentage of NCMH patients with a documented BMI ≥25 who receive a structured weight-support conversation and agreed follow-up plan from baseline to 60% by December 2026.	Sapphire Ward
173325	Reducing Catheter Caseload in Bedfordshire Community Services	The aim of the project is to reduce District Nursing catheter caseload by approximately 10%, by X date (TBC)	Bedfordshire
173327	Improving the Timeliness of Section 42 Safeguarding Enquiries: A Quality Improvement Project	This Quality Improvement project aims to improve the timeliness of Section 42 Safeguarding Enquiries by reducing system delays related to meeting coordination, documentation, and enquiry allocation, with the goal of achieving consistent completion within the 35-day statutory timeframe.	Charter House, Luton
173620	Improving the psychology referral process within the Isle of Dogs Neighbourhood Mental Health Team	- To streamline referrals to IoD NMHT Psychology by standardising the process - To support professionals to navigate the referral process effectively by increasing familiarity with the psychology referral pathway and clarify expectations for referrals - To reduce avoidable delays and duplication within the psychology referral pathway	Isle of Dogs NMHT
173656	Improving Completion of VTE Risk Assessments in Adult Inpatient Psychiatry Admissions	To improve completion of VTE risk assessments to 95% within 24 hours for all adult psychiatric admissions in Luton and Bedfordshire inpatient wards during the oncall period by October 2026.	Inpatient Adult Psychiatry wards Luton and Bedfordshire Hospitals
173705	Reducing racial inequity in the use of CTOs in ELOFS	Achieve equitable Community Treatment Order(CTO) practices and awareness across East London Community Forensic Service(ELFCFS) by 100% by December 2027.	
173762	To reduce the turnaround times for secondary mental	We want 80% of the secondary mental health treatment requirement (SMHTR) decisions to be given to the Liaison and Diversion service within 14 days. We also want to ensure that no adjournments are caused because we have not received a	L&DS Bedfordshire

	secondary mental health treatment requirements.	Want to ensure that no adjustments are needed because we have not received a decision on an individual's suitability to benefit from an SMHTR. We aim to achieve this by 12/02/2027.	
174058	Carbon footprint reduction in clinical waste stream	To reduce waste produced by ELFT and increase recycling rates	Trustwide
174201	Improving management of patients on clozapine at Homerton University Hospital	To increase the proportion of patients prescribed clozapine who are admitted to HUH medical wards being referred to the HPM team within 48 hours of admission to 75% within 12 months.	
174282	Improving satisfaction with continuity of care at the City & Hackney Home Treatment Team	Improve patient experience of initial HTT contact by increasing: Feeling listened to, respected, involved: ~90% ? 95% Overall positive experience: 86.7% ? 92% Within 6 months	Home Treatment Team and City and Hackney
174283	Improving Family Engagement in CAMHS DBT Service	To improve the percentage of parents attending at least one group a month, in CAMHS DBT Service, from 54% to 75%, by April 2027.	
174366	A service evaluation in clozapine Serum Level monitoring in inpatients (Luton)	To improve compliance with correct clozapine serum level monitoring (correct trough timing, correct sample taking and processing, accurate documentation and appropriate frequency) from baseline to 90% in 6 months across ELFT inpatient wards in Luton.?	Luton Inpatient Services
174558	Improving Staff Experience and Clinical Effectiveness Through Digital Ways of Working	By 31 March 2027, reduce average clinical documentation time by 20%, increase the proportion of patient records completed as close to the point of care as practicable, and increase direct patient-facing clinical time across participating BCHS services while maintaining safe, timely and high-quality clinical records.	Venue 360, 20 Gipsy Lane, Luton, LU1 3JH
174799	Co-Producing Cultural Inclusion and Anti-Racist Practice in a Secure Mental Health Ward: A Quality Improvement Initiative to Enhance Psychological Safety and Therapeutic Engagement.	The aim of this project is to improve cultural inclusivity, psychological safety, and therapeutic engagement within a secure mental health ward by implementing and evaluating co-produced anti-racist practices that empower service users and enhance staff cultural competence over a defined project period.	East London Foundation Trust / John Howard Centre.
174822	Increasing referrals from Black service user and carers to People Participation (Bedford CMHT and Services for People Who Have a Learning Disability)	By September 2027, to increase referrals to People Participation in Bedford Community Mental Health Team and Services for People who Have a Learning Disability (SPLD) for Black people by 10%.	Bedfordshire and Luton (Microsoft Teams)
174829	RS To streamline (? reduce weight?) East London's data architecture by removing unnecessary elements to enhance access to analysis	To reduce the time to deliver data from ELFT Data warehouse to Power BI dashboards by 2 hours (reduction of 25%) in Feb 2027	
174876	Mind Over Matter	By January 2027, empower service users to improve their physical health by increasing participation in physical activity, enhancing their understanding of healthy lifestyles and long-term health conditions, and supporting healthy weight management through co-produced education and exercise initiatives.	Shoreditch Ward
174974	To reduce the number of catheter UCR call outs from 70% to 50% by end of April 2027	To reduce catheter call-outs from 70% to 50% of total UCR call-outs by April 2027	
175000	Improving Menopause Management on Female Mental Health Wards	Improve awareness of female health on mental health wards by screening for (peri)menopausal symptoms and ensuring appropriate management or referral.	Ivory ward, Newham Centre for Mental Health
175028	Reducing the wait times for an ADHD	To reduce the waiting list time down and to reduce the waiting list numbers down (currently 861?) The current young people being seen have waited 2.5 years at this	

assessment in the
ADHD only pathway
at Tower Hamlets
CAMHS

(currently only the current young people being seen have reached this stage (around 30 months).

175034	Too many MHAA referrals are being received via CMHT instead of CRHT	To reduce the number of MHAA referrals coming from CMHT by 50% in 6 months.	AMHPs
175127	Increasing the percentage of patients who complete and recover during their treatment episode in BTT	To implement changes that would increase the 12 month mean number of completions and recovery rates.	

